

COURIER ONLINE



The newsletter of the state's library and resource center for information on substance use and mental health disorders, prevention, health promotion and wellness, treatment and recovery, and other related topics.

Connecticut Clearinghouse will host a combined **Open House & First Friday Film Festival** in recognition of National Problem Gambling Awareness Week, March 1 - 7 2009.

YOUTH GAMBLING What Parents, Coaches, Teachers & Treatment Providers Need to Know



A Discussion on Youth Gambling

- The impact of culture & media
- Signs of a gambling problem
- Where to find help

Learn what you can do to help young people reduce their risk of developing gambling problems.

Presented by

Susan McLaughlin, MPA, CPP

Primary Prevention Services Coordinator

Problem Gambling Services

Department of Mental Health & Addiction Services

and

Joseph Puzzo, MA

Consultant

Substance Abuse Action Council of Central Connecticut

Friday, March 6, 2009

3:00 p.m.

**Presentation, Videos, Curricula,
Resource Materials & Refreshments**

**Please RSVP to
800.232.4424**

The videos **HOOKED ON SPORTS**, **21**, AND **PLAY TO WIN** will be screened.



Connecticut Clearinghouse, a program of Wheeler Clinic, is funded by the Connecticut Department of Mental Health and Addiction Services.

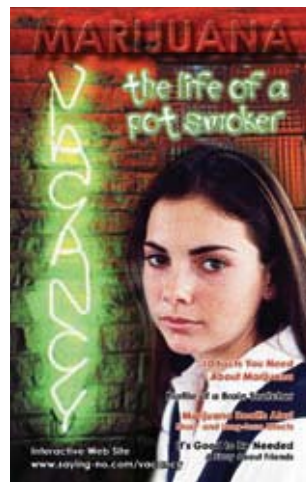


Upcoming issues of *Courier Online* can be delivered to your inbox by sending your name and e-mail address to:
info@ctclearinghouse.org or call Connecticut Clearinghouse at 1.800.232.4424.



New Pamphlets

25 Cosas Que Todos Deben Saber Acerca De Los Abusivos
25 Things Everyone Should Know About Bullying
37 Hechos Sobre Las Drogas Que Dan Susto Pero Son Ciertos
Alcohol: Drug Undercover
Help On The Way: Anxiety
Helping Potentially Violent Children
Marijuana: The Life Of A Pot Smoker
Sexual Violence



New Fact Sheets

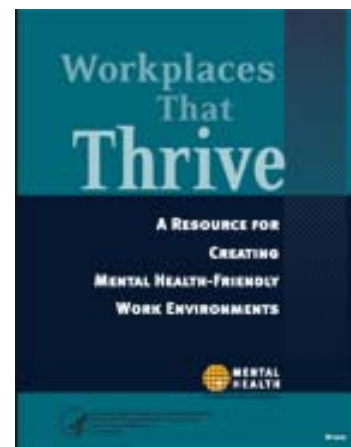
Pressures On Today's Teens
Think Drug Use Doesn't Hurt Anyone?
Think Twice

Go to
DIRECTORY OF PAMPHLETS, FACT SHEETS & POSTERS
at www.ctclearinghouse.org
for a complete listing of these Connecticut Clearinghouse materials.



New Books

Fatherhood Initiative Of Connecticut: 2009 Family Services Directory
Legacy Of Survival: A Next-Steps Guide For Survivors By Survivors, Created By The Victim/Survivor Advisory Council
Monitoring The Future: National Results On Adolescent Drug Use: Overview Of Key Findings, 2007
Monitoring The Future: National Survey Results On Drug Use, 1975-2007
Participatory Dialogues: A Guide To Organizing Interactive Discussions On Mental Health Issues Among Consumers, Providers, And Family Members
Workplaces That Thrive: A Resource For Creating Mental Health-Friendly Work Environments





New Audiovisuals

Search the **RESOURCE CATALOG** located at www.ctclearinghouse.org for Books, DVDs and Curricula available for loan from Connecticut Clearinghouse.

I Can Communicate Series - This three-part series teaches young viewers many essential communication skills. Engaging vignettes demonstrate the importance of listening attentively, making eye contact, asking questions for clarification, and being respectful of others. Helps young viewers understand the importance of the non-verbal messages that we send through our body language and tone of voice. (Grades 3-6)

Lost In Woonsocket - Missing for years from their families, two alcoholics are discovered hiding in the woods of Woonsocket, R.I. by a film crew. A series of coincidences lead to reunions with their families, signifying the power of love and forgiveness.

Teen Depression: Signs, Symptoms & Getting Help - Real teens from diverse backgrounds talk about their struggles with depression and their strategies for recovery. Teens learn the warning signs of depression; that resorting to alcohol and drugs only makes depression worse; and that seeking help is an act of strength, not weakness. The program describes different kinds of depression and explains that depression can result from a variety of genetic, biological, and social causes.

Things We Lost In The Fire - After losing her husband to an act of violence, a widow lets her husband's best friend, a drug user, move closer to her family as together they try to recover from the loss.



Eileen Thoma from the University of Connecticut Health Center joins Jeri Fazzalaro and Ploynapas Levitt of the Department of Economic and Community Development - Office of Housing Development and Finance as they review curricula and books at a recent visit to Connecticut Clearinghouse.

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The e-newsletter of
Wheeler Clinic's
Connecticut Clearinghouse

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Plainville, CT 06062

800.232.4424 (TTY) or 860.793.9791 (TTY)

www.ctclearinghouse.org
info@ctclearinghouse.org

Library Hours

Mon, Tues, Weds, Fri 8:30 - 5:00
Thurs 8:30 - 7:30

Connecticut Clearinghouse is funded
by the Connecticut Department of
Mental Health and Addiction Services