



Digital Remembrance Quilt



The Digital Remembrance Quilt provides an opportunity to recognize and remember loved ones lost to drug overdose. Too often, we see the statistics without hearing the stories of the people behind them.

Sharing individual's stories can have a tremendous impact. They can allow our loved ones to live on and serve to transform those who hear them. In order to adequately address the harm caused by substance use disorders, we first have to understand the stories of the people who lived and continue to live with them.

If you would like to submit a square in honor of a loved one, visit drugfreect.org

The Recovery Friendly Workplace Toolkit



When substance use affects the health of your organization, there's a new direction in how to handle it.

It's called the Recovery Friendly Workplace Initiative – and it can take your business to better morale, better bottom-line performance, and happier, healthier, loyal, long-term employees.

Today, there's a shift occurring in how employers handle substance use disorder (SUD).

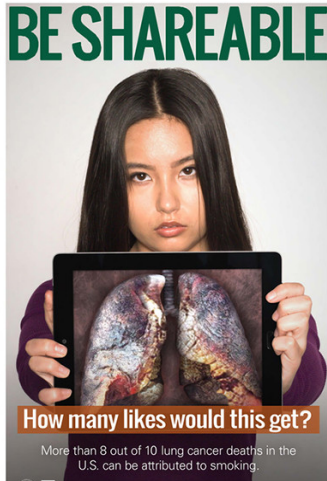
We are moving from a “zero-tolerance” mentality that emphasizes disciplinary action to a “recovery” policy environment that emphasizes help, hope, and the economic potential of healthy employees.

Visit www.drugfreect.org to download the toolkit



New Posters

Be Shareable - How
Many Likes Would
This Get
(Lung Cancer)



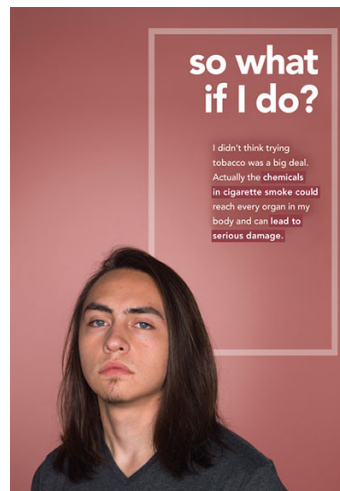
Compartelo - Cuantos Likes Le
Darias A Esto
(Arrugas Prematuras)



Y Que Tal Si Lo Hago -
Consecuencias Cosmeticas Para
La Salud



So What If I Do - Chemical
Dangers
of Tobacco



Contact Connecticut Clearinghouse to order these
free posters: call 1.800.232.4424 or [Click Here](#)

Adolescent SBIRT: Adolescent Girls and Opioids

*** This training is pending approval for CECs by NASW-CT ***

*Thursday, October 22, 2020
9:00 AM — 12:30 PM
Via Zoom*

FREE Training Includes:

- *Virtual interactive training on Adolescent Screening, Brief Intervention and Referral to Treatment*
- *Curriculum supplement on the unique risks of adolescent girls for opioid misuse*
- *Helpful resource materials and referral information*



Register NOW at www.ctclearinghouse.org/registration
Call 800.232.4424 for additional information

The Connecticut Opioid Misuse Prevention (COMP) initiative is made possible with funding from grant no. ASTWH170052-01-00 from the U.S. Department of Health and Human Services Office on Women's Health.

DEA NATIONAL ^{Rx} TAKEBACK

October 24, 2020

Plainville Police Department

19 Neal Court

1:00 PM—3:00 PM

Drive Through Drug Takeback

Accepted Items:

- Expired Solid Prescription Drugs
- Unwanted or Unused Prescription Drugs
- Over the Counter Drugs (pills)

Not Accepted Items:

- Liquid Products
- Intravenous Solutions
- Injectable Drugs
- Syringes

This services is free and anonymous, no questions asked.

*Sponsored by the Plainville Police Department in partnership
with Wheeler Clinic's Connecticut Clearinghouse*



The “Change the Script” mobile resource van, an element of the statewide opioid prevention campaign managed by CT Clearinghouse and funded by the CT Department of Mental Health and Addiction Services, also will be there with information about substance use prevention, mental health, wellness, and more.



**CONNECTICUT
Clearinghouse**
a program of the Connecticut Center
for Prevention, Wellness and Recovery



2020 THEME

Choose kindness, acceptance and inclusion.



SOCIAL MEDIA

#StopBullying
#BullyingPreventionMonth

What you do **today**
impacts someone's
tomorrow.

Bullying is not only
devastating **while it's**
happening, it can hurt
for a **lifetime.**

Connecticut Resources

CT Department of Mental Health &
Addiction Services
www.ct.gov/DMHAS

CT State Department of Education
www.ct.gov/SDE

National Resources

StopBullying.gov
www.stopbullying.gov

PACER National Bullying Prevention
Center
www.pacer.org/bullying

October is National Bullying Prevention Month

Bullying affects all youth, including those
who are bullied, those who bully others,
and those who witness bullying.

Connecticut Clearinghouse Resources

The Truth About Bullying: It Hurts Everyone
(Pamphlet)

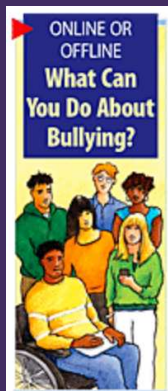
Teens & Bullying: Take A Stand (Pamphlet)

Respecting Others: Stopping Anti-Gay
Bullying & Violence (Pamphlet)

Cyberbullying: Perpetrators, Bystanders, and Victims
(Book)

Cyberbullying: A Prevention Curriculum for
Grades 6 - 12 (Curricula)

Bully (DVD)



October is National Domestic Violence Awareness Month

2020 Theme: Power Up!



From April to June 2020 experts now point to a startling 75% increase in the number of calls from individuals quarantined for months with people who hurt them when compared to the same time period last year. 60% of those callers had never sought help from the Connecticut Coalition Against Domestic Violence (CCADV) before.

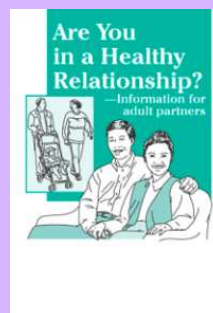
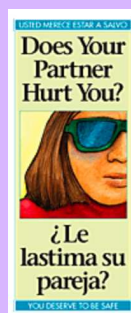
Connecticut Clearinghouse Resources

Intimate Partner Violence: What It Is and What You Can Do About It (Pamphlet)

Dating & Violence: How to Tell if a Relationship is Abusive (Pamphlet)

Private Violence (DVD)

Trauma-Informed Treatment and Prevention of Intimate Partner Violence (book)



Social Media

#DVAM2020

#PowerUp

#DVFacts

#SurvivorSpeaks

#SELFieLOVEchallenge

Connecticut Resources

CT Department of Mental Health & Addiction Services
www.ct.gov/DMHAS

CT Coalition Against Domestic Violence (CCADV)
www.ctcadv.org
www.CTSafeConnect.org
1.888.774.2900

National Resources

National Coalition Against Domestic Violence
www.ncadv.org
1.800.799.7233 (SAFE)

National Dating Abuse Helpline
www.loveisrespect.org
1.866.331.9474



Red Ribbon Week

October 23-31, 2020

Be Happy. Be Brave. Be Drug-Free.

#redribbonweek

Did you know:

Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don't; yet, only a quarter of teens report having these conversations.



Connecticut Clearinghouse Resources

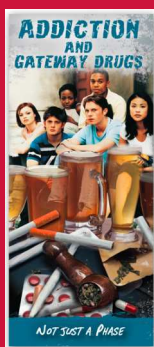
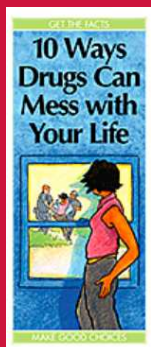
Bee Drug Free Activity Sheet

Talking With Your Child About Drugs and Alcohol
(pamphlet)

Hable Con Su Hijo Sobre Drogas Y Alcohol
(pamphlet)

Youth and Drugs of Abuse: Prevention to Recovery
(DVD)

Youth Substance Abuse and Co-Occurring Disorders
(Book)



Connecticut Resources

CT Department of Mental Health &
Addiction Services
www.ct.gov/DMHAS

24/7 Access Line
1.800.563.4086

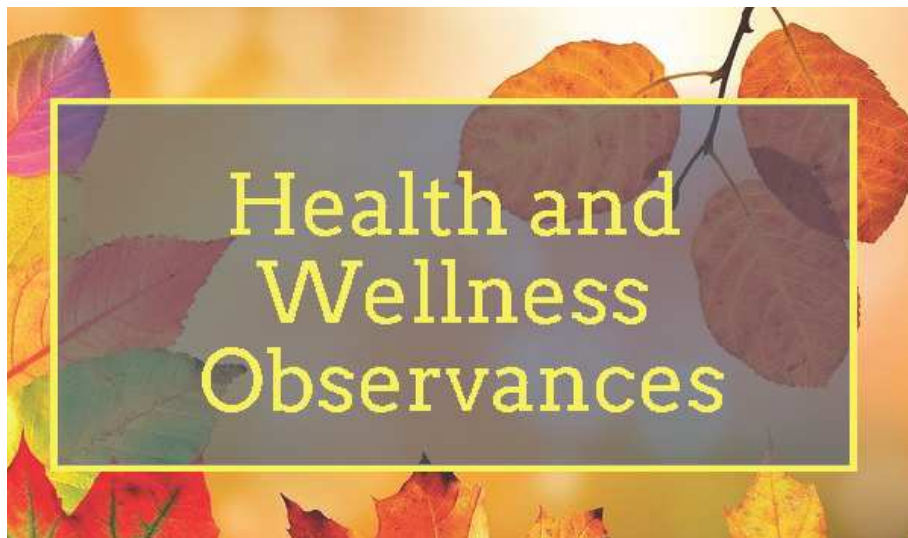
Connecticut Community For Addiction
Recovery (CCAR)
www.ccar.us

National Resources

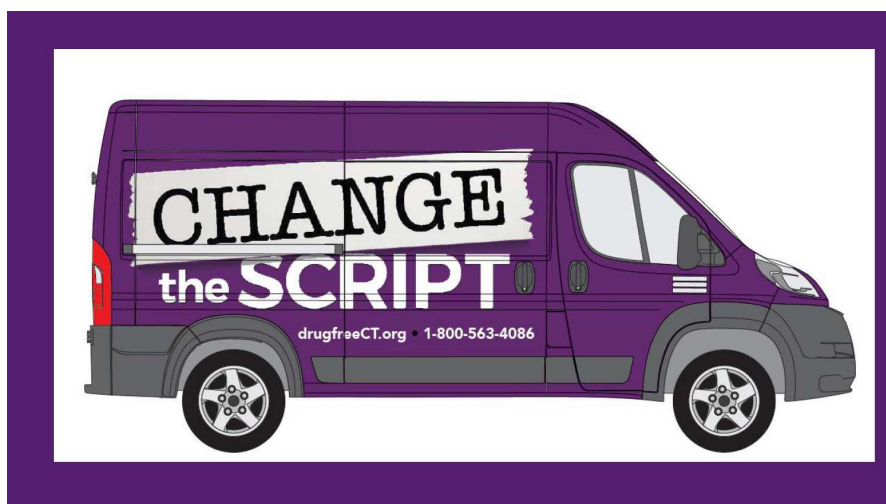
Substance Abuse and Mental Health
Services Administration
www.samhsa.gov

Red Ribbon Campaign
www.redribbon.org

Health observances and other special events help raise awareness and offer opportunities to learn more about key issues in substance use prevention and recovery, as well as mental health and wellness. This fall, share your events with Connecticut Clearinghouse. We will add them to our website, and spread the word via the Prevention Listserv. [Click Here](#) to contact us.



Visit our Observances page to see what's happening this fall:
www.ctclearinghouse.org/observances



The Change the Script Van has been hitting the road! We've recently visited the Greenwich Farmer's Market alongside Greenwich Together, Hartford Schools' COVID-19 testing sites, the Bristol Farmer's Market, and other parts of the state. We're excited to be heading to two National Drug Take-Back Day events on October 24th.

The van includes many items to educate, promote health and wellness, and practice self-care, including Detera bags, reusable face masks, hand sanitizer, lip balm, stress stars, frisbees, coloring and activity books, and much more!



Follow us



@ctclearinghouse

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@ClearinghouseCT



Courier Online

The e-newsletter of Wheeler Clinic's Connecticut Clearinghouse

334 Farmington Avenue • Plainville, CT 06062
800.232.4424 or 860.793.9791

www.ctclearinghouse.org
info@ctclearinghouse.org

Staff are available Monday-Friday from 8:30 AM to 5:00 PM
We are currently offering curbside pickup or mail

Connecticut Clearinghouse is funded by
the Connecticut Department of Mental Health and Addiction Services