

COURIER ONLINE



The newsletter of the state's library and resource center for information on substance use and mental health disorders, prevention, health promotion and wellness, treatment and recovery, and other related topics.

INHALANTS: THE NEW PREVENTION MESSAGES



Open House

Wednesday, June 24th

Presentation at 3:00 p.m.

Resources and Refreshments

RSVP Requested
1.800.232.4424

Presented by

Janet Hayes

Connecticut Clearinghouse
and
CT Inhalant Task Force

- Learn the different audience-specific messages needed for discussing inhalants.
- Discover the latest techniques for implementing the new prevention messages.



Sponsored by Connecticut Clearinghouse and Connecticut Inhalant Task Force



June 5, 2009

First Friday Film Festival

First Friday Film Festivals are held on the first Friday of every month at 3:00 p.m. in the Connecticut Clearinghouse Conference Room.

New audiovisuals are screened and a discussion follows.
Join us for popcorn and a movie!

MANCHILD - Tommy is a young man who works hard to make it to graduation, to be a good friend and boyfriend, and to raise his three sisters. On his 18th birthday, Tommy must think about his past and his future, and to define for himself what it means to be a man. (17 min.)

BITTER MEMORIES - Rob is a young man who grows up watching his father abuse his mother. When jealousy brings Rob face to face with his own violent tendencies toward women, he confronts his father's behavior so he can learn how to be "un hombre vero." (14 min.)



Connecticut Clearinghouse, a program of Wheeler Clinic, is funded by the Connecticut Department of Mental Health and Addiction Services.



SCREENING FOR TOBACCO, ALCOHOL AND OTHER DRUG USE

Primary Care physicians have great potential for screening patients with drug problems and referring them to treatment before they develop full-blown addictions or related health problems. However, many doctors say they lack the training and tools to conduct screenings for addictions.

A new online tool and other resources will help primary care physicians screen their patients for alcohol, tobacco and other drug problems, according to the National Institute on Drug Abuse (NIDA).

Based on the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST), the NIDAMED physician outreach program includes a new Web-based training tool, a companion quick-reference guide, and a comprehensive screening resource guide for physicians. Waiting room postcards, urging patients to discuss their drug use with their physicians, are provided.

For more information about NIDAMED and to access the online screening tool and other materials go to: <http://nida.nih.gov/nidamed/screening/>



Search the **RESOURCE CATALOG** located at www.ctclearinghouse.org for Books, DVDs and Curricula available for loan from Connecticut Clearinghouse.

Go to **DIRECTORY OF PAMPHLETS, FACT SHEETS & POSTERS** at www.ctclearinghouse.org for a complete listing of these Connecticut Clearinghouse materials.



Your Money, Your Life

Connecticut Money School (CMS) provides free financial education for adults and seniors. CMS believes that everyone should have the opportunity to be financially stable and successful, and that money “know how” is for everyone - you don’t have to be rich. Classes are offered in Bridgeport, New Haven and Hartford.

Class Topics Include:

Debt - Savings - Credit - Loans
Health Care - Home Ownership

Senior Issues (Long-Term Care, Retirement, Fraud Prevention)

Currently CMS is recruiting students who are interested in learning more about how to manage their money, and instructors who can help teach quality financial education.

For additional information about Connecticut Money School go to www.ctmoney.org or call Ellen Carter at 860.951.2212 ext. 230.

CMS is a project of the Connecticut Association for Human Services (CAHS) and five nonprofit partners.



New Posters

Contrary To Popular Belief, Straight People Do Not Have A Monopoly On Abusive Relationships

Smoking Is Ugly (Christy Turlington)



New Pamphlets

138 Ways To Beat The High Cost Of Living

Cómo Conservar Su Nuevo Trabajo

How Violence In The Family Affects Children

Keeping Your New Job

Raising Your Grandchild: A Tough But Rewarding Job

Se Siente Tan Mal: Pero No Tiene Que Ser Así

Understanding Adverse Childhood Experiences



New Curricula

Active Parenting Of Teens [Kit]

The Conflict And Communication Activity Book: 30 High-Impact Training Exercises For Adult Learners - Bill Withers, Keami D. Lewis

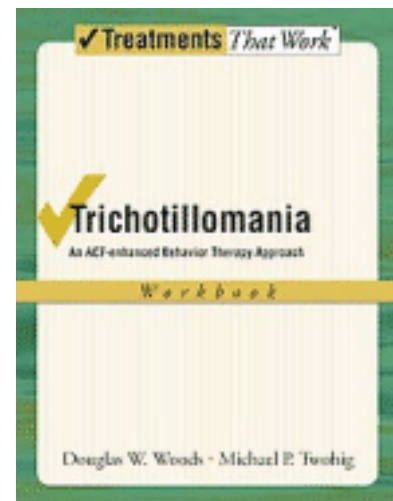
Get Creative About Respite: A Parent's Guide And A Child/Adolescent Guide For Families And Caregivers - Prepared For The Connecticut Department Of Public Health By The Connecticut Lifespan Respite Coalition, Inc.

Healing The Trauma Of Domestic Violence: A Workbook For Women - Edward S. Kubany, Mari A. McCaig, Janet R. Laconsay

Messages: The Communication Skills Book - Matthew McKay, Martha Davis, Patrick Fanning

Parenting Skills Homework Planner - Sarah Edison Knapp

Trichotillomania: An ACT-Enhanced Behavior Therapy Approach: Therapist Guide And Workbook - Douglas W. Woods, Michael P. Twohig



Upcoming issues of *Courier Online* can be delivered to your inbox by sending your name and e-mail address to: info@ctclearinghouse.org or by calling Connecticut Clearinghouse at 1.800.232.4424.



New Books

Adolescent Substance Abuse: Psychiatric Comorbidity And High-Risk Behaviors - Yifrah Kaminer, Oscar G. Bukstein, Editors

Be Confident In Who You Are - Annie Fox
Domestic Violence Resource Guide

Eight Stories Up: An Adolescent Chooses Hope Over Suicide
- Dequincy A. Lezine

The Essential Guide To Psychiatric Drugs
- Jack M. Gorman

The Family Intervention Guide To Mental Illness: Recognizing Symptoms And Getting Treatment - Bodie Morey, Kim T. Mueser

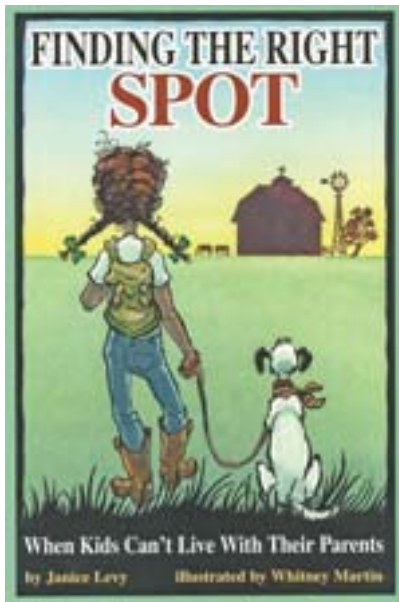
Finding The Right Spot: When Kids Can't Live With Their Parents - Janice Levy, Whitney Martin, Illustrator

Full Mouse, Empty Mouse: A Tale Of Food And Feelings - Dina Zeckhausen, Brian Boyd, Illustrator

Getting Sober: A Practical Guide To Making It Through The First 30 Days - Kelly Madigan Erlandson

Home Is Where We Live: Life In A Shelter Through A Young Girl's Eyes - B.L. Groth, Photographer, Kimiko, Book Designer

Interviewing Clients Across Cultures: A Practitioner's Guide - Lisa Aronson Fontes
Los Programas Que Ayudan A La Gente En Connecticut



The Mindful Woman: Gentle Practices For Restoring Calm, Finding Balance And Opening Your Heart - Sue Patton Thoele

One - Kathryn Otoshi

Overcoming The Fear Of Fear: How To Reduce Anxiety Sensitivity - Margo C. Watt, Sherry H. Stewart

Programs That Help People In Connecticut: A Guide For Agencies

Sexual Orientation And Gender Expression In Social Work Practice: Working With Gay, Lesbian, Bisexual, And Transgender People - Deana F. Morrow, Lori Messinger, Editors

The Social Branding Dogma - Jeff Jordan

Spent: Break The Buying Obsession And Discover Your True Worth - Sally Palaiian

Substance Abuse: A Guide For Health Professionals - Manuel Schydlower, Editor.

The Teen Brain Book: Who And What Are You? - Dale Carlson, Carole Nicklaus, Illustrator

Thinking Simply About Addiction: A Handbook For Recovery - Richard S. Sandor

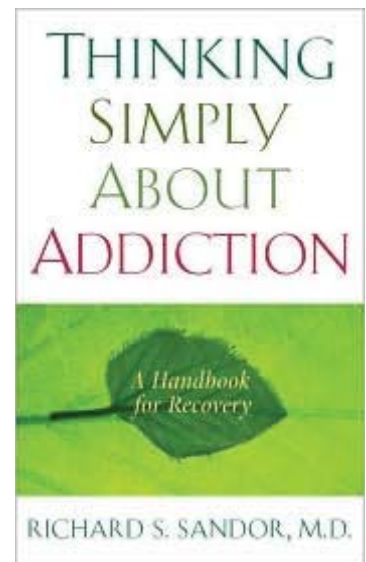
Treating PTSD In Battered Women: A Step-By-Step Manual For Therapists And Counselors - Edward S. Kubany, Tyler C. Ralston

Treatment Of Childhood Disorders - Eric J. Mash, Russell A. Barkley, Editors

True Colors: Sexual Minority Youth And Family Services Of Connecticut: Resource Guide

Violent Partners: A Breakthrough Plan For Ending The Cycle Of Abuse - Linda G. Mills

Voices Of Alcoholism: The Healing Companion: Stories For Courage, Comfort, And Strength - The Healing Project, Editor

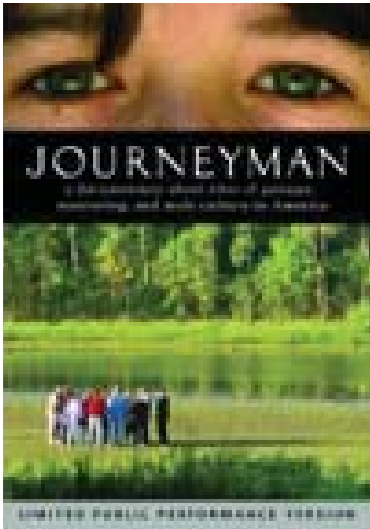




New Audiovisuals

Intervention. Episode 68, Allison - The story of a young woman with a history of child abuse and abandonment. Her family members attempt an intervention out of concern for her self-destructive behaviors, including anorexia, self-mutilation, and most significantly, her frequent abuse of computer dust cleaner.

Journeyman: A Documentary About Rites Of Passage, Mentoring, And Male Culture In America - Focuses on the worlds of two boys from fatherless households,



who are dealing with gangs, violence, and depression. Viewers will hear from some of the nation's leading experts on "boy culture," who illuminate many of the cultural and societal barriers to boys' success. The program highlights why many men are reluctant to mentor and why mentoring is an invaluable experience for men and the boys they guide.

Misunderstood - Twin brothers Devon and Keshon rely on each other for their daily survival. When they find themselves attracted to the same girl, a rivalry builds that leads to deeper questions about how society judges boys and men. The film examines masculinity by addressing family, relationships, decision-making and rites of passage.

Opening Doors, Opening Minds. Episode One: Growing Up With Mental Illness - Stories offering honest and sometimes painful looks at children living with mental illnesses. Each child's story offers hope for the future, and invites viewers to examine how they view mental illness within their families and their communities.

Opening Doors, Opening Minds. Episode Two: Adults Living With Mental Illness - An open and honest look at how mental illness impacts the lives of two adults from very different backgrounds who live with different illnesses. Amy and Richard reveal their personal and powerful stories in a way that will make you laugh, cry, and feel hope for the future.

Opening Doors, Opening Minds. Episode Three: Family Impact - Mental illness impacts the family and extended family in a variety of ways. This program examines how siblings, parents, spouses and others handle the day-to-day work of supporting a loved one with mental illness. How do these individuals find support in the community? What unique problems do they encounter? How do they best help their loved one?

The Real True And False About Alcohol, Marijuana, And Inhalants - The impression many middle school students have about drugs is that "everybody's using them." That misinformation may influence students to take their first step through the gateway provided by alcohol, marijuana, or inhalants. Hosted by high school students, this engaging, fact-filled program uses a lively "pop quiz" format that guides middle schoolers through the myths and truths of specific drugs.

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The e-newsletter of
Wheeler Clinic's
Connecticut Clearinghouse

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Plainville, CT 06062

800.232.4424 (TTY) or 860.793.9791 (TTY)

www.ctclearinghouse.org
info@ctclearinghouse.org

Library Hours

Mon, Tues, Weds, Fri 8:30 - 5:00
Thurs 8:30 - 7:30

Connecticut Clearinghouse is funded
by the Connecticut Department of
Mental Health and Addiction Services