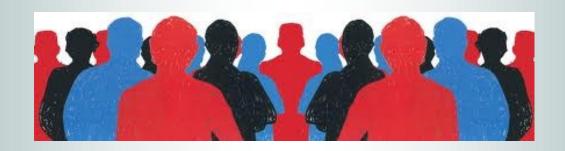
ALTERNATIVES TO SUICIDE SUPPORT GROUP

Join us at Toivo for a group that offers the opportunity to talk openly about suicide and the feelings of deep emotional distress with others who have had or are currently experiencing difficult times.

People are encouraged to come, both in times of strength and challenge. Individuals need not be 'in crisis' to attend. You're not alone!



Meetings will be held every Wednesday 4:00-5:00 p.m.

You can reach us via email

Hilary Bryant

hbryant@mindlink.org

Martin Burke

mburke@mindlink.org

Toivo
by Advocacy Unlimited
399 Franklin Ave.
Hartford CT 06114
Tel. 860-296-2338