

ILLICIT DRUG USE AND YOUTH MARIJUANA USE

Marijuana is the most commonly used **illegal substance** in the U.S. As marijuana use is rising, perceptions of harm are declining. But the risks are real, especially for young people.



CAN YOU GET ADDICTED TO MARIJUANA?

Today's marijuana is stronger than ever before. People can and do become addicted to marijuana. Approximately 1 in 10 people who use marijuana will become addicted.

TEENS WHO START USING BEFORE AGE 18 ARE:

4-7 TIMES MORE LIKELY



THAN ADULTS TO DEVELOP A DRUG PROBLEM

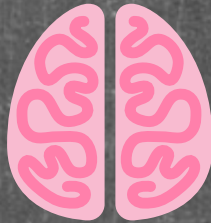
IDENTIFYING THE RISKS OF MARIJUANA USE: NEGATIVE AND LONG-TERM EFFECTS

BRAIN HEALTH



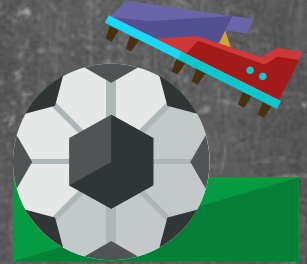
Permanent IQ loss of as much as 8 points when people start using at a young age.

MENTAL HEALTH



Studies link marijuana use to depression, anxiety, suicide planning and psychotic episodes. It is unknown if marijuana is the cause or a catalyst.

PERFORMANCE

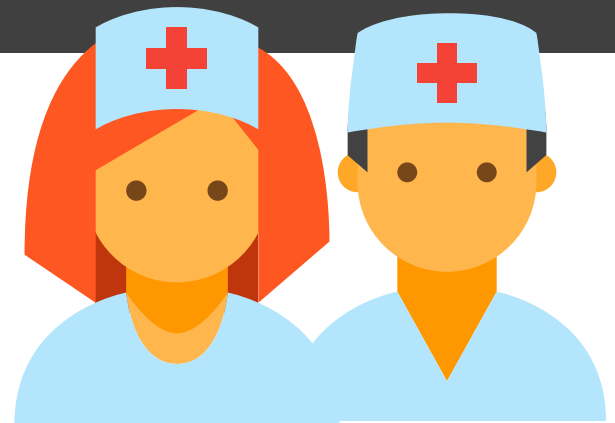


Research shows that marijuana affects timing, movement, and coordination, which can harm athletic performance.



IT'S ILLEGAL AND UNSAFE TO DRIVE HIGH

People who drive under the influence of marijuana can experience dangerous effects: slower reactions, lane weaving, decreased coordination, and difficulty reacting to signals and sounds on the road.



VAPES WITH THC CAN LAND YOU IN THE ER:

THC use has been associated with an outbreak of **lung injury** in 2019. The best way to avoid potentially harmful effects is to not use THC-containing e-cigarette, or vaping, products.