

Tobacco Merchant and Community Education Campaign Mini-Grants Awarded

Wheeler Clinic's Connecticut Clearinghouse, in collaboration with the Department of Mental Health and Addiction Services (DMHAS) Prevention and Intervention Unit's Tobacco Prevention and Enforcement Program, recently awarded five mini-grants to organizations throughout the state. The mini-grant program is one component of the comprehensive DMHAS Tobacco Merchant and Community Education Campaign administered by the Clearinghouse.

The goal of the mini-grant program is to use environmental evidence-based prevention strategies and community collaboration to accomplish one or more of the following goals:

- increase awareness of the negative effects of tobacco use
- increase cessation services for at-risk populations
- change availability, policies, and community norms regarding tobacco use
- provide public education and increase awareness among underage youth regarding tobacco access.

The awardees are: American Lung Association of Connecticut in East Hartford, Ledge Light Health District in Groton, Rushford in Middletown, Seymour Public Schools in Seymour, and True Colors, Inc. in Manchester.

The mini-grant program is part of a larger campaign that includes the design and dissemination of educational materials to tobacco merchants across the state. The goal of this initiative is to eliminate the illegal sale of tobacco products to minors. For more information on the Tobacco Merchant and Community Education Campaign or the mini-grant program, please call the Clearinghouse at 800.232.4424 or visit www.ctclearinghouse.org.



Grantees Kelly Stickles and Angie Testa (American Lung Association of CT), Robin McHaelen (True Colors, Inc.), Judith Stonger (Wheeler Clinic), Sarah Poku (True Colors, Inc.), Michelle Hamilton (Ledge Light Health District), Kai Juanna Stephenson and Felicia Goodwine-Vaughers (Rushford) met recently at Connecticut Clearinghouse to discuss their mini-grant projects.



New Curricula



Life Skills Training: Parent Program: A Guide For Raising Drug-Free Youth

Life Skills Training: Promoting Health And Personal Development: High School

Life Skills Training. Level 1, Grades 6/7: Promoting Health And Personal Development

Life Skills Training. Level 2, Grades 7/8: Promoting Health And Personal Development

Life Skills Training. Level 3, Grades 8/9: Promoting Health And Personal Development

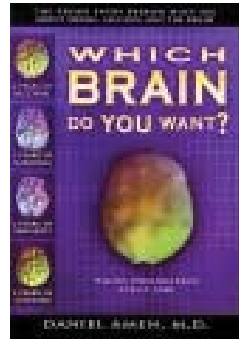
Connecticut Clearinghouse is the state's library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness and other related topics.



First Friday Film Festival

March 7, 2008

Which Brain Do You Want? - Dr. Daniel G. Amen discusses how the brain works, what happens when the brain “misfires”, the physical impact of drugs and alcohol on brain function, and ways to improve the brain. Teens talk about how their choices, to use or not use drugs and alcohol, affect their lives. (47 minutes)



First Friday Film Festivals are held on the first Friday of every month at 3:00 PM in the Connecticut Clearinghouse Conference Room. New audiovisuals are screened and a discussion follows. Join us for popcorn and a movie!



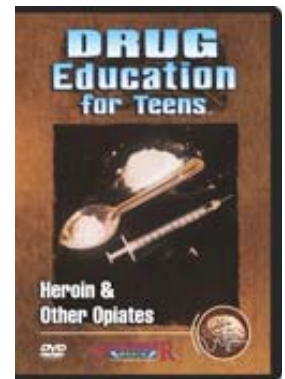
New Audiovisuals

Cocaine and Crack - Explores the history of cocaine and examines its impact on the individual and society. With animations and first-person accounts, viewers learn the facts about the effects of using both the powder and crystal forms of cocaine. This program explores the cycle of tolerance, physical dependence and addiction that many abusers face and highlights the physical and psychological damage that occurs as cocaine changes the brain’s chemistry.

For the Child: Information on Mental Health and Advocacy for Resource Parents - This program aims to help foster parents and kinship care providers be effective advocates for the children in their care. Navigating the local mental health service delivery system; understanding the most common children’s mental health problems; and recognizing the rights and responsibilities of foster children, birth parents, kinship providers, foster parents and caseworkers are discussed. Available in Spanish - *Para El Niño: Información Sobre Salud*

Mental y Abogacia Para Padres De Crianza

Heroin and Other Opiates - Viewers learn how highly effective pain relievers such as morphine and codeine work in the brain and body, while getting a look at the dangers of one of the most widely used illegal drugs in the world - heroin. Uses graphics and animations to illustrate the immediate physiological effects of abuse, and contains a mix of expert interviews and first-person testimonies.



Marijuana - Explores the physical consequences of abuse and the controversy surrounding marijuana’s medicinal uses. Animations give viewers an in-depth look at the short- and long-term impact that marijuana has on the brain. Interviews with users and experts explain the effect that marijuana can have on the motivation, memory and well-being of even the most casual user.



New Books

Group Counseling And Psychotherapy With Children And Adolescents: Theory, Research, And Practice

Courier Online

The e-newsletter of
Wheeler Clinic's
Connecticut Clearinghouse

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Plainville, CT 06062

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www.ctclearinghouse.org
info@ctclearinghouse.org

Library Hours

Mon, Tues, Weds, Fri 8:30 - 5:00
Thurs 8:30 - 7:30

Connecticut Clearinghouse is funded
by the Connecticut Department of
Mental Health and Addiction Services



"I use Connecticut Clearinghouse for Therapeutic Behavior Management trainings and recertifications. I appreciate the comfortable training space and the professionalism and courtesy of the Clearinghouse staff."

Frederick A. Dahl, School Psychologist at Wheeler Clinic's Northwest Village School

Share this newsletter with a friend or colleague.

Contact Connecticut Clearinghouse at info@ctclearinghouse.org to request your monthly copy of *Courier Online*.



New Pamphlets

5 Smart Steps To Managing Anger

Drinking: What's Normal, What's Not

Heads Up: Real News About Drugs & Your Body



Heads Up: Real News About Drugs & Your Body (Compilation of 2006-07)

Heads Up: Real News About Drugs & Your Body (Year 4)

La Violencia Al Salir En Pareja: Hechos Que Debe Conocer

Learn About Being A Great Mentor

Los Adolescentes Y La Violencia: Intimidar: ¡Ya Basta!

Medications For Mental Illness

Serie De Reportes: La Heroína: Abuso Y Adicción

The Buzz Takes Your Breath Away Permanently: Misuse Of Prescription Pain Relievers Can Kill You

You Can Hurt Your Unborn Baby: Think Before You Drink



New Fact Sheet

Traditional Therapies Used To Treat Mental Illnesses

Evidence-Based Programs

A new web page has been developed by the Substance Abuse and Mental Health Services Administration to identify evidence-based programs and practices that can prevent and/or treat mental and substance use disorders. "*A Guide to Evidence-Based Practices on the Web*", found at

www.samhsa.gov/ebpWebguide,

features 37 websites that contain

information about specific evidence-based interventions or provide comprehensive reviews of research findings.

The listings in the guide can be browsed by content area, age group, or treatment setting. Each listing includes the organization name, a link to its website, a brief explanation of the program, and the intended audience.



New Posters

Do Drugs Kill? Ask The Survivors

Drinking Wastes Your Potential

The Buzz Takes Your Breath Away Permanently

Everybody Doesn't Drink (College Students)

Improve Your Game: Sports & Tobacco Don't Mix

