

The newsletter of Connecticut Clearinghouse, a library and resource center for information on substance use and mental health disorders, prevention, health promotion and wellness, treatment and recovery, and other related topics.

COURIER ONLINE



**CONNECTICUT
Clearinghouse**
a program of the Connecticut Center
for Prevention, Wellness and Recovery

April 2016

MARIJUANA HARMFULNESS TO YOUTH WELLNESS: THE EMPEROR'S NEW POLICIES

A CONNECTICUT CLEARINGHOUSE QUARTERLY FORUM

**Thursday, May 19, 2016
2:00 PM to 4:00 PM
Connecticut Clearinghouse Conference Room**

**Presented by Yifrah Kaminer, MD, MBA
Professor of Psychiatry & Pediatrics
Alcohol Research Center & Injury Prevention Center
University of Connecticut School of Medicine**



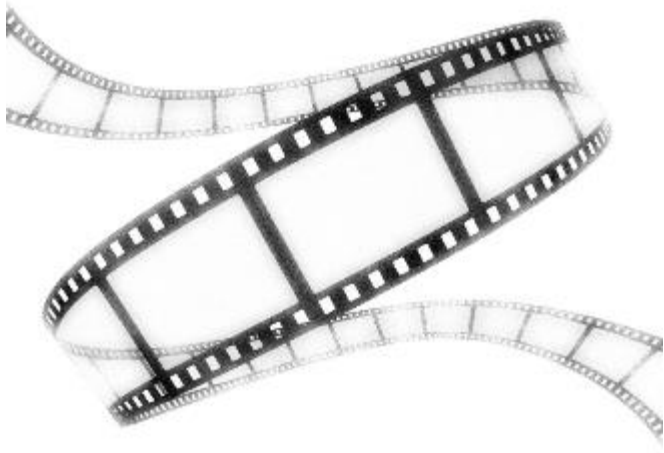
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REGISTER ONLINE



Connecticut Clearinghouse, a program of Wheeler Clinic's Connecticut Center for Prevention, Wellness and Recovery, is funded by the Connecticut Department of Mental Health and Addiction Services.





How Addiction Hijacks the Brain

This program drives home the message that drug addiction is a disease of the brain and that teens are at highest risk for acquiring this disease. Leading scientists detail how drugs like heroin, nicotine, cocaine and marijuana change the brain, subvert the way it registers pleasure and corrupt learning and motivation. Young recovering addicts provide a human face to the effects of drugs and alcohol as they describe how addiction involves intense craving for a drug and loss of control over its use.

View the trailer online: www.youtube.com/watch?v=gtBT7J_UC24

Medical Aspects of Substance Use Disorders: The Neurobiology of Addiction

This updated Hazelden program helps clients understand how alcohol and other drugs affect brain functions

Ouch! That Stereotype Hurts

This program shows viewers exactly how to respond in moments of diversity-related tension! No blame, no guilt, no conflict - just practical, specific skills that can be immediately applied in the workplace.

Defining Sexual Assault

The personal stories of three sexual assault survivors and information provided by nationally recognized experts help viewers understand sexual assault, consent, and what happens after an assault. Viewers also learn about risk reduction and bystander intervention. A teacher's resource guide is included on the disc.

View the trailer online: www.youtube.com/watch?v=0afpaN0Sd7E

NEW PAMPHLETS

50 Cosas Que Debe Saber Sobre el Alcohol

50 Things You Should Know About Alcohol

Adult Coloring Book: Creative Designs for Relaxation & Fun

Tobacco & Stress

When Couples Fight

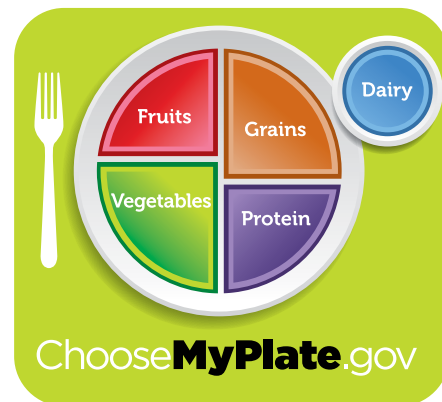


NEW POSTERS

Choose My Plate

Domestic Violence: It Is Your Business

Violencia Doméstica: Nos Afecta a Todos



**VISIT US ON
FACEBOOK**

NEW BOOKS AND CURRICULA

Acceptance and Commitment Therapy: The Process and Practice of Mindful Change
Steven C. Hayes, Kirk D. Strosahl, Kelly G. Wilson

Always by My Side
Susan Kerner; illustrations by Ian P. Benfold Haywood

Bounce Back!
Cheri J. Meiners; illustrated by Elizabeth Allen

But It's Just a Game
Julia Cook; illustrated by Michelle Hazelwood Hyde

Cell Phoney
Julia Cook; illustrated by Anita Dufalla

Diagnosis and Treatment of Mental Disorders Across the Lifespan
Stephanie M Woo, Carolyn Keating

Emma's Question
Catherine Urdahl; illustrated by Janine Dawson

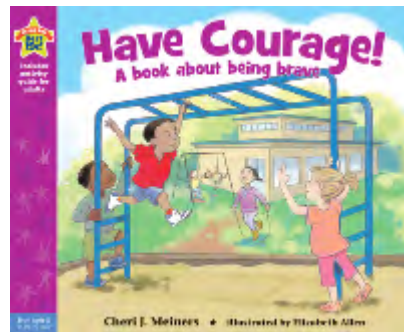
Have Courage!
Cheri J. Meiners; illustrated by Elizabeth Allen

The Human Body Book
Steve Parker

The Invisible Boy
Trudy Ludwig; illustrated by Patrice Barton

Multicultural Social Work Practice: A Competency-Based Approach to
Diversity and Social Justice
Derald Wing Sue, Mikal N. Rasheed, Janice M. Rasheed

The Oxford Handbook of Cognitive and Behavioral Therapies
Christine Maguth Nezu, Arthur M. Nezu



MORE NEW BOOKS AND CURRICULA

Program Evaluation for Social Workers: Foundations of Evidence-Based Practice
Richard M. Grinnell, Peter A. Gabor, Yvonne A. Unrau

Sanctuary for Change: A Sexual Health Program for Women in Recovery
Facilitator Guide and Participant Workbook
616.8521 TIZZANO

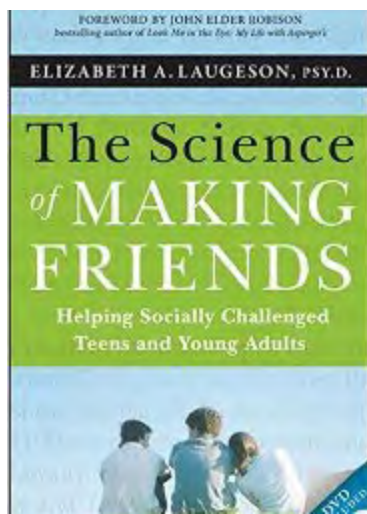
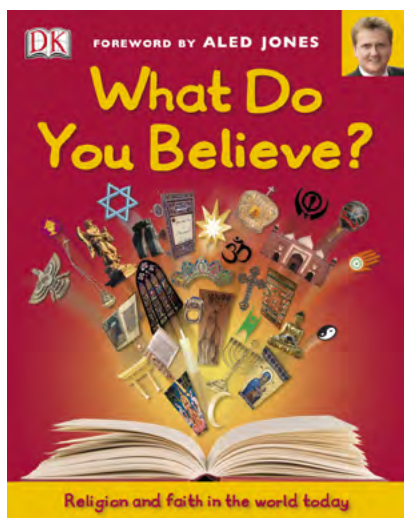
The Science of Making Friends: Helping Socially Challenged Teens
and Young Adults
Elizabeth A. Laugeson

Solution-Focused Brief Therapy with the LGBT Community:
Creating Futures through Hope and Resilience
Rebekka N. Ouer

Suicide: An Unnecessary Death
Danuta Wasserman

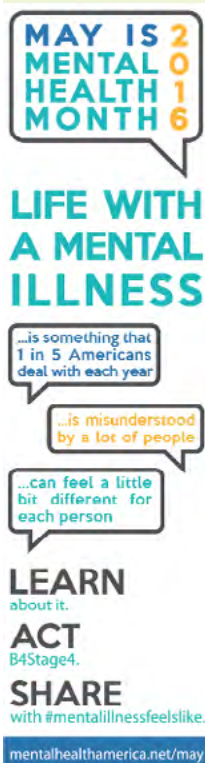
The Techno Smart Activity & Idea Book
Julia Cook; illustrations by Anita DuFalla and Michelle Hazelwood Hyde

What Do You Believe?
DK Publishing



MAY 2016 HEALTH OBSERVANCES

Visit the links below for helpful tips and resources on planning your May awareness events. Link to interactive games and quizzes; download toolkits, tipsheets, logos, infographics, sample proclamations, and more:



Mental Health Month

Hepatitis Awareness Month

National Teen Pregnancy Prevention Month

Children's Mental Health Awareness Week (May 1-7)

National Alcohol and Other Drug-Related Birth Defects Awareness Week (May 8-14)

World No Tobacco Day (May 31)

Courier Online

The e-newsletter of Wheeler Clinic's Connecticut Clearinghouse

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info@ctclearinghouse.org

Library Hours:

Mon, Tues, Wed, Fri 8:30 AM - 5:00 PM ; Thurs 8:30 AM - 7:30 PM

Connecticut Clearinghouse is funded by
the Connecticut Department of Mental Health and Addiction Services