

McGruff's Activity Booklet for Boys & Girls (Grades 1 & 2)



National Crime Prevention Council
2614 Chapel Lake Drive, Suite B
Gambrills, MD 21054



Wheeler

CONNECTICUT
Clearinghouse
a program of the Connecticut Center
for Prevention, Wellness and Recovery

334 Farmington Avenue
Plainville, CT 06062
1.800.232.4424

www.ctclearinghouse.org



DRUG PREVENTION:

What Is Appropriate For Communicating With First And Second Graders

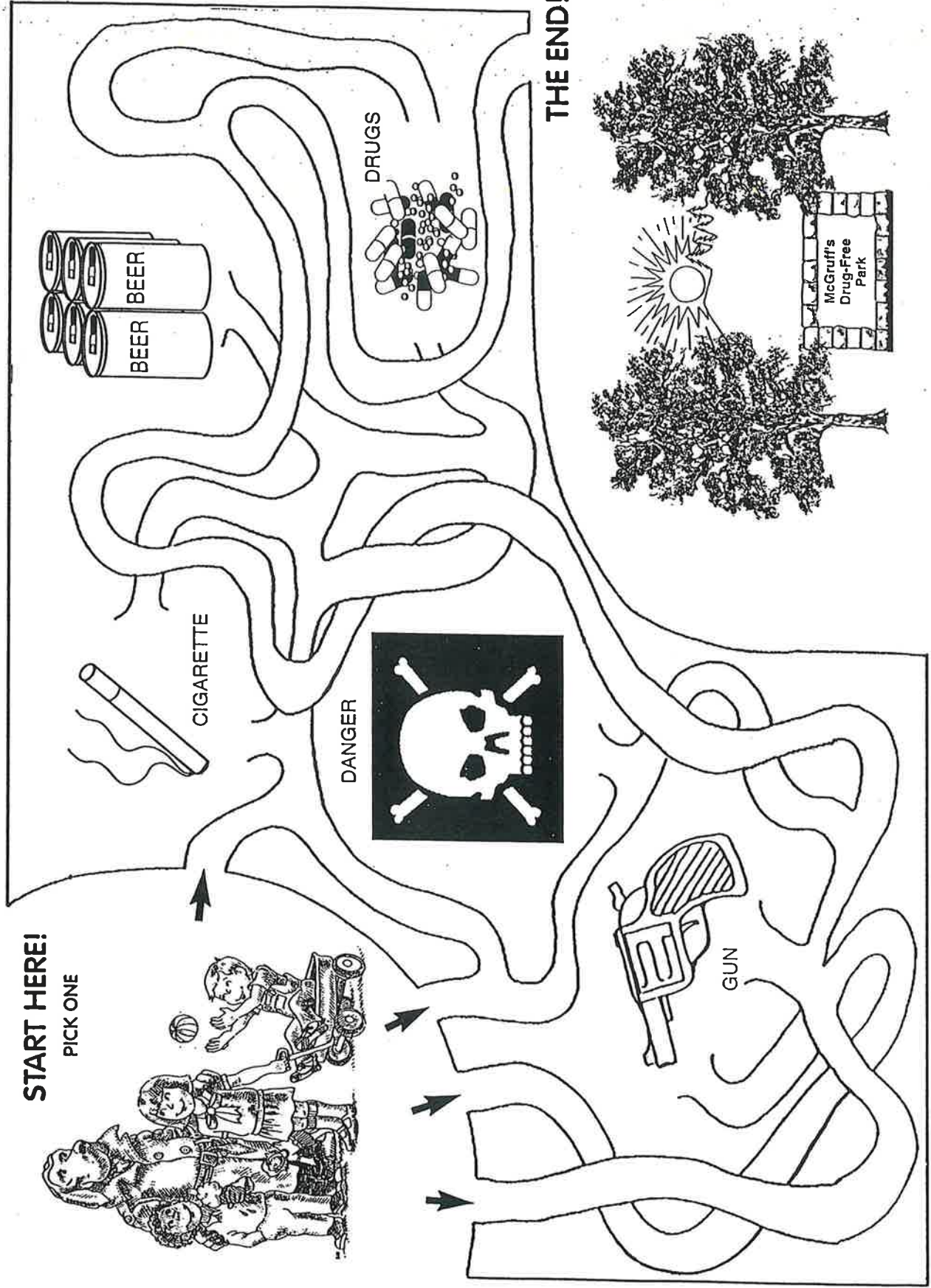
First and second graders have experience working and playing with other children. Parents and teachers should:

- ◆ **Encourage Children To Feel Confident To Ask** other children to participate in their activities.
- ◆ **Help Children Identify Situations in Which Others May Try To Influence Them** to make inappropriate, unwise, or harmful decisions.
- ◆ **Encourage Children To Make and Stand By the Right and Healthy Decisions.**
- ◆ **Help Children Develop Confidence To Stop Others** from doing things that bother them.
- ◆ **Encourage Children To Feel Confident Saying "NO"** to potentially dangerous situations. Encourage children to develop the ability to make healthy decisions. Give children the opportunity to practice refusing an offer to do something that may harm them.
- ◆ **Involve Children in Healthy Drug-Free Activities** so that they value a healthy lifestyle. Children who respect a healthy lifestyle and enjoy drug-free activities are more likely to be able to resist dangerous situations such as trying alcohol or other drugs.

First and second graders may need specific information on drugs. Specific drugs selected for discussion should be chosen based on exposure in your community. Care-givers need to keep this in mind and provide accurate up-to-date information so that children are equipped to:

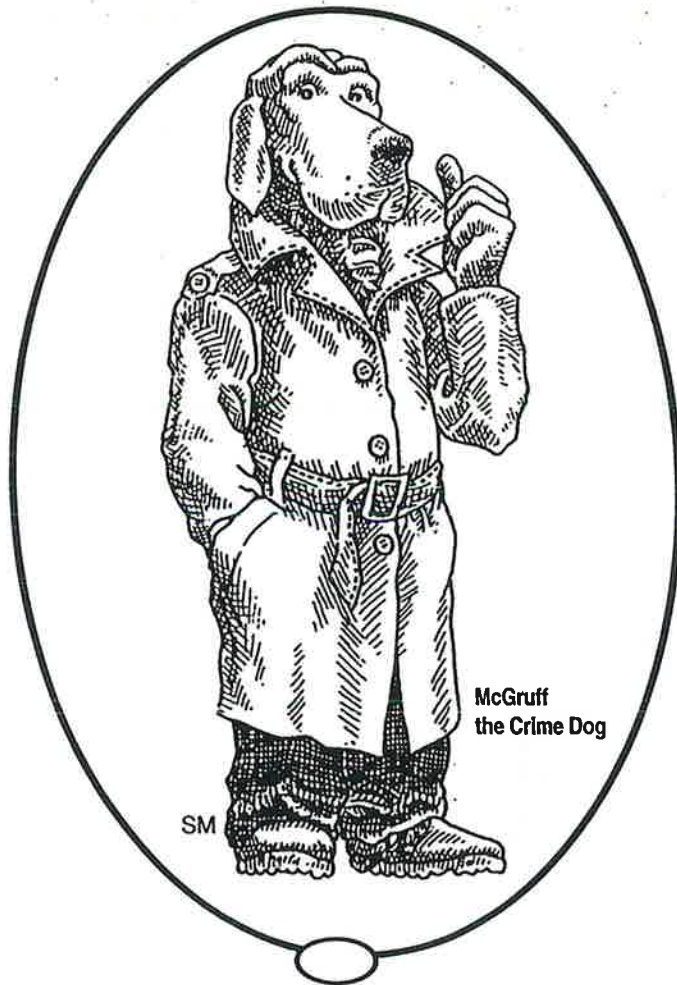
- ◆ **Describe the General Effects of Alcohol and Tobacco** on the body and behavior.
- ◆ **Identify Trusted Adults** they can turn to with questions or for help with drug issues.
- ◆ **Know the Differences Among Poisons, Medicines, and Illegal Drugs.**
- ◆ **Understand That Some Medicines May Help** during illness, when prescribed by a doctor and administered by a parent, nurse, or other trusted adult. *Children must understand that medicines can be harmful if not used correctly.*
- ◆ **Describe the Effects of Alcohol or Other Drug Problems** on individuals, including family members.
- ◆ **Begin To Understand That Alcoholism** is a sickness, a disease from which some people suffer. Alcoholism can have effects on people alcoholics are close to.
- ◆ **Recognize That There Are Community Resources** that can help people and their families.

Help McGruiff and Friends Find Their Way Safely to the Park



NOTE FOR THE TEACHER AND PARENT: This is a spaghetti maze. If your children are unfamiliar with this type of maze, explain that they go under paths and that the students may begin at any opening next to McGruff. Ask your children to use a pencil to complete the maze as they avoid the things which would be unsafe for them. Discuss these things, other potential dangers, and what they should do when confronted with them.

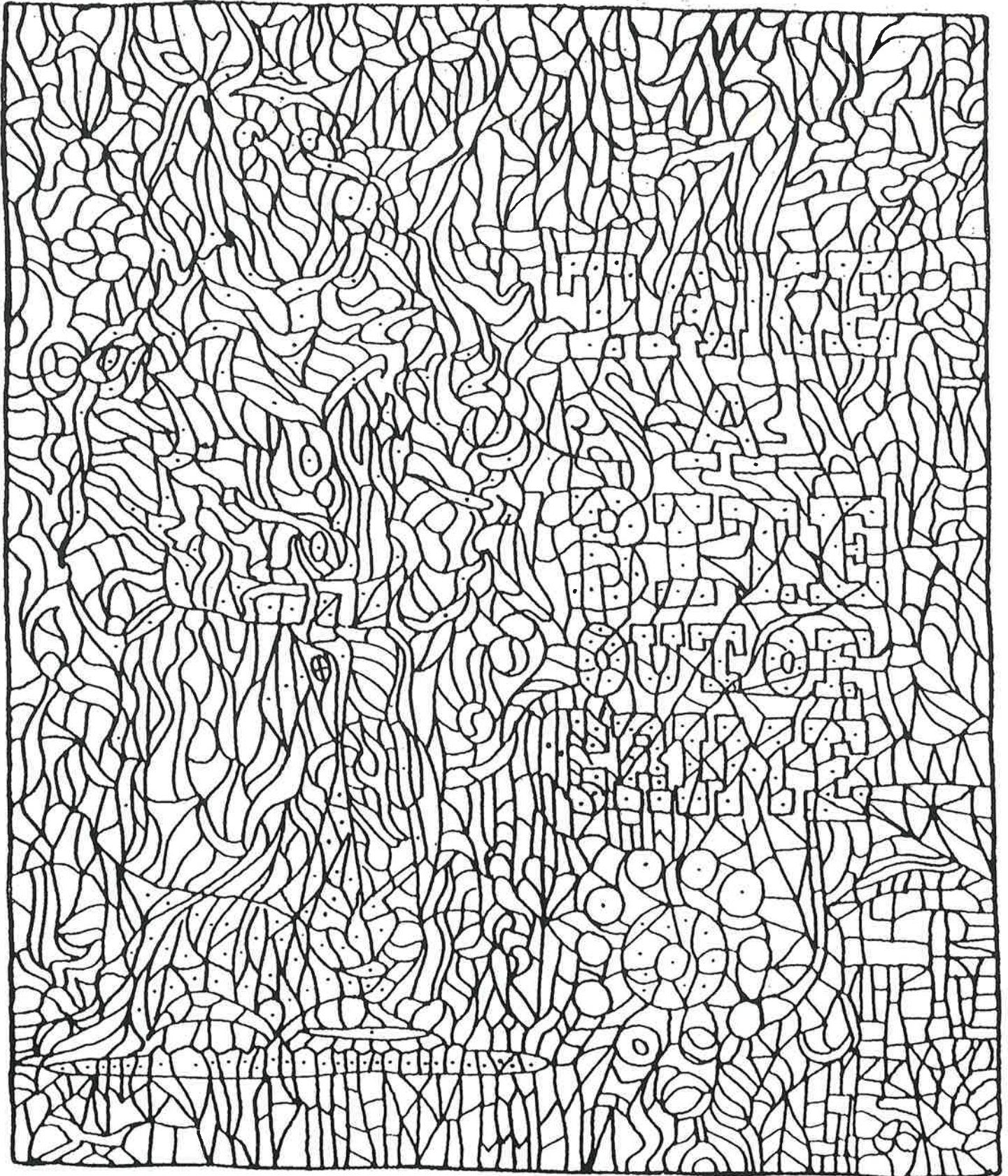
Draw What You Want To Be When You Grow Up



**What Do I
Want To Be?**

NOTE FOR TEACHER AND PARENT: Children often dream about what they want to be when they grow up. Here, McGruff as a puppy is dreaming that he will help prevent crime when he gets older. Have children draw a picture of what they want to do, and share the pictures with each other.

Find the Hidden Picture!



NOTE FOR TEACHER AND PARENT: Have your students color each section with a dot to find the hidden message and picture. Colored markers are recommended for this activity.

Add Up the Numbers Below Each Line, Then Find the Letter That Matches It To Get the Secret Message!

$$\overline{6 + 4}$$

$$\overline{1 + 2}$$

$$\overline{8 + 3}$$

$$\overline{9 + 9}$$

$$\overline{3 + 6}$$

$$\overline{4 + 1}$$

$$\overline{7 + 7}$$

$$\overline{0 + 16}$$

$$\overline{7 + 11}$$

$$\overline{6 + 9}$$

$$\overline{3 + 2}$$

$$\overline{10 + 10}$$

$$\overline{2 + 1}$$

$$\overline{13 + 9}$$

$$\overline{5 + 0}$$

$$\overline{1 + 1}$$

$$\overline{4 + 5}$$

$$\overline{15 + 1}$$

$$\overline{15 + 3}$$

$$\overline{3 + 7}$$

$$\overline{1 + 19}$$

$$\overline{10 + 2}$$

$$\overline{11 + 11}$$

!

KEY

1 - K

7 - J

12 - G

17 - C

22 - S

2 - F

8 - V

13 - R

18 - H

23 - U

3 - D

9 - E

14 - L

19 - W

24 - X

4 - P

10 - I

15 - Y

20 - N

25 - M

5 - A

11 - O

16 - T

21 - Z

26 - B

6 - Q

NOTE FOR THE TEACHER AND PARENT: This secret message is designed to help students practice their mathematics skills, and to provide a fun message to decipher (I do healthy and safe things!). Discuss what healthy and safe means, and what kind of healthy and safe things the children do.

McGruff's Top 3 Reasons

DIRECTIONS: Write three reasons not to use tobacco or alcohol.



1 _____

Help Scruff Say "No!"

DIRECTIONS: Draw yourself into the picture below helping Scruff to say no to drugs. Below the picture write the way you said no to using drugs.

