



**CONNECTICUT
Clearinghouse**

a program of the Connecticut Center
for Prevention, Wellness and Recovery

Resources on Suicide Prevention

This document identifies books, ebooks, curricula and DVDs, as well as pamphlets and fact sheets available at Connecticut Clearinghouse about Suicide Prevention. These resources may be helpful for clergy, health-care, prevention and treatment professionals, educators, individuals, families, parents, and students.

Visit Connecticut Clearinghouse at:
334 Farmington Avenue (Route 10)
Plainville, CT 06062

For those who are unable to visit, materials can be mailed.

Resources may be found using the Library Catalog: <https://conn.ent.sirsi.net/>

A complete list of pamphlets, as well as an online order form, may be found here:
www.ctclearinghouse.org/pamphlet-poster-directory/

For access to eBooks & streaming media, contact Connecticut Clearinghouse:
info@ctclearinghouse.org

Membership is free! Join today:
www.ctclearinghouse.org/membership-form/

Contact Connecticut Clearinghouse with any questions on how to access the resources listed:

Call 860.793.9791 or 800.232.4424
Visit us online at www.ctclearinghouse.org

Books, eBooks & Curricula

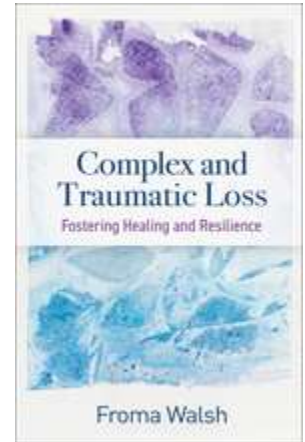
Brief Cognitive-Behavioral Therapy for Suicide Prevention / Craig J. Bryan

Cognitive-Behavioral Strategies in Crisis Intervention / Frank M. Dattilio

Complex and Traumatic Loss: Fostering Healing and Resilience / Froma Walsh

The Coping Long Term with Active Suicide Program (CLASP): A Multimodal Intervention for Suicide Prevention / Ivan W. Miller

Crisis Talk: Negotiating with Individuals in Crisis / Reine Ove Sikveland



Depression and Suicide Prevention / American Academy of Pediatrics

Gizmo's Pawesome Guide to Mental Health / Jenifer Adams

Healing: Our Path from Mental Illness to Mental Health / Thomas R. Insel

Helping Kids in Crisis: Managing Psychiatric Emergencies in Children and Adolescents / Fadi Haddad

Helping the Suicidal Person: Tips and Techniques for Professionals / Stacey Freedenthal

High Risk Clients: Evidence-Based Assessment & Clinical Tools to Recognize and Effectively Respond to Mental Health Crises / Paul Brasler

Managing Suicidal Risk: A Collaborative Approach / David A. Jobes

Overcoming Suicidal Thoughts for Teens: CBT Activities to Reduce Pain, Increase Hope, and Build Meaningful Connections / Jeremy W. Pettit

Oxford Textbook of Suicidology and Suicide Prevention / Danuta Wasserman

Stepping Back from the Ledge: A Daughter's Search for Truth and Renewal / Laura Trujillo

The Suicidal Crisis: Clinical Guide to the Assessment of Imminent Suicide Risk / Igor I. Galynker

The Suicidal Person: A New Look at a Human Phenomenon / Konrad Michel

Suicide Among the Armed Forces: Understanding the Cost of Service / Antoon A. Leenaars

Suicide Assessment and Treatment Planning: A Strengths-Based Approach / John Sommers-Flanagan

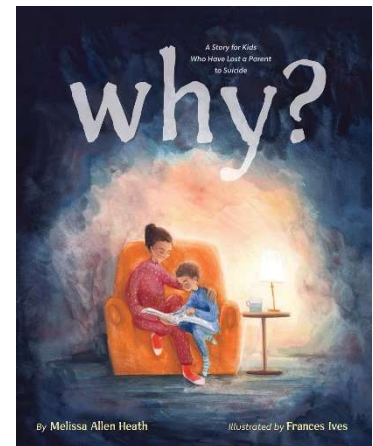
Suicide Prevention: Stahl's handbooks / Christine Yu Moutier

Suicide and Self-Injury in Schools: Interventions for School Mental Health Specialists / Darcy Haag Granello

Working with High-Risk Adolescents: A Collaborative Strengths-Based Approach / Matthew D. Selekman

You Are Not Alone: The NAMI Guide to Navigating Mental Health with Advice from Experts and Wisdom from Real People and Families / Ken Duckworth

Why: A Book for Kids Who Have Lost a Parent to Suicide / Melissa Allen Heath



DVDs & Streaming

Behavioral Emergences

In this video, Dr. Phillip Kleespies evaluates and manages a behavioral crisis that could develop into an emergency if not given appropriate clinical attention.
(Streaming & DVD)

Here One Day

When filmmaker Kathy Leichter moved back into her childhood home after her mother's suicide, she discovered a hidden box of audiotapes. Sixteen years passed before she had the courage to delve into this trove, unearthing details that her mother had recorded about every aspect of her life from the challenges of her

marriage to a State Senator, to her son's estrangement, to her struggles with bipolar disorder. Here *One Day* is a visually arresting, emotionally candid film about a woman coping with mental illness, her relationships with her family, and the ripple effects of her suicide on those she loved.

Rocks in My Pockets

Rocks In My Pockets is a story of mystery and redemption. The film is based on true events involving five women of Signe Baumann's family, including herself, and their battles with depression and suicide. It raises questions of how much family genetics determine.

Running from Crazy

This documentary examines the personal journey of Mariel Hemingway, the granddaughter of writer Ernest Hemingway, as she strives for a deeper understanding of the suicide and mental illness that have afflicted so many of her family members. Intimate verité footage and raw, emotional interviews with Mariel and her daughter are interwoven with rarely seen archival footage of the three Hemingway sisters and their parents.

Suicide Risk Assessment and Formulation in Children and Adolescents: A Workshop for Clinicians

In this workshop, Dr. King provides information on tools that can be used for suicide assessment for youth and describes how to use the tools in clinical practice. She details the individual, familial, and school-related risk factors for suicide attempts and/or suicide in youth. Dr. King also describes how to integrate and prioritize information from the assessment procedure. She highlights clinically useful assessment tools such as the Suicidal Ideation Questionnaire-JR, the Beck Hopelessness Scale, and the Columbia Suicide Severity Rating Scale. Case examples are used to demonstrate the skills needed to devise a solid formulation. On 3 DVDs.

Pamphlets and Fact Sheets

About Suicide Among Young People

Coping with a Suicide: Support for Family and Friends

La Prevencion del Suicidio: Optar Por Vivir

Preventing Suicide: Choosing to Live

Suicide and Depression: What You Need to Know

Suicidio y Depresion: Lo Que Debes Saber

[Suicide: Frequently Asked Questions](#)

[Suicide in Youth](#)

Suicide Thoughts and Combat Stress

[Understanding and Helping A Suicidal Person](#)