



Wheeler

**CONNECTICUT
Clearinghouse**

a program of the Connecticut Center
for Prevention, Wellness and Recovery

A Library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness and other related topics.

POSTER DIRECTORY

Connecticut Clearinghouse

334 Farmington Avenue

Plainville, CT 06062

800.232.4424 (Voice/TTY) or 860.793.9791 (Voice/TTY)

www.ctclearinghouse.org



CONNECTICUT
Mental Health & Addiction Services

Limit: 10 posters per month, 1 of each title

INDEX

Click Title to Jump to a Category

Alcohol 2	Relationships 6
Amphetamine / Methamphetamine 2	Self-Help 6
Club Drugs..... 3	Sexual Violence 7
Gambling 3	Social Media 7
Hallucinogens 3	Substance Use Disorders 7
Health / Wellness 3	Substance Use Prevention 7
HIV / AIDS 4	Suicide 8
Inhalants 4	Tobacco / 2nd Hand Smoke 8
Marijuana 5	Tobacco / Cessation 8
Military Issues 5	Tobacco / E – Cigarettes 9
Prenatal Alcohol / Drug Exposure 5	Workplace Issues 11
Prescribed / OTC Medications 6	

Alcohol

Title	
Alcohol: Cause & Effect	View
Strings: A Series Of Lifelines To Help Keep Kids Safe From Alcohol	View
The Twelve Steps of Alcoholics Anonymous	View
Wise Up: Here's Where Kids Get Alcohol: Know The Source Then & Cut It Off	View

Amphetamines / Methamphetamines

Title	
Meth: Cause & Effect	View

Limit: 10 posters per month, 1 of each title

Club Drugs

[Back to Index](#)

Title	
Molly: Cause & Effect	View

Gambling

Title	
Antes De Apostar, Conoce Los Riesgos: Por Qué Es Importante	View
Antes De Apostar, Conoce Los Riesgos: Señales De Advertencia	View
Before You Gamble, Know The Risks: Know Your Risks	View
Before You Gamble, Know The Risks: Responsible Gambling	View
Before You Gamble, Know the Risks: Warning Signs	View
Before You Gamble, Know the Risks: Why It Matters	View

Hallucinogens

Title	
Hallucinogens: Cause & Effect	View

Health / Wellness

Title	
5 Myths About Aging	View
5 Tips to Help You Stay Motivated to Exercise (Older Adults)	View

Limit: 10 posters per month, 1 of each title

[Back to Index](#)

La Vida Es Mejor Con Las	View
Life Is Better With Clean Hands	View
Top 10 Health Tips: Great Way to Get & Stay Healthy	View

HIV/AIDS

Title	
HIV Prevention: Communication Is Sexy	View
Prevención Del VIH: La Comunicación Es Sexy	View
HIV Testing: Cuando Hablamos Más Se Vuelve Normal	View
HIV Testing: Getting an HIV Test Puts Me in Control	View
HIV Testing: Get An HIV Test To Show You Care About Your Health - And His	View
HIV Testing: I Get Test for HIV Because I Want to be in Control of My Health	View
HIV Testing: Knowledge Is Power	View
HIV Testing: Saber Es Poder	View
HIV Testing: Testing Makes Us Stronger	View
HIV Testing: The More We Talk About It, The More It Becomes Normal	View

Inhalants

Title	
Inhalants: Cause & Effect	View

Limit: 10 posters per month, 1 of each title

Marijuana

[Back to Index](#)

Title	
Marijuana: Cause & Effect	View
Synthetic Marijuana: Cause & Effect	View

Military Issues

Title	
Don't Spend a Lifetime Trying to Understand Your Trauma	View
How Can PTSD Treatment Help You?	View
How Common Is PTSD?	View
How to Choose the Right PTSD Treatment For You	View
How's Your Sleep?	View
PTSD: Help for Family and Friends	View
Sound Familiar?	View
Things Change... Including Your PTSD Medication	View
Too Many Medications	View
What Is PTSD?	View

Prenatal Alcohol / Drug Exposure

Title	
An Alcohol-Free Pregnancy Is The Best Choice For Your Baby	View

Limit: 10 posters per month, 1 of each title

Pregnancy & Alcohol Don't Mix	View
-------------------------------	----------------------

Prescribed / OTC Medication

[Back to Index](#)

Title	
Fentanyl Is In The Mix (English/Spanish)	View
Naloxone	View
Opioids: Cause & Effect	View
Over-The-Counter Medications: Cause & Effect	View
Safe Medication Disposal	View
Talk To Your Doctor	View
Teen Control	View

Relationships

Title	
All Are Welcome Here	View
Aqui Todos Son Bienvenidos	View
Pronouns Matter	View

Self-Help

Title	
Change Your Words: Change You Mindset	View

Limit: 10 posters per month, 1 of each title

Let's Take a Mindful Minute	View
10 Tips to Reduce Stress in Your Life	View

Sexual Violence

[Back to Index](#)

Title	
What Is Consent? (English/Spanish)	View

Social Media

Title	
Is Social Media Harming Your Mental Health? (English/Spanish)	View

Substance Use Disorders

Title	
12 Steps to Narcotics Anonymous	View
Just For Today	View
Los Doce Pasos De Narcoticos Anonimos	View
Oracion De La Serenidad	View
Serenity Prayer	View
Solo Por Hoy (AA/NA 12 Step Poster)	View

Substance Use Prevention

Limit: 10 posters per month, 1 of each title

[Back to Index](#)

Title	
Bee Drug – Free	View
Count On Me To Be Drug-Free	View
Language Matters	View
Too Cool For Drugs	View

Suicide

Title	
Asking for Help – Suicide Prevention (Spanish)	View
1 Word 1 Voice 1 Life: Small Steps (English/Spanish)	View
988 Suicide & Crisis Lifeline – Young Woman	View
988 Suicide & Crisis Lifeline – Young Woman (Spanish)	View
988 Suicide & Crisis Lifeline – Older Couple	View
998 Suicide Warnings Signs For Youth	View

Tobacco / 2nd Hand Smoke

Title	
When Someone Smokes Near Your Child, Your Child Smokes Too	View

Tobacco / Cessation

Title	
--------------	--

Limit: 10 posters per month, 1 of each title

[Back to Index](#)

Countdown To Quitting: 4 Week Stop Smoking Calendar	View
La Última Vez Que Dejé De Fumar, Estuve Más Cerca De Lograrlo	View
Last Time I Quit Smoking, I Got Closer To Finishing The Job (Female)	View
Last Time I Quit Smoking, I Got Closer to Finishing The Job (Male)	View
Dejar De Fumar Es Un Proceso	View
Dejar De Fumar Requiere Práctica. ¡Siga Intentándolo!	View
Dejar El Cigarrillo No Es Un Proceso Perfecto	View
Dejar El Cigarrillo No Es Un Proceso Perfecto (Two Women)	View
Quitting Cigarettes Isn't A Perfect Process	View
Quitting Cigarettes Isn't A Perfect Process (LGBTQ)	View
Quitting Takes Practice. Keep Trying!	View
Usted No Fracásó En Su Intento De Dejar De Fumar. Simplemente Aún No Ha Terminado.	View
You Didn't Fail At Quitting. You're Just Not Done Yet (Man With Hard Hat)	View
You Didn't Fail At Quitting. You're Just Not Done Yet. (Older Man)	View
You Didn't Fail At Quitting. You're Just Not Done Yet. (Older Woman)	View
You Got This – Struggling to Quit Nicotine on Your Own?	
Tu Puedes Hacerlo!	

Tobacco / E-Cigarettes

Title	
A Nicotine-Free Vape Is Not A Worry-Free Vape	View

Limit: 10 posters per month, 1 of each title

Be Shareable: How Many Likes Do You Think This Would Get? Gum Disease and Tooth Decay	View
Back to Index	
Be Shareable: How Many Likes Would This Get (Lung Cancer)	View
Be Shareable: How Many Likes Would This Get (Wrinkles)	View
Compártelo: Cuántos "Likes" Le Darías a Esto? (Arrugas Prematuras)	View
Compártelo: Cuántos "Likes" Le Darías a Esto? (Cáncer de Pulmón)	View
How A Cigarette Is Engineered	View
How Does Tobacco Affect Your Body?	View
If You Don't Think Vaping Is Addictive, It May Have Already Altered Your Brain	View
Let Adventure Take Your Breath Away...Instead of Vaping (rock climbing)	View
Let Dance Take Your Breath Away...Instead of Vaping (dancing)	View
Let Dreams Take Your Breath Away...Instead of Vaping (basketball)	View
Let Excitement Take Your Breath Away...Instead of Vaping (rollercoaster)	View
Let Freestyle Take Your Breath Away...Instead of Vaping (singing/rapping)	View
Let Good Times Take Your Breath Away...Instead of Vaping (party)	View
Let Love Take Your Breath Away...Instead of Vaping (couples)	View
Let Playtime Take Your Breath Away...Instead of Vaping (puppy)	View
Let Silly Take Your Breath Away...Instead of Vaping (goofy faces)	View
Let The Moment Take Your Breath Away...Instead of Vaping (montage)	View
Native Strong. Vape-Free (Indigenous Peoples)	View
Next Legends: Leave Vapes In The Past For The Health Of Our Future	View
It's Not Cool To Juul	View

Limit: 10 posters per month, 1 of each title

Quieres sentirte mas estresado? Eso te puede pasar si fumas	View
Quieres sentirte mas estresado? (SMALL SIZE)	View
So What If I Do? Cosmetic Health Consequences of Tobacco	View
So What If I Do? Cravings	View
Tobacco: Cause & Effect	View
Want to Feel Stressed Out? Smoking Can Make It Happen	View
We Won't Let Vaping Hurt Our Communities (Indigenous Peoples)	View
Y Qué Tal Si Lo Hago? (Consecuencias Cosméticas Para La Salud)	View
Y Que Tal Si Lo Hago? (Mas Ganas)	View
Y Qué Tal Si Lo Hago? (Peligros Químicos Del Tabaco)	View

Tobacco / Smokeless

Title	
Quieres que esta sea tu sonrisa	View
Want Your Smile to Look Like?	View

Workplace Issues

Title	
Mental Health at Work: What Can I Do?	View