



# Young People in Recovery Video Contest

*Calling all young people in recovery!*

**TurningPointCT.org** is a new website by young people living in recovery from mental health, substance use, and addiction issues. We want to reach young people who aren't getting help and support yet—to help them navigate the system and to show them just how great recovery can be. *Your group's video can help!*

## Step 1

**Get creative with your friends and make a group video.** Show off your dance moves, karaoke nights, trips to amusement parks, block parties, and fun times with your peers and in the community! Share your team spirit and show how recovery builds communities!

- The name of the group or program you belong to should be visible during your video—whether on T-shirts, signs, or the building where your group or program meets.
- Videos should be no longer than 3 minutes, in high resolution.
- Submit your video at [www.TurningPointCT.org](http://www.TurningPointCT.org) (click on Videos) by August 4.

## Step 2

**Check out all the videos and vote for your favorites** between August 5 and August 19.

- Visit [www.TurningPointCT.org](http://www.TurningPointCT.org) on August 5 to watch all the videos.
- Join the “Let's Talk” forum to vote for your favorite video(s).
- Voting closes August 19.

## Step 3

**The top 3 videos will be showcased at TurningPointCT.org's Launch Party on September 3.** The winning team, press, legislators, DMHAS and DCF officials, advocates, and young people will all be there! The winning team will receive t-shirts and other prizes—as well as statewide attention!