



Resources on Dating Violence And Healthy Relationships Available at Connecticut Clearinghouse

For more information about these resources please visit www.ctclearinghouse.org and click on Resource Catalog or call 800.232.4424

Audiovisuals

Abusive Relationships: Get Help, Get Out (DVD)

Summary: Many teens think an abusive relationship is usually a guy hitting a girl and just beating her," observes one of the teens in this program about abuse in adolescent relationships. What this young woman already knows, and viewers will soon discover, is that abuse comes in many different forms, and it can be hard to recognize at first. Teenagers of diverse backgrounds, speak frankly about their experiences with dating violence. What makes this program particularly unique are the stories from a male victim as well as siblings and friends. The program is organized into sections that first raise awareness about how to identify abuse and then answers important questions: What happens next? Why not leave? When did you realize? How do you get out? Who can help? Where do you go from here? What would you tell others? This program also raises awareness about the various resources available -- teachers, counselors, friends, parents -- and encourages bystanders to speak out.

Abusive Relationships And Acquaintance Rape (VHS)

Summary: This program was developed to identify types of abuse (emotional, physical and sexual), explain the reasons why it exists (why people abuse, why victims stay, the effects on the victim's self-esteem) and detail the steps of getting out of an abusive relationship. High school and college age students describe their own experiences while segments from experts offer advice on how to identify and leave abusive relationships.

B Careful When U Txt: The Dangers Of Texting And Sexting (DVD)

Summary: Using dramatic scenarios as well as first person experiences, this program: explores the positive and negative sides of mobile devices; gives viewers a primer on the do's and don'ts of text messaging, including the laws on privacy and child pornography; provides information on setting and maintaining personal boundaries; shows viewers how to deal with unforeseen consequences; and underscores the need to "think before you click."

Bitter Memories (DVD)

Summary: Rob is a young man who grows up watching his father abuse his mother. When jealousy brings Rob face to face with his own violent tendencies toward women, he confronts his father's behavior so he can learn how to be "un hombre vero."

Causing Pain: Real Stories Of Dating Abuse And Violence (DVD)

Summary: This DVD encourages teens and adults to openly discuss respect as a choice as a choice and to make sound relationship decisions. The DVD contains two video programs of true stories of teens, parents, and professionals who have been in, or who have witnessed abusive relationships. The first part is 13-minutes and is geared towards teens, while the second part is 30-minutes and is aimed at parents and other adults. Both videos describe experiences and insights, so that teens and parents can recognize and prevent dating abuse in their own lives or in the lives of their friends

A Date With Rape: Violence On Trial (VHS)

Summary: This program discusses a criminal trial of a college senior charged with forcible rape against a high school girl; viewers learn that date rape is a serious crime with serious consequences

Dating And Violence Should Never Be A Couple (DVD)

Summary: Teenagers talk about their personal experiences with dating violence to raise awareness of the problem and to highlight the need for effective prevention strategies

Generation M: Misogyny In Media And Culture (DVD)

Summary: Despite the achievements of the women's movement over the past four decades, misogyny remains a persistent force in American culture. In this important new documentary, Thomas Keith, Professor of Philosophy at California State University, Long Beach, looks specifically at misogyny and sexism in mainstream American media, exploring how negative definitions of femininity and hateful attitudes toward women get constructed and perpetuated at the very heart of our popular culture. The film tracks the destructive dynamics of misogyny across a broad and disturbing range of media phenomena: including the hyper-sexualization of commercial products aimed at girls, the explosion of violence in video games aimed at boys, the near-hysterical sexist rants of hip-hop artists and talk radio shock jocks, and the harsh, patronizing caricatures of femininity and feminism that reverberate throughout the mainstream of American popular culture. Along the way, Generation M forces us to confront the dangerous real-life consequences of misogyny in all of its forms--making a compelling case that when we devalue more than half the population based on gender; we harm boys and men as well as women and girls.

In The Mix Discussion Starters (VHS)

Summary: Contains brief (3-8 minute) reality based segments for teens on the following topics: drinking and driving; substance abuse; AIDS; depression; guns and violence; drugs and violence; peer mediation; dating violence; solutions to racism; teen activists; job interviews; volunteerism; and parents.

It Ain't Love (VHS)

Summary: A documentary that looks at the problems of control and violence in teen dating relationships. *Strong language

It's Not Like I Hit Her (DVD)

Summary: Mixing dramatic vignettes with interviews, this program examines emotional abuse directed at women by their male partners. It's not about arguing or disagreeing; it is about chronic criticism, verbal degradation, intimidation and isolation imposed on women to keep them in a socially and emotionally unsupported position. The aim, and the result, is to wear down and destroy women's self-esteem and their spirit. Both male

and female viewers learn the basis for this kind of behavior in males. Tools for confronting and ending this type of abusive behavior and the treatment options available for abusers are covered. *Strong language.

Love Hurts (VHS)

Summary: This ABC After School Special examines the abusive relationship between two high school students

Me, Myself & i (DVD)

Summary: A high school girl learns to make choices for herself regardless of what others think. Addresses gender stereotypes, peer pressure and self-confidence.

No! Confronting Sexual Assault In Our Community (DVD)

Summary: No! provides a comprehensive lens through which to examine the impact of sexual violence on black women and girls -- calling to task in particular the behaviors and attitudes of black men in reinforcing a cultural assault ... No! includes messages from violence prevention advocates as well as testimonials from survivors who defy victimization.

PeaceTalks (VHS)

Volume 6: Handling dating pressures and harassment

Summary: Filmed across America, in real schools with real students, PeaceTalks helps young people to prevent and reduce violence by choosing to avoid or deescalate conflicts and avoid risk factors for violence such as alcohol, drugs, guns and gang membership.

Recognizing Unhealthy Relationships (VHS)

Summary: A group of young people discusses warning signs of an unhealthy relationship, and most importantly, offers suggestions for getting out and seeking help. This video also includes factual information presented by psychologists and social workers.

Teen Safety: Dating & Relationships: Knowledge Is The Key To Keeping You Safe (DVD)

Summary: Provides information about date rape drugs and how they work. Demonstrates six strategies to prevent date rape and more.

Tough Guise: Violence, Media, And The Crisis In Masculinity (VHS)

Summary: Looks systematically at the relationship between the images of popular culture and the social construction of masculine identities in the U.S. at the end of the 20th century. Jackson Katz argues that there is a crisis in masculinity and that some of the guises offered to men as a solution (e.g., rugged individualism, violence) come loaded with attendant dangers to women, as well as other men.

Toxic Relationships: The Next Generation Speaks Out (VHS)

Summary: High school students discuss their experiences with disrespect, jealousy, obsessive demand, isolating behaviors, and sexual abuse in dating relationships.

Twisted Love: Dating Violence Exposed (DVD & VHS)

Summary: Examines the problem of dating violence

Violence And Conflict Resolution (DVD & VHS)

Summary: Dramatic vignettes illustrate: possible consequences of arguments erupting into physical violence, results of vengeful actions, and the dangers of abusive relationships. Classroom activities examine additional instances of violent behavior. Appropriate violence intervention strategies are discussed.

Books

Alternatives To Violence: Empowering Youth To Develop Healthy Relationships / David A. Wolfe, Christine Wekerle, Katreena Scott
362.8292 W853

But I Love Him: Protecting Your Teen Daughter From Controlling, Abusive Dating Relationships / Jill Murray
306.73 M982

Can You Relate? : Real-World Advice For Teens On Guys, Girls, Growing Up, And Getting Along / by Annie Fox
YOUTH 305.235 F791

Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn To Use The Internet Safely And Responsibly / Nancy E. Willard
Table Of Contents: <http://www.loc.gov/catdir/toc/ecip076/2006100388.html>
305.235 W694

Cyberbullying And Cyberthreats: Responding To The Challenge Of Online Social Aggression, Threats, And Distress / Nancy E. Willard
305.235 W694C

Cyber Rules: What You Really Need To Know About The Internet / Joanie Farley Gillispie & Jayne Gackenbach
305.235 G481

Facing Violence: Discussion-Starting Skits For Teenagers / R. William Pike
YOUTH 303.6 P635

Family Violence Across The Lifespan: An Introduction / Ola Barnett, Cindy L. Miller-Perrin, and Robin D. Perrin
362.8292 B261

In Love And In Danger: A Teen's Guide To Breaking Free Of Abusive Relationships / Barrie Levy
YOUTH 306.73 L668

Respect: A Girl's Guide To Getting Respect And Dealing When Your Line Is Crossed / by Courtney Macavinta and Andrea Vander Pluym
YOUTH 158.1 M117

When Something Feels Wrong: A Survival Guide About Abuse For Young People /
Deanna S. Pledge
YOUTH 362.76 P724

Curricula

Living A Legacy: A Boys Council Rite Of Passage

Summary: Young men gain skills and knowledge to navigate growing up male in today's society through the introduction of topics and experiential activities that address a myriad of relevant challenges - safely, powerfully, and within a spirit of "council" connection. Boys will explore: relationships, conflict resolution, education, leadership, community service, diversity, mass media messages, personal values, integrity, and future goals. For ages 14-18.

Love Is Not Abuse: A Teen Dating Violence Prevention Curriculum

Summary: The Love Is Not Abuse Curriculum is a step-by-step guide to teaching high school students about the issue of dating violence. Using literature and poetry, this program provides teachers with the tools to teach about this sensitive subject and is intended to be taught in either Health or English/Language Arts classes.

Relationships And Communication Activities

Summary: Includes 90 ready-to-use worksheets for grades 7-12

Safe Dates Program

Summary: Dating violence prevention program with three components: 1. Dramatization/play. 2. nine-session curriculum
3. Poster contest

Standing Together: A Boys Council Journey Into Respect

Summary: This guide provides engaging ways to address common themes which pre-teens and early adolescents encounter, including breaking down social-cultural barriers, motives and actions around put-downs, knowing their personal rights, defining assumptions about male power, respecting others' physical boundaries, understanding and using the energy of strong emotions, and standing up for each other in community. For ages 9-14.

The Teen Relationship Workbook: For Professionals Helping Teens To Develop Healthy Relationships And Prevent Domestic Violence

Unequal Partners: Teaching About Power And Consent In Adult-Teen And Other Relationships

Summary: Helps professionals educate young people to make healthy decisions about relationships, especially those involving the power imbalances that can occur when there are significant age differences.

Wise Guys: Male Responsibility Curriculum

Summary: Designed to prevent adolescent pregnancy by reaching adolescent males.

Young Men's Work: Stopping Violence And Building Community: A Multi-Session Group Program

Summary: Teaches male students how to confront the beliefs that lead to their violent behavior. Shows how to recognize and challenge these beliefs and behaviors and introduces alternative behaviors for healthier, more positive outcomes. Includes a facilitator's guide, workbook and video.

Young Women's Lives: Building Self-Awareness For Life: A Multi-Session Curriculum

Summary: Provides facilitators with lessons, exercises and activities designed to help young women develop self-respect, along with a repertoire of skills for creating healthy relationships with friends, allies and dating partners. Includes a facilitator's guide, workbook and video.

The Youth Relationships Manual: A Group Approach With Adolescents For The Prevention Of Woman Abuse And The Promotion Of Healthy Relationships

Summary: Designed to build strengths, resilience, and coping, this manual presents proactive, competency-building approaches to promoting nonviolent relationships and preventing cycles of violence.