The Connecticut Campus Suicide Prevention Initiative (CCSPI) and Manchester Community College are excited to offer the Question, Persuade, Refer (QPR) Training-of-Trainers (TOT) on Friday June 13, 2014 for up to 30 individuals, at no cost to participants.

**About QPR:** Question, Persuade, Refer (QPR) is an emerging mental health gatekeeper training that teaches lay and professional gatekeepers to recognize and respond to someone exhibiting suicide warning signs and behaviors. Like CPR, QPR uses a “chain of survival” approach in which the gatekeeper learns to recognize early suicide warning signs, Question their meaning to determine suicide intent or desire, Persuade the person to accept or seek help, and Refer the person to appropriate resources. The training is delivered in a standardized one-to-two hour multimedia format by certified QPR gatekeeper trainer. QPR gatekeepers receive a QPR booklet as a review and resource tool that includes local referral resources. QPR does not include suicide risk assessment training.

Certified QPR trainers receive a minimum of eight hours of formal instruction, are certified for three-year intervals, and are provided, through the QPR Institute, technical and web-based support, quarterly newsletters, and free program upgrades. After attending this training, you will become a certified QPR trainer and be able to conduct QPR trainings in the community.

**Fees:** There is no cost to participants. Funding for this QPR TOT is provided by the Connecticut Department of Mental Health and Addiction Services (DMHAS) through the Garrett Lee Smith Memorial Act from the Substance Abuse and Mental Health Services Administration (SAMHSA). Priority will be given to individuals who are affiliated with a campus or community suicide prevention effort, and will be based on geographical representation in order to deliver the QPR curriculum throughout Connecticut.

If selected to attend this free Question, Persuade, Refer Training-of-Trainers, certified trainers will be expected to train a minimum of 25 people in the QPR curriculum by December 31, 2014, at no cost to the participants. Trainers will be provided the training materials at the training of trainers.

Please complete the application below and return it to Cathy Sisco at [csisco@wheelerclinic.org](mailto:csisco@wheelerclinic.org) by Monday, June 2, 2014, at 4:00 p.m. You will be notified if you have been selected to attend the QPR Training-of-Trainers by Friday, June 6, 2014. If you have any questions, please contact Cathy Sisco at 860-793-2164 or 1-800-232-4424.

**First Name:** **Last Name:**

**Title/Position:**

**Agency/Organization:**

**Address:**

**City/Town:** **State:** **Zip Code:**.

**E-mail**:

**Are you planning to attend the TOT as part of a local suicide prevention mini-grant effort?**

☐ Yes ☐ No ☐ I don’t know

**Are you involved in local campus/community suicide prevention effort?**

No  Yes, Where:

**Do you have experience training others?**

☐ Yes ☐ No

**Is training others a part of your current job?**

☐ Yes ☐ No

**Are your trained as a trainer in another suicide prevention training?**

☐ No ☐ Yes, please describe:

**Have you attended suicide prevention training?**

☐ No ☐ Yes, please describe:

**If certified, for what potential populations could you provide QPR Training?**

☐ College or University Faculty & Staff

☐ College or University Students

☐ Community Adults

☐ Community Teens

☐ Elementary School Faculty & Staff

☐ Faith-Based Leaders

☐ First Responders

☐ Mental Health Providers

☐ Military Personnel

☐ Parents

☐ Secondary School Faculty & Staff

☐ Secondary School Students

☐ Senior Citizens

☐ Social Service Providers

☐ Other (please specify):

**Are you able to provide QPR training outside of your agency?**

☐ I am only able to train within my agency (my organization and my colleagues)

☐ I am able to train in the larger community and/or statewide

**Please describe:**

**Why do you want to become a QPR certified trainer?**

**I agree that after attending this train-the-trainer opportunity, I commit to train a minimum of 25 people in the QPR curriculum by December 31, 2014.**

**Signature:**