

Firearm suicide prevention

Wheeler Clinic/Connecticut Clearinghouse September 28, 2023

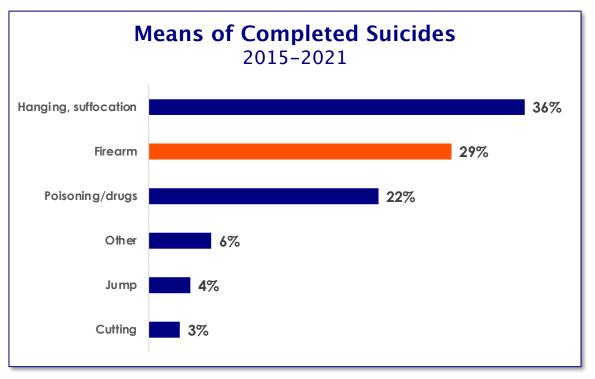


To make progress on ending suicide in CT, we must address firearm suicide.

To make progress on ending gun violence in CT, we must address firearm suicide.



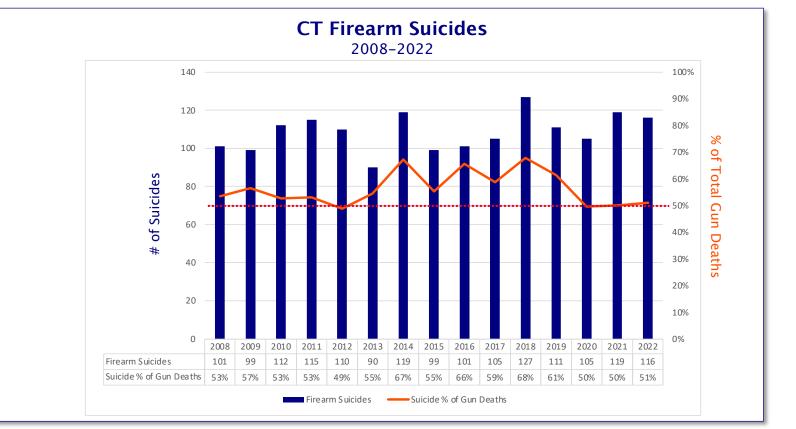
Firearms 2nd leading cause of suicide in CT...



Source: CT Dept of Public Health, Violence Death Reporting System

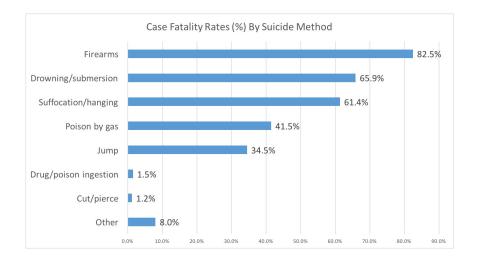


...and suicide accounts for at least half of gun deaths



Source: CT Chief Medical Examiner Office

Firearms exacerbate suicide



- Highest fatality rate of any means¹
- Firearm owners at substantially higher risk of completed suicide²
 - -8x higher for men
 - -35x higher for women



Sources: (1) American Journal of Public Health, 2000 (2) Stanford Medicine, Jun 2020

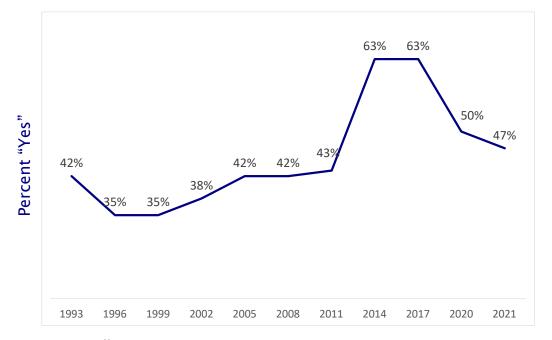
Strategies for firearm suicide prevention

	Gun Owner	Others
Education/training	\checkmark	
Safe storage		
Voluntary relinquishment	\checkmark	
Extreme risk protection orders	\checkmark	
Waiting periods	\checkmark	
Smart guns		



Many adults believe guns make us safer

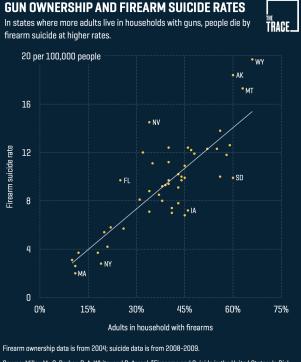
Does having a gun in the home make it safer?





Source: Gallup

In fact, presence of firearms increases suicide risk



Source: Miller, M., C. Barber, R. A. White, and D. Azrael, "Firearms and Suicide in the United States: Is Risk Independent of Underlying Suicidal Behavior?" American Journal of Epidemiology, Vol. 178, No. 6, 2013. Academic studies find higher risk of suicide:

- From 2 to 10x higher than homes without firearms
- Not just gun owners, children and partners as well
- Over 80% of child firearm suicides use a gun belonging to a family member



HCPs are reticent to talk about firearm safety

BREAKING THROUGH BARRIERS

THE EMERGING ROLE OF HEALTHCARE PROVIDER TRAINING PROGRAMS IN FIREARM SUICIDE PREVENTION





SEPTEMBER 2017

- Healthcare providers avoid talking to patients about firearm safety
- Gap between clinician attitudes and reported behavior
 - As many as 9-in-10 clinicians surveyed thought they should be engaged in firearm safety screening and counseling
 - But as few as 1-in-10 reported that they actually did
- Among high-risk populations, screening and lethal means counseling generally acceptable



New safe storage law better protects against suicide

- Beginning Oct 1, Public Act 23-53 requires secure storage for loaded & unloaded firearms in homes, without exception, if firearm not in owner's immediate control
- Strengthens "Ethan's Law" (2019) which requires secure storage in homes based on who else resides in the home
- Reduces theft, access by those not known to be at risk of harm to self or others

"I HAD NO IDEA"

Other provisions in Gov's Act Addressing Gun Violence

- Required firearm safety training must be completed within two years before applying for permit, must include safe storage legal requirements.
- Trigger locks must be supplied by gun dealers for all firearms, not just handguns.

At times of crisis, voluntary relinquishment is first line of defense

- Surrender to police department (1 year time limit)
- Transfer to permitted person (contact State Police Special Licensing and Firearms Unit)
- "Sell" to federal firearms dealer (privately held)

 Voluntary admission for treatment and/or services: automatic 6 month state prohibitor via DMHAS

Waiting periods put time between impulse and action



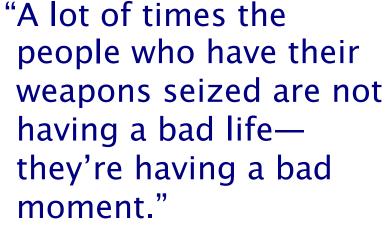
- Can reduce gun suicides 7-11%
- Suicide is impulsive
- Means substitution not inevitable
- Firearms substantially more lethal
- Most survivors don't ultimately die by suicide
- For new permits in CT, built in due to process



The promise of smart guns

- Unknown, but likely substantial proportion, of firearm suicides completed with someone else's gun
- 80% of youth firearm suicide use family member gun
- RFID/fingerprint allows only authorized user to discharge firearm
- Would prevent "3rd party" suicides

Against



- Prosecutor involved in risk warrant proceedings

Extreme Risk Protection Orders

Gun purchase laws generally can't prevent suicide

- Waiting periods only effective for those who don't already own a firearm
 - In CT, permit-to-purchase acts as a waiting period
- Background check prohibiting criteria don't adequately screen for risk of self-harm
- Few have serious enough mental health diagnoses to prohibit gun ownership; in CT:
 - Involuntary admission for psychiatric condition past 5 years
 - Voluntary admission in past 6 months
- Most important, conditions change



When other interventions fail, Extreme Risk Protection Orders can save lives

- CT's ERPO (aka "risk warrant," Public Act 99-212) offers means of removing guns when there is imminent threat of harm to self or others
- Suicide impulsive, means substitution not a given
- Passed in 1999 to prevent mass shootings
- But most commonly used to prevent suicide—6 out of 10 cases
- Duke/UCONN/Yale study determined that one gun suicide averted for every 10-20 warrants issued



Public Act 21-67 strengthened ERPO



Substitute House Bill No. 6355

Public Act No. 21-67

AN ACT CONCERNING RISK PROTECTION ORDERS OR WARRANTS AND DISQUALIFIERS FOR FIREARM PERMITS AND ELIGIBILITY CERTIFICATES.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

Section 1. Section 29-38c of the general statutes is repealed and the following is substituted in lieu thereof (*Effective June 1, 2022*):

(a) Upon complaint on oath by any state's attorney or assistant state's attorney or by any two police officers, to any judge of the Superior Court, that such state's attorney, assistant state's attorney or police officers have probable cause to believe that [(1)] a person poses a risk of imminent personal injury to himself or herself or to [other individuals, (2)] another person, the judge may issue a risk protection order prohibiting such person from acquiring or possessing a firearm or other deadly weapon or ammunition. As part of or following the issuance of such order, if there is probable cause to believe that [1] such person possesses one or more firearms or other deadly weapons, and [(3)] (2) such firearm or firearms or other deadly weapons, and [(3)] exuct firearm or infearms or other deadly weapons, and [(3)] exuct point or upon any place, thing or person, such judge [may] shall issue a warrant commanding a [proper] police officer to enter into or upon such place or thing, search the same or the person and take into such officer's custody any and all firearms and other deadly weapons and such such or possessing a firearm or the same or the person and take into such officer's custody any and all firearms and other deadly weapons and such place.

- Requires court hearing before firearms are returned
- Allows risk protection order even if subject doesn't currently possess a firearm
- Allows family members and healthcare professionals to directly petition the court



The ERPO process

- Law enforcement investigation, findings to court within 24 hours
- Clear and convincing evidence of risk of imminent harm
- Search warrant for firearms, ammunition, dangerous weapons
- Civil court hearing within 2 weeks
- Firearms held indefinitely, request for return every 180 days
- Prevents permit/purchase in all 50 states when federal background check performed



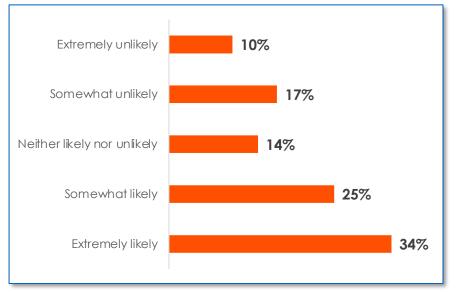
Criteria for judging risk of imminent harm

- Recent acts/threats of violence
- Recent acts/threats of self-harm
- Recent acts of cruelty to animals
- Reckless use, display, brandishing of firearm
- History of attempted, threatened, actual use of physical force
- History of involuntary psychiatric confinement
- History of illegal drug use, alcohol abuse



HCPs view ERPO as a useful tool

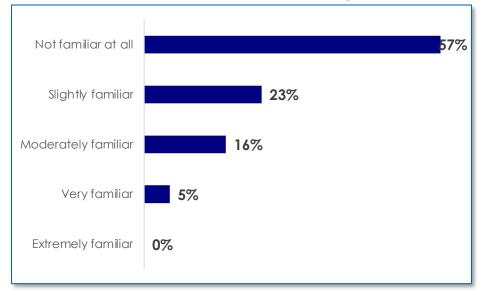
How likely are you to call the police to request ERPO for a patient at extreme risk of violence or suicide who you believe has access to firearms?



Source: Unpublished 2022 study on use of ERPO by HCPs, conducted by Sarah Raskin in collaboration with Trinity College, Connecticut Children's Medical Center, Yale New Haven Hospital

But few HCPs are familiar with ERPO

How familiar are you with CT ERPO (red flag law)?



Source: Unpublished 2022 study on use of ERPO by HCPs, conducted by Sarah Raskin in collaboration with Trinity College, Connecticut Children's Medical Center, Yale New Haven Hospital

Who needs to know?





Raising ERPO awareness

- CAGV 2020 mailing to behavioral health professionals
- CAGV volunteers and others distributing CAGV ERPO brochures
- PreventSuicideCT.org
- CT Judicial Branch brochure
- Presentations



Apr 2020 mailing to 2,500 behavioral health providers







Dear Healthcare Professional

Even before the coronavirus pandemic, firearm suicide was a public health crisis in Connecticut. Two-thirds of the state's gun deaths-more than 100 every year-are by suicide and one-third of suicides are by firearm. With the dramatic social isolation, stress and anxiety caused by the current conditions, the risk of suicide is unquestionably higher

That's why I'm writing to make sure you are aware of Connecticut's Extreme Risk Protection Order law. The measure offers a way to remove firearms from individuals at risk of imminent harm to themselves or others, while respecting their Second Amendment rights. A 2017 study conducted by researchers at Duke, Yale and UCONN found that for every 10 to 20 risk protection orders issued, one suicide was averted. Unfortunately, our research suggests that not enough people are familiar with this life-saving tool-especially medical and behavioral health providers.

In your role, you are more likely than others to come into contact with individuals who may be at risk of suicide. If you're not familiar with ERPO, please see the enclosed brochure to learn how the law works.

The brochure describes the conditions under which ERPOs may be granted by a court and how to initiate the process. It also has information we've been asked for by healthcare professionals about exceptions to patient confidentiality and how to have discussions about firearm safety.

We would like to hear from you to learn if this information is helpful, and if you have questions. Please go to www.surveymonkey.com/r/erpo hcp mailing 420 to complete a short survey. You will also be able to order additional copies of the brochure for colleagues, and order a version of the brochure to give to other people that doesn't include the panel of information for healthcare professionals.

Thank you for taking time to review information about Connecticut's Extreme Risk Protection Order. We are certain that greater use of risk protection orders can save lives.

Thank you for all you do to keep people healthy, especially in these difficult times.

Sincerely. eremy Ilein

Jeremy Stein Executive Director CT Against Gun Violence Education Fund

P.S.	Please let us know what you think about the brochure, and order more copies, at
	www.surveymonkey.com/r/erpo hcp mailing 420 or email us at erpo@cagy.org

Important information about preventing firearm suicide.

Important information for healthcare professionals.

Exceptions to patient confidentiality. While healthcare professionals have an obligation

to maintain the confidentiality of provider-patient communication, there are exceptions, including when a client is suicidal According to the LLS Department of Meelth & Human Services, in a December 2013 letter to

healthcare providers "the HIPAA Privacy Rule does not prevent your ability to disclose necessary information about a patient to law

enforcement, family members of the patient, or other persons, when you believe the patient presents a serious danger to himself or other people." A healthcare provider is presumed to be acting

in good faith: "when his or her belief is based upon the

provider's actual knowledge or in reliance What is on a credible representation by a person Protecti with apparent knowledge or authority."

The HHS guidance letter is available at protectionsbit.lv/hhs-letter-hcp-disclosure. ruicide (or har In Connecticut statutes provide a range of behavioral health specialists (including access to firea psychologists, psychiatrists and social workers) If law enforce

ceptions to obtaining patient consent to reveal harm they ca conversations between themselves and the patient the firearr or the patient's family, when they have a good faith an Extreme B belief that there is risk of imminent personal injury called a "risk y to the person or to other individuals. If you believe

Consult with your ethics board or attorney on the suicide with a specifics for your specialty. How the

Contact your local or state police and explain VOLIT CODCERD 2. The police will investigate the situation. If no other alternative exists to keep the person safe, the police will ask the court for a warrant to emove the firearms 4. If the ERPO is approved, police will remove

all firearms and ammunition in the areas the judge authorizes. The person's pistol permit and eligibility certificate will be revoked to prevent them from buying

another firearm The person has the right to a court hearing within 14 days. At the hearing the judge will order the

firearms be held by the police for up to one year. legally transferred to a gun dealer or someone else, or returned to the owner. The person who reported the concern usually doesn't have to go to the hearing.

If the order is unheld the court will notify the Department of Emergency Services and Public Protection and the Department of Mental Health and Addiction Services

Approximately one-third of all Connecticut suicide deaths are om firearms.

Connecticut's Extreme Risk Protection Order (ERPO) offers a way to remove firearms from those at imminent risk of harming themselves or others. while respecting their Second Amendment rights.

For every 10 to 20 ERPOs issued, one suicide is prevented.¹ Because suicide is impulsive, temporarily restricting access to firearms increases the chances of surviving a suicidal crisis and saving a life.

National Suicide Prevention Lifeline Suicide attempts are often at 1-800-273-TALK (8255) or text "CT" preceded by warning signs. to 741-741 for free 24/7 support

You can also take the keys to a safe, but be

absolutely sure there are no other keys.

Ask the individual to have the local police

department hold the firearms. Police can

returned if the owner asks.

hold them for up to one year, and they will be

Recommend counseling or bring the person to

a doctor, a mental health counseling center or

a local hospital's emergency department, or

Unsecured firearms in the home raise the risk of

five adolescents who die by firearm suicide use a

suicide for everyone, especially teens." Four out of

teen suicide, and it's the law!

firearm belonging to a family member."

Suicidal crises may come on quickly, but there are often warning signs. Family, friends, co-workers and healthcare professionals are all in a good position to identify someone at risk of suicide If you see these warning signs, get the person help as soon as possible

If they are talking about: Wanting to die or kill themselves Great guilt or shame

Being a burden to others If they appear to be feeling:

Hopeless, trapped, or having no reason to live

 Extremely sad, anxious, agitated, or full of rage Unbearable emotional or physical pain

If they are showing these behaviors:

- Making a plan or researching ways to die
- Not seeing friends, saying good bye, giving things away
- Taking dangerous risks
- Displaving extreme mood swings Eating or sleeping too much or too little
- Using drugs or alcohol more often
- toward himself or herself or anyone else; Committed recent acts of cruelty to animals; Recklessly used, displayed, or brandished a firearm; · A history of use, attempted use, or threatened use of physical force;

 A history of involuntary confinement in a hospital for people with psychiatric disabilities; or · A history of illegally using controlled substances

or abusing alcohol. call 2-1-1 for help. Securely storing firearms prevents

ERPOs are not just for preventing suicide

In Connecticut, firearm owners are required to securely store firearms when a child under the

age of 18 resides in the home, if a resident pose a risk of harm to self or others, or is ineligible to possess a firearm.



needs help now, contact the

For further information on preventing

www.preventsuicidect.org.

The law providing for Extreme Risk Protection Orders is C General Statute, Chapter 529 529-38c Seizure of firearms and armunition from person posing risk of imminent person injury to self or others. See www.cga.ct.gov/current/pub/ chap_529.htmFsec_29-38c

Disclaimer: this pamphlet does not provide legal or medica

advice and the information is intended for general information purposes only. If you need legal or medical advice, please contact an attorney or mental health professional. Call 2-11 for farther information.

Swanson, Norko, Lin, et al. Implementation and Effectiven Connecticut's Risk-Based Gan Removal Law. Does It Prev Suicides? Law and Contemporary Problems, Vol. 80, 2017

II Warning Signs of Suicide, National Institute of Mental Health, NIMH Identifier No. OM 19-4316

iii Anglemyer A, Horvath T, Rutherford G. The accessibility

of freems and risk for suicide and homicide victimization among household members. Annais of Internal Medicine. 2014;50:101-110.

ohnson RM, Barber C, Aznael D, Clark DE, Hernenway D.

CAGY Gun Violence

suicide, visit 1Word 1Voice 1Life at

How You Can Prevent Firearm Suicide with an Extreme Risk Protection Order.



firearms. Connecticut's Extreme Risk Protection Order (ERPO) offers a legal

Focus on health As a bealthcare professional you are equipped to advise patients about the potential health risk ess to firearms and how to reduce the ris

Start with open-ended questions to avoid

sounding judgmental. For example, say "Do you have concerns about the accessibility of your firearm when you may be in crisis?" instead of "Have you considered removing access to your guns?"

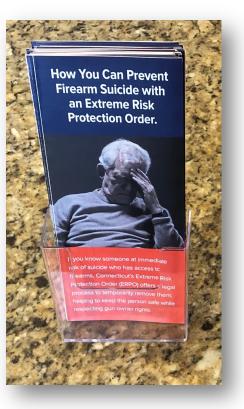
Ask questions in a non-accusatory fashion. If a patient is struggling with suicidal thoughts "Some of my clients have firearms, and some with suicidal thoughts choose to make their firearms less accessible for their own safety. Is this something you would like to talk about?

Guide the client to a solution of his own For example, see the alternatives for voluntarily preventing access to firearms discussed elsewhere in this pamphlet.

> im more about lethal means counseling at bit.ly/hsph_lethal_means_info



CAGV-led ERPO brochure distribution



- Libraries, police stations, town halls, communities centers, healthcare facilities
- More than 200 locations around CT
- 74 towns
- Ongoing



PreventSuicideCT.org brochure



СТ

Gun Violence

Against

CT Judicial Branch brochure



Disclaimer

The Judicial Branch created this brochure as a public service and to satisfy the requirements of General Statutes §§ 29-38c and 46b-15e(a)(2) and Public Act 21-67 § 2. It is based on the Connecticut General Statutes and the Judicial Branch procedures in effect at the time the Judicial Branch created this brochure.

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www.iud.ct.gov

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JDP-CL-140 (Rev. 6/22)

Risk Protection Orders and Risk **Protection Order** Investigations

Information about the process to prevent anyone who is at immediate risk of causing personal injury to themselves or another person from having or getting firearms, deadly weapons, or ammunition.





If you believe that someone is at immediate risk of causing personal injury to themselves or another person, you have 2 options to try to get a court order that will keep that person from having or getting firearms, deadly weapons, or ammunition:

- · A Risk Protection Order
- · A Risk Protection Order Investigation

What is a Risk Protection Order?

A Risk Protection Order is an order that the police can ask the court to issue that prevents a person who is at immediate risk of causing personal injury to themselves or another person from having or getting firearms, deadly weapons, or ammunition. As part of this process, the court can also order the police to take any firearms, deadly weapons, or ammunition that the person at risk has away from them.

A Risk Protection Order will prohibit the person subject to the order from having or getting these items at least until the court holds a hearing to decide whether the person is a risk.

What is a Risk Protection Order Investigation?

A Risk Protection Order Investigation is an order that a person can ask the court to issue directing the police to investigate whether there is enough evidence to ask the court for a Risk Protection Order. If the court orders this investigation, and the police find evidence that the person is a risk. they will ask the court for a Risk Protection Order

A Risk Protection Order Investigation will prohibit the person being investigated from having or getting firearms, deadly weapons, or ammunition. If the police get a Risk Protection Order after the investigation, the person will not be able to get or have these items at least until the court holds a hearing to decide whether the person is a risk. If the police do not find evidence that the person is a risk during the investigation, they will tell the court and the person will be able to have and get these items again.

How do I get a Risk Protection Order or a Risk Protection Order Investigation?

If you want the police to start investigating whether someone is a risk right away, you can contact any police officer to ask them to investigate whether there is enough evidence to ask the court for a Risk Protection Order.

If you don't want to go to the police yourself. you can apply to the court for a Risk Protection Order Investigation. You can go to any G.A. Courthouse to apply for a Risk Protection Order Investigation. You will need to prove to the court that you have a good faith belief that the person is a risk of causing immediate personal injury to themselves or another person. And, you will need to file an:

- · Application for Risk Protection Order Investigation, form JD-CR-198, and
- · Affidavit for Risk Protection Order Investigation, form JD-CR-199.



Help us get the word out!



 Sign up to distribute in your town, facility







Against Violence

School Firearm Safety Campaign





Dear Farmington Families,

As we move further into the spring and summer months, we are writing to remind you of the importance of safety across our community. Together, the Farmington Public Schools and Farmington Publice Department work collaboratively to ensure a safe environment for all of our students, families, faculty and staff. Many of the reminders to our school community regarding safety in the past have related to school safety, internet safety, safe travel to and from school and weather preparedness. These still remain vitally important. After recent communication with representatives from the Connecticut Against Gun Violence organization, we also reflected on the importance of firearm safety. In June, we will be embarking on the four year anniversary of <u>Ethan's Law</u>. Connecticut legislation mandating that firearms must be securely stored within your home for any homeowners who have minors within their household.

We are writing to ask for your awareness and support in keeping our community safe. Under Connecticut law, firearm owners are responsible for determining how to best secure their weapons. However, firearm astey experts, including the <u>ATE</u>, recommend storing firearms locked and unloaded, with ammunition also locked in a secure location away from the firearm. <u>Project ChildSafe</u>, a program of the National Shooting Sports Foundation, offers further guidance on secure storage. The <u>Sandy Hook Promise</u> offers additional guidance on safe storage of firearms. Even if you do not have firearms in your home, you want to be sure your child doesn't encounter one at the home of a friend or relative. Always ask, "Is there a guin in the home, and if so, how is it secured?" Finally, the Farmington Police Department ands ready to

support you should you h

Beyond the dangers of yo or other deadly weapons constituting a mandatory statute, is as follows, "An or a switchblade knife, gr device designed for viole pistol."

Please join us in promotir and ammunition you may vibrant and caring comm of all members of our cor

Sincerely,

Kathleen Greider Superintendent of Farmin

A message about gun safety

Dear parents and guardians,

Given the incidents that have been happening across the country as well as in neighboring towns, the Board of Education and I believe this letter may be helpful in reminding all of us

about gun safety. enou Keeping children safe is everyone's responsibility. As parents, we want to make sure that our children are never in the home of a

gun is not properly secured. The recommended safety experts, including the ATF, recommend storing all

friend or relative where a

firearms locked and unloaded, with ammunition also

locked in a secure location away from the firearms. Our vigilance when it comes to gun storage will help our students stay safe.

Hiding firearms is not enough. Children often know where their parents' guns are kept and cannot always tell the difference between real and toy guns. In Connecticut, firearms must be securely stored if:

1. A minor under the age of 18 living in or visiting the home is likely to gain access to the firearm without the permission of the child's 2. If a resident in the home is ineligible to possess a

parent:

firearm; or 3. If a resident poses a risk of

imminent harm to self and others.

Our goal is to prevent further incidents from occurring and to continue to provide our students and staff a safe school environment by ensuring that ammunition and firearms are safely secured in all households.

Sincerely, Brian J. Benigni Superintendent of Schools

Goal: talk about safe storage

 Get school officials to send letter to parents about locking up guns in the home, and CT law

 More than 75% of Americans agree: gun owners should be mandated to lock up guns



Campaign Toolkit



School Firearm Safety Campaign Toolkit School Superintendent Letter to Parents about Secure Gun Storage

Here is guidance for contacting your town's school district superintendent (or board of education, or head of your child's independent school) to ask that they communicate to parents about secure firearm storage.

Please complete this short <u>form</u> if you're planning or thinking about participating so we can keep track of and support everyone's efforts.

 Your request will have more authority if it represents members of the community. A simple way to collect names is to get friends and neighbors in your town to sign our <u>petition</u>: Tell school administrators: lockdowns aren't enough, ask parents to secure their guns (use this link: www.change.org/talk-about-safe-gun-storage).

Contact us for tips on how to spread the word. You can see the current total of petition signers in your town <u>here</u>. We'll update the numbers periodically (last updated 3/13/23). When you're ready to make the request, contact us and we'll send you the list of names of petition signers from your town.

- Draft your request letter. Use our template as a starting point. On Google Drive, use <File/Make a Copy or <File/Download> to make a copy you can edit. Contact us if you need assistance.
- Send your letter to the appropriate school official, with the template school official <u>letter</u> for them to customize and send to parents attached to your request. Download a PDF version of the template letter <u>here</u>.
- Follow-up with the school official, multiple times if necessary. Get a firm commitment as to when the letter will be sent to parents.
- 5. If you don't get a positive response, consider publishing your request as an open letter in a local news outlet. You can invite others to sign on to your letter, but don't use names from the petition without their permission. You can also bring the matter to your school board; writing to them or raising it at a board of ed public meeting which usually allow for public comments.
- 6. Confirm that the letter gets sent.
- 7. Keep us posted, and especially let us know when you succeed, and send us a copy of the letter ultimately sent to parents.

Thanks so much for your support!

4-26-23 rev2.1

- Build support in the community (petition)
- Make the request

Follow-up

Publicize

Toolkit: bit.ly/cagv-school-letter-toolkit





Thank you!

Questions?