

Prevention Training Course Catalog

November 2007 - June 2008

Connecticut Department
of Mental Health
and Addiction Services

Prevention Services Unit



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Commissioner, DMHAS

Dianne E. Harnad, MSW
Director, Prevention Services

**CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
PREVENTION TRAINING COLLABORATIVE**

A Message from the Director of Prevention Services

Dear Colleagues,

**Prevention Training
Course Offerings**

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The past year has been an exciting one as great strides have been made in the continued implementation of Connecticut’s Strategic Prevention Framework (SPF) and its five step process for addressing underage drinking across the state. The twenty eight community based coalitions participated in Learning Communities that provided them with the guidance they need to develop their community strategic plans.

SPF funded coalitions will continue to use evidence-based strategies to address underage drinking and will conduct these efforts in a sustainable and culturally competent manner. Our goal is to reduce the incidence and prevalence of underage drinking and related consequences, including changing environmental policy and community norms.

Concurrently, while implementing the SPF initiative, the Prevention Unit was also involved in Connecticut’s Mental Health Transformation Initiative through our participation in the Stigma and Suicide Prevention, and Early Mental Health Screening, Assessment and Referral workgroups. We also continue to administer a youth suicide prevention initiative funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services which includes the development and implementation of comprehensive, evidence-based youth suicide prevention and early intervention strategies in several high schools and the Connecticut State University System.

In preparation for assessing the 2007/2008 Prevention Workforce Development Training needs, a web based Training Needs Assessment Survey was developed using Survey Monkey. The on-line survey was published through the Connecticut Clearinghouses’ Prevention list-serve and participants were able to access the survey through June 20. Over 100 responses were collected. These responses provided the DMHAS Prevention Unit with some basic demographic information on the prevention workforce, their interest in Prevention Certification and whether or not they have previously taken any Prevention courses. Additionally, participants responded to 38 questions rating their interest in a variety of training topics including an overview of the abuse of over the counter (OTC) and prescription drugs, issues affecting adolescents and young adults, underage drinking, cultural and gender specific issues and violence/bullying, to name a few. The results have been used to develop the courses listed in the 2007/2008 Prevention Training Catalog. Additionally, the catalog lists courses made available through our other partnering organizations and represents a true collaborative effort to enhance the workforce development skills of Connecticut’s Prevention partners. The Catalog is also available on the DMHAS website.

On behalf of the DMHAS Prevention Unit, I hope these courses will help assist you in your efforts to keep youth and families in your communities safe, healthy and substance free.

Sincerely,

Dianne E. Harnad, MSW

Director of Prevention Services

Connecticut Department of
Mental Health and Addiction Services
410 Capitol Avenue
Post Office Box 341431
MS#14PIT
Hartford, CT 06134
860.418.7000
www.dmhas.state.ct.us

DMHAS Contact:
Dawn Grodzki
Behavioral Health Program Manager
Prevention Services
860.418.6772
dawn.grodzki@po.state.ct.us

REGISTRATION INFORMATION AND CONTACTS

Child and Family Agency of Southeastern Connecticut

Registration: Register by fax or telephone
Address: 255 Hempstead Street
New London, CT 06320
Contact: Allyson Cook
Telephone: 860.443.2896 X1406
Fax: 860.442.5909
Email: cookea@cfapress.org
Website: www.cfapress.org

Connecticut Clearinghouse

Registration: Register by fax or mail
Address: 334 Farmington Avenue
Plainville, CT 06062
Contact: Roseina Toce
Telephone: 800.232.4424 or 860.793.9791
Fax: 860.793.9813
Email: info@ctclearinghouse.org
Website: www.ctclearinghouse.org

Connecticut Department of Mental Health and Addiction Services Prevention Unit

Registration: Register by telephone or email
Address: 410 Capitol Avenue
P.O. Box 341431, MS# PIT14
Hartford, CT 06134
Contact: Janet Storey
Email: Janet.Storey@po.state.ct.us
Telephone: 860-418-6823
Fax: 860.418.6792
Website: www.dmhas.state.ct.us

Connecticut Department of Mental Health and Addiction Services Problem Gambling Services

Registration: Call or register by email
Address: Connecticut Valley Hospital, Box 351,
Middletown, CT 06457
Contact: Gail Link
Email: gail.link@po.state.ct.us
Phone: 860-262-5983
Fax: 860-344-2360
Website: www.dmhas.state.ct.us

The Consultation Center

Registration: Pre-registration is required, online
preferred, at the website:
www.theconsultationcenter.org
Address: The Consultation Center
389 Whitney Avenue
New Haven, CT 06511
Contact: Elaine Horn
Email: elaine.horn@yale.edu
Telephone: 203.789.7645 x 139
Fax: 203.562.6355
Website: www.theconsultationcenter.org

All classes will be held at The Consultation Center unless otherwise stated. A letter of confirmation and directions will be sent following receipt of the completed registration form. Participants are encouraged to arrive 30-minutes prior to the start of the training.

The Governor's Prevention Partnership

Registration: Register by mail or online
Address: 30 Arbor Street
Hartford, CT 06106
Contact: Shannon Newell
Telephone: 860-523-8042
Fax: 860-236-9412
Email: shannon.newell@preventionworksct.org
Website: www.preventionworksct.org

Multicultural Leadership Institute

Registration: Register by mail, fax or online
Address: Multicultural Leadership Institute
100 South Turnpike Road
Wallingford, CT 06492
Contact: S. Abdur-Rahman
Email: info@mli-inc.org
Telephone: 203.793.1952
Fax: 203.269.1138
Website: www.mli-inc.org

Inclement Weather Notice

In the event of inclement weather:

All classes are cancelled if State of Connecticut offices are closed or have delayed openings.

Contact the training agency to determine if classes are cancelled or delayed when State of Connecticut offices remain open.

All registered students will be contacted by the training agency with the rescheduled date of a cancelled class.

The Child and Family Agency of Southeastern Connecticut
Call 860.443.2896 x1406

Connecticut Clearinghouse
Call 800.232.4424

CT Department of Mental Health and Addiction Services
Call 860.418.6781 (Prevention Unit)
Call 860-262-5062 (Problem Gambling Services)

The Consultation Center
Call 203.789.7645 to receive a personal or voice-mail message regarding the status of the training.

The Governor's Prevention Partnership
Call 860-523-8042

Multicultural Leadership Institute
Call 203.793.1952 x22

**Connecticut Department of Mental Health and Addiction Services
Prevention Training Collaborative**

REGISTRATION FORM

Please type or print

First Name:		Last Name:	
Agency Name:			
Agency Address:			
City/Town:			Zip Code:
Work Telephone: ()		E-mail:	Years in the Prevention Field:
Course Name:			
Course Code:		Date(s):	# of Sessions:
Training Agency:		Training Location:	

Directions for Completing the Registration Form

- Complete this registration form for mailed and faxed registrations only. Registration by telephone or email do not require use of this form.
- Mail or fax this registration form to the agency providing the training.
- Keep a copy of this registration form for your records.
- Submit a separate registration form for each course.
- Register at least one week prior to the training date.
- Contact the training agency to request driving directions to the training site.
- Notify the training agency as soon as possible if you are unable to attend the training.

Coming in Spring 2008

Newly Revised
**Connecticut Prevention
Certification Credentials**

Highlights:

- Updated CPP standards
- New APP developmental credential
- Revised IC& RC Certified Prevention Professional (CPP) Exam



**LOOK FOR INFORMATION ON EXCITING CHANGES TO THE PREVENTION
CERTIFICATION CREDENTIALS OFFERED THROUGH THE CONNECTICUT
CERTIFICATION BOARD IN SPRING OF 2008**

Contact the Connecticut Certification Board for additional information

www.ctcertboard.org - 203.284.8800

PREVENTION CERTIFICATION PERFORMANCE DOMAINS

Community Organization (CO)

Planning and Evaluation (PE)

Education and Skill Development (ESD)

Public and Organizational Policy (POP)

Professional Growth and Responsibility (PGR)

PREVENTION TRAINING SKILL LEVELS

- Level 1** Basic education/skills for new prevention professionals. The focus is on the acquisition of new skills.
- Level 2** Skills enhancement for prevention professionals with some experience. The focus is on applying essential skills.
- Level 3** New knowledge and strategies for seasoned professionals. The focus is on building programs, program maintenance and integration.
- General** Training for prevention professionals and volunteers on "best practice" prevention uses.
- Other** Additional training or technical assistance needed for specific participant groups.

INDEX OF CLASSES BY MONTH

NOVEMBER

Basic MDS Training - 11/8/07
Youth and Young Adult Problem Gambling Prevention - 11/15/07
Approaches to the Prevention of Underage Drinking - 11/16/07

DECEMBER

Maximizing Awareness of Your Mentoring Program Through the Media - 12/6/07

JANUARY

Advanced MDS Training - 1/10/08
Multi-Culturalism for Prevention Practitioners - 1/16/08
Prevention Group Work with Adolescent Girls - 1/18/08
Core Competencies in Prevention - 1/25/08

FEBRUARY

Tools and Strategies to Facilitate the Development of Outcome-Based Programs - 2/1/08
Resource Development and Grant Writing for Youth-Serving Organizations - 2/8/08
MDS Drop-In Session - 2/14/08
A Perspective on Ethical Issues in Prevention Practice and Research - 2/15/08
Promoting Prosocial Behavior in Early Childhood (4 to 6 years-of-age) and Childhood (6 to 12 years-of-age): The Bingham & Salmon Prosocial Programs 2 Days - 2/21-22/08

MARCH

How to Evaluate Your Program: Appropriate Approaches to Evaluation - 3/7/08
Action Planning Training - 3/13/08
Introduction to Suicide Prevention - 3/14/08
Prevention of Negative Body Image and Disordered Eating: What Can Parents and Professionals Do and Be - 3/28/08

APRIL

Coping with Work and Family Stress™: an Intervention to Prevent Alcohol Abuse and Psychological Symptoms (SAMHSA Model Program) - 4/4/08
Healthy Relationships/Preventing Violence for Young Adults - 4/11/08
Action Planning Training - 4/10/08
Multi-Culturalism for Prevention Practitioners - 4/16/08
Building Social-Emotional Intelligence and Preventing/ Reducing Problem Behaviors in Adolescence: Techniques for Treatment and Prevention - 4/18/08
Prevention Certification: A Guide to the Credentialing Process in Connecticut - 4/24/08
Life Skills for the Transition to Adulthood - 4/25/08

MAY

An Overview of the 5 Steps: Strategic Prevention Framework - 5/2/08
Basic MDS Training - 5/8/08
Prescription and Over-the-Counter Drug Abuse - 5/9/08
Promoting the Healthy Development of Children Living in Gay Families - 5/9/08
Needs Assessments and Program Evaluation: Collection and Utilization of Archival and Novel Data - 5/16/08
Bullies, Victims, and Bystanders - 5/23/08
Impact of Family Violence on Alcohol and Other Drug Use - 5/29/08
Domestic Violence and Women's Health: Advancing a Prevention Approach - 5/30/08

JUNE

Advanced MDS Training - 6/12/08
Promoting Resilience Across the Life Span - 6/13/08
Identification of Risk and Protective Factors for Alcohol and Prescription Substance Abuse in Older Adults: Implications for Program Planning - 6/20/08
The Prevention of Depression within the Latino Population - 6/20/08

INDEX OF CLASSES BY FOCUS AREA

ALCOHOL, TOBACCO, OTHER DRUG SPECIFIC (ATD)

Approaches to the Prevention of Underage Drinking - 11/16/07

Impact of Family Violence on Alcohol and Other Drug Use - 5/29/08

Prescription and Over-the-Counter Drug Abuse - 5/9/08

CULTURALLY APPROPRIATE SERVICES FOR SPECIAL POPULATIONS (CUL)

Multi-Culturalism for Prevention Practitioners - 1/16/08 & 4/16/08

Promoting the Healthy Development of Children Living in Gay Families - 5/9/08

The Prevention of Depression within the Latino Population - 6/20/08

DEVELOPMENTALLY-APPROPRIATE PREVENTION PROGRAMMING Across the Life Span (ALS)

Introduction to Suicide Prevention - 3/14/08

Promoting the Healthy Development of Children Living in Gay Families - 5/9/08

Promoting Resilience Across the Life Span - 6/13/08

DEVELOPMENTALLY-APPROPRIATE PREVENTION PROGRAMMING Childhood through Adolescence (CTA)

Maximizing Awareness of Your Mentoring Program Through the Media - 12/6/07

Prevention Group Work with Adolescent Girls - 1/18/08

Promoting Prosocial Behavior in Early Childhood (4 to 6 years-of-age) and Childhood (6 to 12 years-of-age): The Bingham & Salmon Prosocial Programs, 2 days - 2/21-22/08

Healthy Relationships/Preventing Violence for Young Adults - 4/11/08

Building Social-Emotional Intelligence and Preventing/ Reducing Problem Behaviors in Adolescence: Techniques for Treatment and Prevention - 4/18/08

Life Skills for the Transition to Adulthood - 4/25/08

Promoting the Healthy Development of Children Living in Gay Families - 5/9/08

Bullies, Victims, and Bystanders - 5/23/08

DEVELOPMENTALLY-APPROPRIATE PREVENTION PROGRAMMING College Students (COL)

Youth and Young Adult Problem Gambling Prevention - 11/15/07

DEVELOPMENTALLY-APPROPRIATE PREVENTION PROGRAMMING Early Childhood (ECH)

Promoting Prosocial Behavior in Early Childhood (4 to 6 years-of-age) and Childhood (6 to 12 years-of-age): The Bingham & Salmon Prosocial Programs, 2 days - 2/21-22/08

DEVELOPMENTALLY-APPROPRIATE PREVENTION PROGRAMMING Older Adults (OAD)

The Prevention of Depression within the Latino Population - 6/20/08

Identification of Risk and Protective Factors for Alcohol and Prescription Substance Abuse in Older Adults: Implications for Program Planning - 6/20/08

EARLY CHILDHOOD (ECE)

Promoting Prosocial Behavior in Early Childhood (4 to 6 years-of-age) and Childhood (6 to 12 years-of-age): The Bingham & Salmon Prosocial Programs, 2 days - 2/21-22/08

ETHICS (ETH)

A Perspective on Ethical Issues in Prevention Practice and Research - 2/15/08

EVALUATION (EVL)

Tools and Strategies to Facilitate the Development of Outcome-Based Programs - 2/1/08

How to Evaluate Your Program: Appropriate Approaches to Evaluation - 3/7/08

Needs Assessments and Program Evaluation: Collection and Utilization of Archival and Novel Data - 5/16/08

MENTAL HEALTH (MHS)

Promoting Prosocial Behavior in Early Childhood (4 to 6 years-of-age) and Childhood (6 to 12 years-of-age): The Bingham & Salmon Prosocial Programs, 2 days - 2/21-22/08

Introduction to Suicide Prevention - 3/14/08

Coping with Work and Family Stress™: an Intervention to Prevent Alcohol Abuse and Psychological Symptoms (SAMHSA Model Program) - 4/4/08

INDEX OF CLASSES BY FOCUS AREA

Building Social-Emotional Intelligence and Preventing/ Reducing Problem Behaviors in Adolescence: Techniques for Treatment and Prevention - 4/18/08

Promoting the Healthy Development of Children Living in Gay Families - 5/9/08

Impact of Family Violence on Alcohol and Other Drug Use - 5/29/08

Domestic Violence and Women's Health: Advancing a Prevention Approach - 5/30/08

The Prevention of Depression within the Latino Population - 6/20/08

OTHER (OTH)

Basic MDS Training - 11/8/07 and 5/8/08

Advanced MDS Training - 1/10/08 and 6/12/08

MDS Drop-In Session - 2/14/08

Action Planning Training - 3/13/08 and 4/10/08

Multi-Culturalism for Prevention Practitioners - 1/16/08 & 4/16/08

Prevention Certification: A Guide to the Credentialing Process in Connecticut - 4/24/08

An Overview of the 5 Steps: Strategic Prevention Framework - 5/2/08

PREVENTION BASICS Community (PBC)

Introduction to Suicide Prevention - 3/14/08

PREVENTION BASICS General (PBG)

Core Competencies in Prevention - 1/25/08

Resource Development and Grant Writing for Youth-Serving Organizations - 2/8/08

PREVENTION BASICS School (PBS)

Bullies, Victims, and Bystanders - 5/23/08

Building Social-Emotional Intelligence and Preventing/ Reducing Problem Behaviors in Adolescence: Techniques for Treatment and Prevention - 4/18/08

PREVENTION BASICS Workplace (WKP)

Coping with Work and Family Stress™: an Intervention to Prevent Alcohol Abuse and Psychological Symptoms (SAMHSA Model Program) - 4/4/08

VIOLENCE PREVENTION (VPS)

Bullies, Victims, and Bystanders - 5/23/08

CONTINUING EDUCATION CREDITS

The Connecticut Certification Board, Inc. (CCB) has approved all classes for Prevention Professional Certification Credits.

The Consultation Center and Child and Family Agency of Southeastern Connecticut have requested Continuing Education Credits (CEC) hours from the Connecticut Chapter of the National Association of Social Workers (NASW/CT).

BASIC MDS TRAINING

Date: November 8, 2007 **Course Code:** 08DHOTH031

Time: 9:00 am – 1:00 pm

Description: Participants will learn how to access MDS, use system tools and options, and enter or edit data. Prerequisite: Participant's agency must have an approved ACTION PLAN and the participant must bring the Action Plan to the session.

Instructor: Janet Storey

Registration: Telephone or email Janet Storey at DMHAS, 860-418-6823 or Janet.Storey@po.state.ct.us, to request a registration form.

Location: ISD Training Room of Haviland Hall, Connecticut Valley Hospital, Middletown

Domain: PE **Focus Area:** OTH
Level: 1

YOUTH & YOUNG ADULT PROBLEM GAMBLING PREVENTION

Date: November 15, 2007 **Course Code:** 08DHCOL030

Time: 9:00 am - 4:00 pm

Description: Prevention of problem gambling with youth with a focus on preparing practitioners to work with these groups in universal, selected, and identified populations in the school and college settings. Topics will include: recent Connecticut data on gambling behaviors and attitudes of youth and those who serve them; risk and protective factors and transition issues; brain development research; successful prevention programs; panel of recovering gamblers and family members.

Instructor: Susan D. McLaughlin, M.P.A., CPP-R

Registration: Contact Gail Link at 860-262-5062 or gail.link@po.state.ct.us

Location: Cocilovo Room, Connecticut Valley Hospital, Middletown

Domain: ESD **Focus Area:** COL, CTA
Level: General

APPROACHES TO THE PREVENTION OF UNDERAGE DRINKING

Date: November 16, 2007 **Course Code:** 08DHATD002

Time: 9:00 am - 3:00 pm

Description: This workshop provides an overview of prevention's technology with special attention to how the tools of prevention can be used to reduce underage drinking. Attendees will have the opportunity to design an intervention during the course of the workshop.

Instructor: Tom Gullotta, Cindy Barry & Kerensa Knowles

Registration: Child & Family Agency of Southeastern Connecticut, Call 860-443-2896 or email cookea@cfapress.org

Location: Hilton Garden Inn, Glastonbury, CT

Domain: ESD **Focus Area:** ATD & OTH
Level: 1

MAXIMIZING AWARENESS OF YOUR MENTORING PROGRAM THROUGH THE MEDIA

Date: December 6, 2007 **Course Code:** 08DHCTA029

Time: 8:00 am - 12:30 pm

Description: This workshop will help you increase visibility for your mentoring program by providing practical tools and materials to help communicate key messages, and build relationships with the media and key stakeholders in the community.

Instructor: Veronica Taylor DeLandro

Registration: Contact Shannon Newell at 860-523-8042 or shannon.newell@preventionworksct.org

Location: The Village for Families and Children, Hartford, CT

Domain: ESD **Focus Area:** CTA
Level: 2

ADVANCED MDS TRAINING

Date: January 10, 2008 **Course Code:** 08DHOTH033

Time: 9:00 am – 1:00 pm

Description: Participants will understand how use the MDS reports feature to create tables and charts, and how to export MDS data to Microsoft Excel to create tables and charts. Prerequisite: Participant's agency must have collected at least one year of MDS data.

Instructor: Janet Storey

Registration: Telephone or email Janet Storey at DMHAS, 860-418-6823 or Janet.Storey@po.state.ct.us, to request a registration form.

Location: ISD Training Room of Haviland Hall, Connecticut Valley Hospital, Middletown

Domain: PE **Focus Area:** OTH
Level: 2

MULTI-CULTURALISM FOR PREVENTION PRACTITIONERS

Date: January 16, 2008 **Course Code:** 08DHCUL003

Time: 1:00 pm - 4:00 pm

Description: This workshop provides 3 hours of training for those working in a prevention setting in the behavioral and mental health settings. Those involved in prevention program planning, implementation, and evaluation who are seeking more information about how to foster their program's or their organization's cultural competence are encouraged to attend.

- Cultural competency principles and theories: A "101" on cultural competency definitions, continuum and learning processes
- Applications for prevention professionals: Domains and Directions
- Planning for organizational cultural competency: How to apply the principles learned to the various organizational domains.

This interactive training is limited to 25 participants to allow for dialogue and information resource exchanges.

Instructor: Sa'ïd Abdur-Rahman

Registration: Multicultural Leadership Institute, call 203-793-1952, fax: 203-269-1138 or email info@mli-inc.org

Location: Multicultural Leadership Institute

Domain: PE **Focus Area:** OTH, CUL
Level: 1

PREVENTION GROUP WORK WITH ADOLESCENT GIRLS

Date: January 18, 2008 **Course Code:** 08DHCTA004

Time: 9:00 am - 4:00 pm

Description: Gender-specific prevention work with adolescent girls challenges group facilitators to select topics and strategies that fit the developmental needs of group members. Based on experience with girls' groups for middle and high school age females, this workshop will emphasize specifics of gender-specific work with girls, review developmental issues of adolescent girls, examine curricular resources, and discuss activities, structure, and group leadership issues.

Instructor: Terry Freeman, MAT, LCSW, CPP-R

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: ESD **Focus Area:** CTA
Level: 2

CORE COMPETENCIES IN PREVENTION

Date: January 25, 2008 **Course Code:** 08DHPBG005

Time: 9:00 am – 12:00 pm

Description: This course provides an overview of prevention approaches by emphasizing its core competencies of practice, including training and community education, program development, consultation and technical assistance, advocacy, and program evaluation. At the end of the workshop participants in the course will: 1) be able to describe the major core competencies in prevention; 2) have developed skills to implement prevention services for at least two core competencies; and 3) be able to identify resources to gain further expertise in specific core competencies as their practice needs change.

Instructor: Susan O. Zimmerman, LCSW

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: PE **Focus Area:** PBG
Level: 1

TOOLS AND STRATEGIES TO FACILITATE THE DEVELOPMENT OF OUTCOME-BASED PROGRAMS

Date: February 1, 2008 **Course Code:** 08DHEVL006

Time: 9:00 am – 12:00 pm

Description: This workshop is geared to program managers and agency directors and will review how to develop and utilize mission statements, program goals and measurable outcomes. The workshop will include both didactic and participatory components and will give participants the opportunity to understand the importance of mission statements and program goals and how to develop them. In addition, participants will learn how to develop outcomes that are measurable, realistic (program can impact them), feasible (program can collect the data) and useful. Participants will learn how to develop their programs theory of change (mission --> goals --> activities --> outputs --> outcomes) and to articulate this theory in a logic model. Finally, participants will learn how to utilize these tools for strategic planning and on-going program monitoring.

Instructor: Meghan K. Finley, Ph.D.

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: PE **Focus Area:** EVL
Level: 2

RESOURCE DEVELOPMENT AND GRANT WRITING FOR YOUTH-SERVING ORGANIZATIONS

Date: February 8, 2008 **Course Code:** 08DHPBG007

Time: 9:00 am – 12:00 pm

Description: This workshop will be an introduction to grant writing and proposal development. It will include a format for proposal development, resource materials on effective grant writing, and examples of funding guidelines from a variety of funders. Participants will learn about essential steps for proposal development and grant writing, review formats and guidelines from funders, identify funding sources and ways to find sources relevant to particular interest areas, practice steps necessary for completion of funding applications and identify additional opportunities for training and assistance with grant writing and resource development.

Instructor: Deborah Stewart, BA, CPP

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: ESD **Focus Area:** PBG
Level: 2

MDS DROP-IN SESSION

Date: February 14, 2008 **Course Code:** 08DHOTH035

Time: 9:00 am – 1:00 pm

Description: DMHAS staff will be available to answer individual questions about MDS and Action Plan preparation.

Instructor: Janet Storey

Registration: Telephone or email Janet Storey at DMHAS, 860-418-6823 or Janet.Storey@po.state.ct.us, to request a registration form.

Location: ISD Training Room of Haviland Hall, Connecticut Valley Hospital, Middletown, CT

Domain: PE **Focus Area:** OTH
Level: 1

A PERSPECTIVE ON ETHICAL ISSUES IN PREVENTION PRACTICE AND RESEARCH

Date: February 15, 2008 **Course Code:** 08DHETH008

Time: 9:00 am – 12:00 pm

Description: This workshop will provide a perspective on ethical issues frequently encountered in implementing community-based prevention programs and in conducting prevention research. Ethical issues will be considered related to: 1) values and value conflicts and determining intervention goals and objectives; 2) principles that guide the processes of action and implementation; 3) ethical dilemmas related to informed consent; and 4) conducting prevention research in community settings and how findings are shared with stakeholders. An experiential component will be built in throughout to involve participants in debating the resolution of various ethical dilemmas.

Instructors: David L. Snow, Ph.D. & Susan O. Zimmerman, LCSW

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: PGR **Focus Area:** ETH
Level: 2

PROMOTING PROSOCIAL BEHAVIOR IN EARLY CHILDHOOD (4 - 6 YEARS-OF-AGE) AND CHILDHOOD (6 - 12 YEARS-OF-AGE): THE BINGHAM AND SALMON PROSOCIAL PROGRAMS (2 DAYS)

Dates: February 21-22, 2008 **Course Code:** 08DHECE009

Time: 9:00 am - 3:00 pm

Description: The two-day workshop is a hands-on, participatory workshop, exploring the background, content and implementation of the Bingham and Salmon Prosocial Programs. It examines the roles of administrators, coaches, teachers/facilitators and parents in helping children to learn kindness, respect, empathy and self-control.

The Bingham and Salmon Prosocial Programs are evidence-based curriculums to encourage positive social skills in pre-school and elementary aged children. Grounded in learning

and multiple intelligence theories, these "universal" primary prevention programs are introduced to staff in a series of learning sessions. After this introductory experience, educators work with coaches in their settings to develop their abilities to elicit and nurture positive behaviors from their students. This workshop provides an introduction to the curriculum.

Instructors: Margaret Schofield, Rick Dematto, Tom Gullotta, Chris Gullotta, and Jen Messina

Registration: Child & Family Agency of Southeastern Connecticut, Call 860-443-2896 or email cookea@cfapress.org

Location: Hilton Garden Inn, Glastonbury, CT

Domain: ESD & PGR **Focus Area:** ECE, CTA, ECH
Level: 1

HOW TO EVALUATE YOUR PROGRAM: APPROPRIATE APPROACHES TO EVALUATION

Date: March 7, 2008 **Course Code:** 08DHEVL010

Time: 9:00 am – 12:00 pm

Description: This workshop will cover the basics of program evaluation, including interactive exercises to help participants learn how to prepare for and engage in the evaluation process. The workshop is meant to introduce participants to program evaluation and provide them with resources to help enable them to contribute to the development and utilization of an evaluation process. The course will cover needs assessments, logic models, evaluation design, and utilizing data to inform program decisions.

Instructor: Amy Griffin, MA

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: PE **Focus Area:** EVL
Level: 1

ACTION PLANNING TRAINING

Date: March 13, 2008 **Course Code:** 08DHOTH036

Time: 9:00 am – 1:00 pm

Description: Participants will learn how to prepare the DMHAS Prevention "Annual Prevention Program Measures" form and the DMHAS Prevention Annual Action Plan, including identification of the correct MDS codes.

Instructor: Janet Storey

Registration: Telephone or email Janet Storey at DMHAS, 860-418-6823 or Janet.Storey@po.state.ct.us, to request a registration form.

Location: ISD Training Room of Haviland Hall, Connecticut Valley Hospital, Middletown, CT

Domain: PE **Focus Area:** OTH
Level: 2

INTRODUCTION TO SUICIDE PREVENTION

Date: March 14, 2008 **Course Code:** 08DHMHS011

Time: 9:00 am – 12:00 pm

Description: In any given year in the United States, approximately 30,000 individuals commit suicide and thousands more make attempts. It is estimated that 90% of those who die by suicide at any age have a diagnosable mental illness, most often depression, making the identification, diagnosis, and treatment of individuals with emotional disorders critical to suicide prevention efforts. Suicide is clearly a clinical issue, but it is also a public health or environmental issue, requiring a shift in focus that not only includes prevention and treatment at the individual level, but also includes prevention at the community level.

This course will include an overview of risk and protective factors across the lifespan that place certain individuals at increased risk for suicide. An array of preventive intervention strategies will be explored, including examples of "Effective" and "Promising" Evidence-based programs.

Participants will: 1) learn about the signs and symptoms of mental illness and the risk factors for suicide for individuals across the lifespan and 2) increase their awareness of multi-level preventive intervention strategies targeting individuals and communities. An interactive component will be built in throughout.

Instructor: Susan O. Zimmerman, LCSW

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: ESD **Focus Area:** ALS, MHS, PBC
Level: 1

PREVENTION OF NEGATIVE BODY IMAGE & DISORDERED EATING: WHAT CAN PARENTS & PROFESSIONALS DO AND BE

Date: March 28, 2008 **Course Code:** 08DHMHS012

Time: 9:00 am - 3:00 pm

Description: This workshop explores the theoretical and empirical basis for school-based and community-based efforts to prevent negative body image and disordered eating. In particular, the "Bolder model" of prevention, which combines the personal, professional, and the political, will be presented.

Instructor: Michael Levine, Ph.D.

Registration: Child & Family Agency of Southeastern Connecticut, Call 860-443-2896 or email cookea@cfapress.org

Location: Hilton Garden Inn, Glastonbury, CT

Domain: ESD & PGR **Focus Area:** MHS, COL
Level: 2

**COPING WITH WORK AND FAMILY STRESS™:
AN INTERVENTION TO PREVENT ALCOHOL ABUSE AND
PSYCHOLOGICAL SYMPTOMS (SAMHSA MODEL PROGRAM)**

Date: April 4, 2008 **Course Code:** 08DHMHS013

Time: 9:00 am – 12:00 pm

Description: This workshop will provide training in the rationale, design, and implementation of a workplace coping skills intervention aimed at reducing alcohol abuse and psychological symptoms among employees. Participants will: 1) learn a risk and protective factor model that links selected factors from work and family domains to alcohol abuse and psychological symptoms; 2) review the rationale and content of a workplace intervention aimed at enhancing employee's skills in coping with work and family stress; and 3) examine various issues and strategies for introducing the program into the workplace.

Instructors: David L. Snow, Ph. D. & Susan O. Zimmerman, LCSW

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: PE **Focus Area:** MHS, WKP
Level: 2

**HEALTHY RELATIONSHIPS/PREVENTING VIOLENCE
FOR YOUNG ADULTS**

Date: April 11, 2008 **Course Code:** 08DHCTA014

Time: 9:00 am – 12:00 pm

Description: This interactive workshop will include principles, curricula and strategies for working with adolescents to promote healthy relationships and prevent relationship violence. Based on our curriculum, "Healthy Inside and Out," the workshop will prepare participants for planning and implementing relationship-focused programs to fit young adults. Participants will review current knowledge about adolescent relationship violence, sample strategies and materials they can use with adolescents, and exchange ideas on tailoring curriculum to their own population and setting.

Instructors: Terry Freeman, MAT, LCSW, CPP-R & Desreen Dudley, Psy. D.

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: ESD **Focus Area:** CTA
Level: 2

Action Planning Training

Date: April 10, 2008 **Course Code:** 08DHOTH037

Time: 9:00 am – 1:00 pm

Description: Participants will learn how to prepare the DMHAS Prevention "Annual Prevention Program Measures" form and the DMHAS Prevention Annual Action Plan, including identification of the correct MDS codes.

Instructor: Janet Storey

Registration: Telephone or email Janet Storey at DMHAS, 860-418-6823 or Janet.Storey@po.state.ct.us, to request a registration form.

Location: ISD Training Room of Haviland Hall, Connecticut Valley Hospital, Middletown, CT

Domain: PE **Focus Area:** OTH
Level: 2

MULTI-CULTURALISM FOR PREVENTION PRACTITIONERS

Date: April 16, 2008 **Course Code:** 08DHCULO16

Time: 1:00 pm - 4:00 pm

Description: This workshop provides 3 hours of training for those working in a prevention setting in the behavioral and mental health settings. Those involved in prevention program planning, implementation, and evaluation who are seeking more information about how to foster their program's or their organization's cultural competence are encouraged to attend.

- Cultural competency principles and theories: A "101" on cultural competency definitions, continuum and learning processes
- Applications for prevention professionals: Domains and Directions
- Planning for organizational cultural competency: How to apply the principles learned to the various organizational domains.

This interactive training is limited to 25 participants to allow for dialogue and information resource exchanges.

Instructor: Sa'íd Abdur-Rahman

Registration: Multicultural Leadership Institute, call 203-793-1952, fax 203-269-1138 or email info@mli-inc.org.

Location: Multicultural Leadership Institute

Domain: PE **Focus Area:** OTH, CUL
Level: 1

BUILDING SOCIAL-EMOTIONAL INTELLIGENCE & PREVENTING/ REDUCING PROBLEM BEHAVIORS IN ADOLESCENCE: TECHNIQUES FOR TREATMENT AND PREVENTION

Date: April 18, 2008 **Course Code:** 08DHMHS015

Time: 9:00 am - 3:00 pm

Description: Social-emotional intelligence theory holds tremendous promise as a way of reaching hard-to-reach adolescents (acting out disorders). Many specific techniques have been developed in clinical and preventive contexts in recent years and have been refined to the point of being

sharable. This workshop reviews the theory, shares the intervention techniques, and helps participants leave with ways of incorporating social-emotional intelligence into their practice. Follow-up support will be available through www.CASEL.org and www.EOParenting.com.

Instructors: Maurice J. Elias, Ph.D. and Roger Weissberg, Ph.D.

Registration: Child & Family Agency of Southeastern Connecticut, Call 860-443-2896 or email cookea@cfapress.org

Location: Hilton Garden Inn, Glastonbury, CT

Domain: ESD, POP & PGR **Focus Area:** MHS, CTA, PBS
Level: 2

PREVENTION CERTIFICATION: A GUIDE TO THE CREDENTIALING PROCESS IN CONNECTICUT

Date: April 24, 2008 **Course Code:** 08DHOTH028

Time: 9:00 am - 12:00 pm

Course Description: This course is an introduction to Connecticut's prevention credentials offered through the Connecticut Certification Board (CCB). Course content will include information on exciting revisions to the Certified Prevention Professional (CPP) and the Associate Prevention Professional (APP) credential requirements in Spring 2008, as well as the prevention credentialing process. Helpful resources and tips will be discussed. Time will be available for individual review of training attendance certificates/transcripts and for touring the Connecticut Clearinghouse library and resource center.

Instructors: Judith A. Stonger, CPP-R and Susan McLaughlin, MPA, CPP-R

Registration: Connecticut Clearinghouse, call 800-232-4424; fax 860-793-9813 or email info@ctclearinghouse.org

Location: Connecticut Clearinghouse

Domain: PGR **Focus Area:** OTH
Level: General

LIFE SKILLS FOR THE TRANSITION TO ADULthood

Dates: April 25, 2008 **Course Code:** 08DHCTA017

Time: 9:00 am – 12:00 pm

Description: Prevention research emphasizes the effectiveness of "life skills" training in order to decrease the likelihood of risky behaviors by adolescents. This workshop will place emphasis on the developmental needs of older adolescents and the skills they need for successful adulthood. Components of life skills curriculum that support their growth will be reviewed, including topics such as decision-making, goal-setting, career exploration, self-care and coping, independent living, etc. Strategies and materials useful for community-based group work or formal educational settings with older adolescents will be explored. Emphasis will be on interactive activities that involve youth in learning and positive development.

Instructor: Terry Freeman, MAT, LCSW, CPP-R

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

PROMOTING RESILIENCE ACROSS THE LIFE SPAN

**THE PREVENTION OF DEPRESSION WITHIN
THE LATINO POPULATION**

Date: June 13, 2008 **Course Code:** 08DHALS025

Date: June 20, 2008 **Course Code:** 08DHCUL027

Time: 9:00 am – 12:00 pm

Time: 9:00 am - 3:00 pm

Description: An overview of resilience across the lifespan will be presented with an emphasis on its relationship to other types of adaptation and well-being. At the end of the workshop, participants will be able to: 1) develop a program to promote resilience for a specific target age group of their interest; and 2) understand some of the complexities in evaluating resilience-promotion programs.

Description: This symposium examines epidemiological research findings for Latin Americans. It describes how to (1) educate and empower community members to address disparities in mental health care for Latinos; (2) develop best practices to improve mental health services for Latinos; and (3) develop an evidence-based, community-driven, and consumer-oriented model of action research aimed at reducing disparities in mental health care. It will illustrate how research results have been translated into practical information aimed at increasing clinical effectiveness. Finally, the workshop will provide mental health professionals with knowledge that will enhance their cultural competency with Latino consumers.

Instructor: Jacob Kraemer Tebes, Ph.D.

Instructor: Sergio Aguilar-Gaxiola, M.D.

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Registration: Child & Family Agency of Southeastern Connecticut, Call 860-443-2896 or email cookea@cfapress.org

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Location: Hilton Garden Inn, Glastonbury, CT

Domain: ESD, PE **Focus Area:** ALS
Level: 2, 3

Domain: ESD, PGR **Focus Area:** CUL, MHS, OAD
Level: 1

**IDENTIFICATION OF RISK AND PROTECTIVE FACTORS FOR
ALCOHOL AND PRESCRIPTION SUBSTANCE ABUSE IN
OLDER ADULTS: IMPLICATIONS FOR PROGRAM PLANNING**

Date: June 20, 2008 **Course Code:** 08DHOAD026

Time: 9:00 am – 12:00 pm

Description: This interactive workshop will explore awareness, attitudes, and understanding of individuals, families, and health professionals toward alcohol and prescription substance abuse in older adults. It will include an overview of the prevalence of substance abuse and addiction, risk and protective factors related to alcohol and other substance abuse, the potential role of ageism in under-identification of alcohol and prescription substance abuse in older adults, and the bio-psycho-social factors involved.

As a result of this training, participants will be able to: 1) identify their own pre-conceived ideas relating to substance abuse and older adults; 2) understand the physical, psychological, and social aspects of substance abuse in older adults; 3) understand the impact that preconceived notions, including ageism, has on the identification of elders at risk for substance abuse, and the on development of interventions addressing alcohol and substance abuse in elders; 4) outline techniques for working with older adults and their families around alcohol and substance abuse that address risk factors and enhance protective factors for elders.

Instructor: Donna B. Fedus, MA

Registration: Consultation Center, Elaine Horne, 203-789-7645 x139, fax: 203-562-6355 or email elaine.horn@yale.edu

Location: The Consultation Center, 389 Whitney Avenue, New Haven, CT 06511

Domain: ESD **Focus Area:** OAD
Level: 2

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES PREVENTION TRAINING COLLABORATIVE

Child and Family Agency of Southeastern Connecticut

255 Hempstead Street - New London, CT 06320
860.443.2896
www.cfapress.org

The Child and Family Agency of Southeastern Connecticut assists children and families-at-risk. Our programs deal with child abuse, family violence, teen pregnancy, children's health care, parent education and child guidance and family preservation. The Agency is the largest private, non-profit children's service provider in southeastern Connecticut.

Connecticut Department of Mental Health and Addiction Services Prevention Services

410 Capitol Avenue, MS#14PIT - Hartford, CT 06134
Prevention Services: 860.418.682
www.dmhas.state.ct.us

The Department of Mental Health and Addiction Services (DMHAS) promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment throughout Connecticut.

The DMHAS prevention system is designed to promote the overall health and wellness of individuals and communities by preventing or delaying substance use. Prevention services are comprised of six key strategies including information dissemination, education, alternative activities, strengthening communities, promoting positive values, and problem identification and referral to services.

The Consultation Center

389 Whitney Avenue - New Haven, CT 06511
203.789.7645
www.theconsultationcenter.org

The Prevention Training Program of The Consultation Center provides training in the theory, design, implementation, and evaluation of community-based preventive interventions. The goal of the program is to enhance the capacity of professionals and organizations to deliver effective, high quality preventive programs to identified populations across the lifespan. Trainers in this series have extensive experience in prevention.

The Consultation Center is a cooperative endeavor of the Department of Psychiatry, Yale University School of Medicine, The Consultation Center, Inc., and the Connecticut Mental Health Center and has provided prevention training, services and research for over 25 years.

The Governor's Prevention Partnership

30 Arbor Street, 2nd Fl - Hartford, CT 06106
860.523.8042 or 800.422.5422
www.preventionworksct.org

Created in 1989, The Governor's Prevention Partnership is a not-for-profit partnership between state government and business leaders with a mission to keep Connecticut's youth safe, successful and drug-free. Co-chaired by Governor M. Jodi Rell and David Fusco, President, Anthem Blue Cross and Blue Shield Connecticut Market, The Partnership provides leadership and services to help schools, communities, youth organizations, colleges and businesses create and sustain quality programs in five core areas:

- Increasing the number of youth who have the caring support of a mentor
- Helping local communities build coalitions and programs to address underage drinking
- Helping schools develop and implement effective drug and violence prevention programming including Student Assistance Programs, bullying, conflict resolution and peer mediation programs
- Helping colleges/universities address issues and behavior related to alcohol abuse
- Delivering anti-drug messages through the media
- Giving parents the skills they need to protect their children against drugs and other problems

ADDITIONAL TRAINING RESOURCES

Connecticut Clearinghouse

334 Farmington Avenue - Plainville, CT 06062
800.232.4424 or 860.793.9791
www.ctclearinghouse.org

Connecticut Clearinghouse is Connecticut's statewide library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness, and other related topics. A program of Wheeler Clinic since 1988, Connecticut Clearinghouse is funded by the Connecticut Department of Mental Health and Addiction Services to disseminate current and reliable information on behavioral health issues to the residents of the state.

Resources available at Connecticut Clearinghouse include:

- Books, audiovisual materials and curricula available for loan
- Pamphlets, posters and fact sheets, including Spanish language materials
- Internet website including an online, searchable catalog of the library's resources
- Connecticut Clearinghouse's monthly, electronic newsletter, *Courier Online*
- Listserv of grant announcements, trainings and conferences
- Online calendar of events and educational opportunities

Connecticut Department of Mental Health and Addiction Services

Education and Training Division
www.dmhas.state.ct.us/education.htm

The DMHAS Education and Training Division assures the highest standards of care by supporting and promoting the development of linkages with academia, and the professional development of direct care, administrative, and managerial staff. A variety of training programs, workshops, and conferences, planned and coordinated by the division, are designed to meet the educational needs of the organization and its employees.

Multicultural Leadership Institute

100 South Turnpike Road - Wallingford, CT 06492
203.793.1952
www.mli-inc.org

MLI's mission is to provide leadership for positive change through multicultural education, information exchange processes, development and implementation of cultural competency standards that fosters knowledge and skills which will enhance service delivery systems within all communities. MLI's vision is to become a national leader in promoting multicultural transformation that impact individuals, organizations and ultimately society as a whole.

MLI is also committed to becoming a comprehensive resource for cultural competence, cultural literacy and the promotion of positive change in creating a truly inclusive fair and appropriate service delivery system. The Agency was founded in 1997, in response to the State Department of Mental Health and Addiction Services (DMHAS) efforts "to address the issues of need, accessibility and appropriateness of substance abuse treatment, intervention, and prevention services for ethnic and minority individuals and groups in Connecticut.

Connecticut Association of Non-Profits

Center for Professional Development (CPD)
www.ctnonprofits.org

The Center for Professional Development, the training and education arm of the Connecticut Association of Nonprofits, offers affordable seminars and workshops to nonprofits of all types and sizes. CPD uses qualified and experienced trainers who are familiar with nonprofit issues and workplace environment. Individual workshops are geared for front-line workers, supervisors, management, and executive directors.

Substance Abuse and Mental Health Services Administration - Center for Substance Abuse Prevention (CSAP)

<http://prevention.samhsa.gov>

CSAP designs and implements public education programs that range from raising the awareness about the harms of underage drinking to helping families live a healthy, drug-free lifestyle. Prevention education tools can be found at the website.

Centers of the Application of Prevention Technology (CAPTs)

<http://captus.samhsa.gov>

The Centers for the Application of Prevention Technologies (CAPTs) are regional technical assistance providers for the Center for Substance Abuse Prevention (CSAP), an agency of the Substance Abuse and Mental Health Services Administration (SAMHSA). CSAP and the CAPTs are integral supporters of SAMHSA's mission to create a life in the community for everyone.

The CAPTs assist States/Jurisdictions and community-based organizations in the application of evidence-based substance abuse prevention programs, practices, and policies. The CAPT system is a practical tool to increase the impact of the knowledge and experience that defines what works best in prevention programming.

COURSE INSTRUCTORS

Sa'id Abdur-Rahman, B.S., Technical Assistance and Training Coordinator for Multicultural Leadership Institute, has been involved in human services for the past ten years. He started his career as a substance abuse counselor working with troubled teens, ultimately moving from direct services to management. He credits his experiential knowledge as well as his educational knowledge for his ability to relate to a diverse group of people. His training experience is vast, beginning with HIV/AIDS and substance abuse training in New York and ultimately training the same materials as a consultant for several NYC based organizations. He has a passion for people and strongly believes that his mission in life is to help others. He holds a Bachelors' of Science from State University of New York, Empire College and he resides in Bronx, NY with his wife Vivian and their children. The Creed that Sa'id lives by is "The moment is temporary, the memory is forever!"

Sergio Aguilar-Gaxiola, M.D. is a Professor of Psychology at the University of California at Sacramento. He is a member of the World Health Organization's – CIDI effort, sits on the SAMHSA review committee and is the current President of The National Mental Health Association. His practice and scholarship efforts in Latin America and in the U.S. are concerned with the epidemiology and prevention of mental illness among the Latino population.

Cindy Barry, M.A. is the Assistant Director for Health Education and Community Relations at Ledge Light Health District. She has worked in the field of public health and youth services for 27 years. Ledge Light Health District provides public health services to the citizens of East Lyme, Groton, Ledyard, New London and Waterford, Connecticut and is a leader in youth substance abuse prevention in southeastern CT. You can learn more about the programs they provide by visiting www.ledgelighthd.org

Courtenay E. Cavanaugh, Ph.D. is a NIDA-funded, postdoctoral fellow in the Division of Prevention and Community Research of the Department of Psychiatry at Yale University School of Medicine. Her clinical/research interests focus on the impact of violence on women and children's health and development, including risk and resilience for psychiatric disorders (substance abuse, PTSD, dissociation), and HIV. Her interests also include the development, application, and evaluation of interventions to improve trauma survivors' health. She is actively involved in research focusing on intimate partner violence and substance use in a diverse community sample of women and intervention research for HIV-positive adult survivors of child sexual abuse.

Rick Dematto was previous Director of Special Education for the Waterford Public Schools for twenty-four years. He retired in 2004 and is currently an educational consultant to public schools and human services organizations. Throughout his career, he has been involved in the development and implementation of early childhood education programs, including the Waterford Public School PREPP program and the New London Child and Family Agency's preschool programs at the Smith Bent Children Center. He was one of the original team members who developed the concept of a Waterford/ New London magnet school and became an active member of a LEARN team, which designed and initiated the Friendship School, an early childhood learning center.

Veronica Taylor DeLandro is Program Coordinator at The Governor's Prevention Partnership. She received her B.A. with honors in Broadcast Journalism from Hampton University in Hampton, Virginia. She is currently pursuing a Master's in Public Administration from the University of Connecticut. Veronica joined The Governor's Prevention Partnership staff in 2005. She has led coordination efforts for the Urban Mentoring Initiative. In that capacity she has worked with mentoring programs in seven urban communities to: increase the capacity of existing mentoring programs to serve more children; develop new mentoring programs and models, as appropriate, to address gaps; and identify and leverage additional mentoring resources. In addition, she provides training, technical assistance, and support to over 200 mentoring programs in Connecticut. Veronica was recently appointed by Governor M. Jodi Rell to represent Connecticut at the African American Leadership Summit in Washington D.C.

Desreen Dudley, Psy.D. is a NIDA post-doctoral fellow in the Department of Psychiatry at The Consultation Center, Yale University School of Medicine. She is a member of a research team investigating the relationships among women's victimization, PTSD, substance use, and their use of violence in intimate partner relationships. In addition, Dr. Dudley is part of a team working to develop psychotherapeutic interventions for addressing traumatic symptoms and preventing HIV transmission risk behavior (unprotected sexual behavior and substance abuse) among people living with HIV infection who were sexually abused as children and adolescents. Dr. Dudley has worked with female victims of trauma as well as male perpetrators of violence in inpatient and outpatient and group and individual psychotherapeutic settings. Her research and clinical interests include intimate partner violence, women's sexual and physical abuse, risk behavior intervention and prevention of victimization and perpetration of violence.

Maurice J. Elias, Ph.D. is Professor, Psychology Department, Rutgers University, Leadership Team Vice Chair for the Collaborative for Academic, Social, and Emotional Learning (www.CASEL.org), and Vice President for Program of the Association for Children of New Jersey. His latest books include *Emotionally Intelligent Parenting* (2000) and *Raising Emotionally Intelligent Teenagers* (2002), *Engaging the Resistant Child Through Computers* (www.nprinc.com) and *Building Learning Communities with Character: How to Integrate Academic, Social, and Emotional Learning* (ASCD).

Donna B. Fedus, M.A. is a Gerontologist and Coordinator of Elder Programs at The Consultation Center, Yale University School of Medicine. Ms. Fedus develops health promotion programs to meet the needs of elders and families in the community, and provides training and consultation to private non-profit agencies and businesses. Previously, Ms. Fedus directed one of the largest hospital-based health promotion programs for seniors in the country, and has worked with private clients regarding gerontological training, event and program development, customer service initiatives, marketing, public relations and media strategies. Since earning her Master's degree in Social Gerontology from the University of Pennsylvania, Ms. Fedus has nearly two decades of experience as a Gerontologist. Her interests in the field of aging are varied, including business and aging, aging workforce issues, health promotion and wellness, customer service excellence, customer-focused research, communicating with older adults, intergenerational programs, caregiving, advance directives, medical insurance, and promoting the field of gerontology.

Meghan Finley, Ph.D. is currently employed at Yale University School of Medicine, Department of Psychiatry, The Consultation Center in New Haven, CT where she is an Evaluation Consultant. Dr. Finley has 9 years of experience in program evaluation, human services, and early educational fields. She is interested in preventive interventions for children and families in the areas of early education and human services fields. Dr. Finley's research areas of interest include evaluations of early education settings as well as environmental and family-of-origin violence influences on the successful delivery of services for families experiencing violence.

Sylvia Kay Fisher, Ph.D., Program Director for Evaluation at the Child, Adolescent and Family Branch of the Substance Abuse and Mental Health Services Administration, has extensive experience in research, measurement, and evaluation. Her clinical work includes counseling and assessment with diverse clients of all ages. Formerly a research psychologist at the Bureau of Labor Statistics, Sylvia has taught several undergraduate and graduate courses, and has published in numerous professional venues. Her work on Promoting the Healthy Development of Children Living in LGBT Families will appear later this year.

Terry Freeman, M.A.T., L.C.S.W. CPP-R is currently the Director of Adolescent Programs at The Consultation Center. She has over 30 years of experience in education and social service, with special interests in urban education, youth development, group work, management and supervision. Ms. Freeman, a certified secondary school teacher in Connecticut, is a trainer/facilitator for the Youth Development Training and Resource Center, and also serves as a consultant and trainer for schools and community based agencies in the region.

Amy Griffin, M.A. is an Evaluation Consultant at The Consultation Center. She has more than 10 years of experience evaluating prevention programs at the local, state, and national levels. Ms. Griffin also has extensive experience in providing technical assistance and training to state departments and community-based organizations. Her evaluation-related interests include participatory and democratic evaluation methods as well as ecological measurement strategies.

Chris Gullotta is Creative Experiences coordinator for the Glastonbury Youth Services Bureau. She has been recognized as a leader for prevention programming in the state of Connecticut. She has published several articles in respected journals and books discussing how the arts can be used to promote social competency. She is one of the co-authors of the Salmon Program.

Tom Gullotta is Editor Emeritus of the Journal of Primary Prevention and co-edited with Martin Bloom the Encyclopedia of Primary Prevention and Health Promotion. He has written extensively on evidence-based practice in childhood and adolescence and is one of the co-authors of the Salmon Program.

Arthur M. Horne is the Distinguished Research Professor at the University of Georgia. He is the past editor for the Journal for Specialists in Group Work. He has co-authored five books and co-edited four, and has served on editorial boards of seven journals. An active researcher, currently he is the co-investigator of ACT EARLY – a 6-year program funded by the U.S. Department Office of At-Risk Children. ACT Early was developed to identify children at risk for emotional and behavioral problems and facilitate educational prevention and early intervention programs to direct the students into healthier developmental pathways. He is a principal investigator of GREAT Schools and Families, a project designed to reduce violence in schools, funded by the CDC. This project provides teacher, student, and family prevention and early intervention programs developed to impact the educational ecosystem, leading to reduced bullying aggression.

Kerensa Knowles, B.S. is the Community Health Coordinator for Ledge Light District. She has been with Ledge Light Health District for 8 years and currently coordinates the Ledyard Community Underage Drinking Coalition and Tobacco Cessation programs. Ledge Light Health District is committed to the prevention of disease, illness and injury and assuring the condition for which people can be healthy.

Michael Levine, Ph.D. is professor of Psychology and former chair of the Psychology Department at Kenyon College in Gambier, Ohio. He received his Ph.D. in experimental psychology in 1979 from the University of California at Santa Barbara. He currently teaches courses in abnormal psychology, theories of personality, clinical psychology, introductory psychology, childhood psychopathology, and the psychobiology of abnormal behavior. Dr. Levine's special interest is eating problems and their links with preventive education, developmental psychology, and community psychology. Recent publications include: Levine, M. P., Piran, N., & Irving, L. (2003). Primary prevention of disordered eating behavior in adolescents. In T. P. Gullotta & M. Bloom (Eds.), The encyclopedia of primary prevention and health promotion. New York: Kluwer Academic/Plenum Publishers, and Levine, M.P., & Piran, N. (2001). The prevention of eating disorders: Towards a participatory ecology of knowledge, action, and advocacy. In R. Striegel-Moore & L. Smolak (Eds.), Eating disorders: New directions for research and practice (pp. 233-253). Washington, DC: American Psychological Association.

Susan D. McLaughlin, M.P.A., CPP-R is the Prevention Coordinator for Problem Gambling Services of the Connecticut Department of Mental Health and Addiction Services. She oversees the state network of gambling prevention programs and works in collaboration with the state prevention infrastructure and community organizations. She develops and delivers training and education programs, and consults on a variety of local, regional, and state initiatives. Susan's publications include "Work and Family Stress Research Project" and "A Social-Cognitive Approach to the Prevention of Adolescent Substance Abuse" for NIDA, co-authorship of papers in the problem gambling field, and contributing authorship for a college textbook on working with at-risk youth. She is a co-founder of the Connecticut Women's Problem Gambling Project and a member of the Connecticut Partnership for Responsible Gambling. Prior to entering the problem gambling field in 1997, Susan worked with Connecticut youth and families in education and human services for twenty years. She is a nationally certified Prevention Professional.

Jen Messina is Coordinator of Educational Services at the B.P. Learned Mission, the second oldest Settlement House in the United States. Jen's graduate work in primary prevention and health promotion at Harvard University in the School of Education focused on children and adolescents. She is one of the co-authors of the Salmon Program.

Margaret Schofield co-founded Tuesday Preschool (collaborative for financially disadvantaged families), The Clubhouse at Essex Elementary and The Children's House-Toddler House in Centerbrook, CT

David L. Snow, Ph.D. is Professor of Psychology in Psychiatry, Child Study Center, and Epidemiology & Public Health, Yale University School of Medicine and serves as Director of The Consultation Center and Division of Prevention and Community Research in the Department of Psychiatry. Dr. Snow has extensive experience in the design and evaluation of preventive interventions in community settings, primarily the workplace and schools, and in research aimed at identifying key risk and protective factors predictive of psychological and substance use outcomes. Dr. Snow has special interests in the protective and stress-mediating effects of coping and social support, methodological and ethical issues in prevention research, service system development, and technical assistance and organizational consultation. His workplace research has been conducted in various types of work settings ranging from manufacturing to utility to telecommunications companies. Coping with Work and Family Stress: A Workplace Preventive Intervention was developed as part of this research and has been designated as an Evidence-Based Intervention through the National Registry of Effective Programs and as a SAMHSA Model Program.

Deborah S. Stewart, B.A., CPP of The Consultation Center is Project Manager of Connecticut for Community Youth Development (CCYD), Director of the Youth Development Training and Resource Center (YDTRC), and a Staff Consultant for Child and Adolescent programs. Ms. Stewart has worked at both local and state levels advocating for children and their families in four states. In her various capacities at The Consultation Center, responsibilities have included training and consultation to school districts and community agencies; project planning and program development, and successful grant applications to local foundations, state agencies, and national organizations. Ms. Stewart also serves on the board of Public Allies CT and the CT School Age Care Alliance.

Judith A. Stonger, CPP-R currently serves as Associate Director of Prevention, Wellness and Recovery at Wheeler Clinic in Plainville. In that capacity, she directs the Connecticut Clearinghouse statewide library and resource center, DMHAS Best Practice Prevention Programs, Prevent Child Abuse Connecticut Program, Wheeler Clinic's Employee Assistance Programs, two training initiatives with DMHAS and CSSD, and well as overseeing several other initiatives. Ms. Stonger is a Certified Prevention Professional and serves on the Board of Directors of the Connecticut Certification Board as well as other boards, collaboratives, work groups, and initiatives.

Janet Storey is the Program Manager for the DMHAS Prevention Data Infrastructure. She has 24 years of experience in substance abuse prevention and treatment, and program evaluation. She has served as project director on several federally funded studies of community-based preventive interventions, including the CSAP-funded African Family Connection Program, Latino Family Connection Program, and Positive Futures Program Mentoring Initiative. Ms. Storey is also the Evaluation Director for the CT State Incentive Grant - Enhancement Initiative.

Tami P. Sullivan, Ph.D. is an Assistant Professor and Director of Family Violence Research and Programs at The Consultation Center and Division of Prevention and Community Research, Department of Psychiatry, Yale University School of Medicine. Dr. Sullivan directs programs for domestic violence offenders, including a pretrial educational program for men and women arrested for a domestic violence offense and an intensive intervention program for men with more serious domestic violence histories. Dr. Sullivan's research interests focus on understanding the relationships between intimate partner violence, posttraumatic stress, and co-occurring substance use. She is actively involved in research examining precursors, correlates and outcomes of intimate partner violence for women in the community, and is particularly interested in risk and protective factor research.

Jacob Kraemer Tebes, Ph.D. is Associate Professor of Psychology in Psychiatry, Child Study Center, and Epidemiology & Public Health, Yale University School of Medicine. He also serves as Deputy Director of The Consultation Center and Co-Director of the Yale Division of Prevention and Community Research. Dr. Tebes is a leading authority in prevention research, and the development of interventions and services to promote resilience. He has over 20 years of experience in the design and evaluation of community-based programs and services for at-risk populations, has conducted several federally funded prevention trials, and has served as an evaluation consultant in several states. His interests include the promotion of resilience, the prevention of adolescent substance abuse, and community science methodology.

Roger P. Weissberg is Professor of Psychology at the University of Illinois at Chicago where he is Director of Graduate Studies in Psychology and Executive Director of CASEL (THE Collaborative for the Advancement of Social and Emotional Learning). He has been President of the American Psychological Association's Society for Community Research and Action, a recipient of the William T. Grant Foundation's Faculty Scholars Award, and the National Mental Health Association's Lela Rowland Award. He is currently co-editing the Handbook on Social and Emotional Learning with Maurice Elias and Tom Gullotta for Oxford University Press.

Jim Wuelfing, CPP-R is owner of the New England Center, a company dedicated to quality training and technical assistance services. His many specialties include, prevention, community development, cultural competency, curriculum development, strategic planning, peer education, stress management and problem gambling prevention. Mr. Wuelfing has also co-written and co-trained the workshop, "Racism of the Well Intended". He has been on the faculty of the New England School of Alcohol Studies for 12 years and is an on-line faculty member for the Addiction Transfer of Technology Center at Brown University. He is active in his community and has served as chair of the School Committee (Board of Education) for the past five years. Mr. Wuelfing received his BA from Holy Cross College in 1975.

Susan O. Zimmerman, L.C.S.W. is Assistant Clinical Professor in the Department of Psychiatry, Yale University School of Medicine. She is the Director of Adult and Elder Programs at The Consultation Center, Project Director for the Coping with Work and Family Stress Program, and a member of the Division of Prevention and Community Research. Ms. Zimmerman has extensive experience providing organization development and technical assistance consultation, serving as a senior consultant and lead trainer in the development and implementation of preventive interventions particularly in the workplace, and in the behavioral health field. She has designed and implemented a wide array of preventive and community-based programs for adults at-risk for psychiatric disorders, substance abuse, and/or homelessness. She has special interests in service system development aimed at facilitating access to needed services, minimizing duplication of effort and promoting inter-agency collaboration and coordination.

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