

# CONNECTICUT

a program of the Connecticut Center for Prevention, Wellness and Recovery

A library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness and related topics

## **Pamphlets Fact Sheets** Posters

Connecticut Clearinghouse 334 Farmington Avenue Plainville, CT 06062

800.232.4424 or 860.793.9791 www.ctclearinghouse.org



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**Parents** 

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Amphetamines/Methamphetamines This Is No Picnic In The Park: It's A Meth Lab

Anabolic Steroids Brain's Response To Steroids

Child Abuse Are You Tough Enough To Be Gentle: Never Shake A Baby

Cocaine/Crack Cocaine & Crack: Cause & Effect

Decision-Making/Coping Skills 40 Developmental Assets

Decision-Making/Coping Skills Conozco Mis Reglas De Seguridad Decision-Making/Coping Skills Knowing My Rules For Safety

Decision-Making/Coping Skills Top 10 Ways to Build Good Character

Depression Speak Up: What You Should Know About Adult Depression

Depression What If The Happiest Time Of Your Life Doesn't Feel So Happy: Pregnancy & Childbirth Can Bring A Mix Of Emotions

Disaster/Trauma Every Business Should Have A Plan (Emergency Preparedness)

Domestic Violence Domestic Violence: It Is Your Business

Domestic Violence Estas Siendo Maltratada? Habla Con Tu Proveedor De Servicios De Salud

Domestic Violence Sabia Usted Que Su Relacion Afecta Su Salud?

Domestic Violence Violencia Domestica: Nos Afecta A Todos

Domestic Violence We're All Connected: Strengthen Families, Prevent Violence

Domestic Violence Your Kids Make Memories Everyday: It's Not Too Late To Change How They Remember You

Gambling Be A Winner! Don't Gamble With Your Family's Future

Gambling Can You Identify The Problem Gambler? Gambling Can Become A Problem For Anyone

Gambling Don't Gamble: It's Addictive

Gambling Enjoy The Game Without Losing Your Shirt

Gambling Lifeline For Problem Gamblers

Gambling Problem Drinkers Are Often In A Position To Become Problem Gamblers

Gambling Sea Un Ganador! No Juege Con Su Recuperacion

Gambling So When Will You Tell Her You Are Worried About Her Gambling?

Gambling So When Will You Tell Him You Are Worried About His Gambling?

Gambling When Gambling Becomes More Than A Game: No One Wins

Gambling When The Game Means More To You Than It Does To The Players, It's Time To Stop Betting On

Hallucinogens Brain's Response To Hallucinogens
Hallucinogens Cause & Effect

Health/Wellness Be Active Every Day!

Health/Wellness Help Seniors Live Better, Longer: Prevent Brain Injury

Health/Wellness National Women's Health Information Center

Health/Wellness Top 10 Health Tips: Great Way to Get & Stay Healthy

Health/Wellness Top 3 Ways To Promote Wellness

Health/Wellness Wellness: Healthy Body, Healthy Mind, Healthy Life!

Heroin: Cause & Effect

HIV/AIDS Deten El SIDA: Asume El Liderazgo: Alli Donde Estes HIV/AIDS Deten El SIDA: Asume El Liderazgo: Exige Accion

HIV/AIDS Get A Free HIV Test

HIV/AIDS Got Your Keys? Got Your Cards? Got Your Condoms?

HIV/AIDS HIV Treatment Works

HIV/AIDS I Am Getting Treatment: I Am Living My Rights. Stop AIDS. Keep The Promise.

HIV/AIDS I Am Safe: Everyone Deserves To Live Their Rights. Stop AIDS. Keep The Promise

HIV/AIDS I'm Gay. I Had Unprotected Sex. I Tested HIV Positive
HIV/AIDS Prevention Is Care: Living With HIV/Si Vives Con El VIH
HIV/AIDS Protect Yourself Against HIV/AIDS/Protegete Del VIH/SIDA

HIV/AIDS Protect Yourself Against HIV/AIDS: Tattoos & Body Piercings / Protegete del VIH/SIDA

HIV/AIDS Testing Makes Us Stronger: Gay & Bisexual Men Are Standing Up Against HIV
HIV/AIDS We're Young, Black, Beautiful & In Control: Together We Can Stop HIV

Infectious Diseases 3 Facts You Should Know About Hepatitis C

Infectious Diseases Hepatitis C: A Life Sentence / Hepatitis C: Una Sentencia De Vida

Inhalants Brain's Response To Inhalants
Inhalants Inhalants: Cause & Effect
Marijuana Marijuana: Cause & Effect

Marijuana Studies Prove Children Can't Smoke Pot While Swimming Under Water

Mental Health/Disorders Choose The Path To Mental Wellness

Mental Health/Disorders No Soy Mi Enfermedad Mental: Las Personas Con Una Enfermedad Mental Todavia Son Personas

Mental Health/Disorders Problemas De Adiccion Y Salud Mental? En La Ruta A La Recuperacion

Mental Health/Disorders Substance Use Issues & Mental Health Issues? On The Road To Recovery

Military Issues Connecticut Military Support Program: The Road Home Following Deployment Can Be Tough
Military Issues You Fought For Our Homes.We'll Fight for Yours: The Words Homeless & Veteran Should Never Be Used Together

Nutrition Choose My Plate

Nutrition Make Half Your Plate Fruits & Vegetables

Nutrition Que Hay En Su Plato? Nutrition What's On Your Plate?

Parenting Handing Your Teen The Car Keys: Are You Confident Or Concerned?

Parenting Have You Been A Dad Today?

Parenting Protect The Ones You Love: Child Injuries Are Preventable

Parenting Proteja A Sus Seres Queridos: Las Lesiones Infantiles Se Pueden Prevenir

Parenting Usted Ha Sido Un Papa Hoy?

Prenatal Alcohol/Drug Exposure Alcohol & Unprotected Sex Don't Mix: Wanda Never Thought She'd Get Pregnant FAS)

Prenatal Alcohol/Drug Exposure An Alcohol-Free Pregnancy Is The Best Choice For Your Baby

Prenatal Alcohol/Drug Exposure Pregnancy & Alcohol Don't Mix

Prenatal Alcohol/Drug Exposure Tenga Un Bebe Saludable. Si Esta Embarazada, No Tome!

Prescribed/OTC Medications Depressants: Body Of Evidence
Prescribed/OTC Medications Narcotics: Body of Evidence
Prescribed/OTC Medications Opioids: Cause & Effect
Prescribed/OTC Medications Safe Medicine Disposal

Prescribed/OTC Medications Too Much Acetaminophen Can Destroy Your Liver

Prescribed/OTC Medications Your Prescription Meds Could Be Doing More Than Relieving Your Back Pain

Prescribed/OTC Medications You're In Control: Using Prescription Medicine Responsibly

Recovery/Relapse Bring Addiction to Light: Get Help

Recovery/Relapse El Camino De La Reciperacion Empieza Con Un Solo Paso

Recovery/Relapse La Recuperacion De La Adiccion A Las Drogas O El Alcohol Es Posible: Tratamiento Con Ayuda De Medicamentos

Recovery/Relapse Recovery Bill Of Rights

Recovery/Relapse Recovery From Drug Or Alcohol Addiction Is Possible: Medication-Assisted Treatment

Recovery/Relapse The Road To Recovery Begins With A Single Step

Relationships ALL Are Welcome Here

Relationships Agui TODOS Son Bienvenidos

Relationships Discover Strength Through Diversity
Relationships What Does Respect Mean To You?

Self-Esteem Change Your Words: Change Your Mindset

Self-Esteem Nuestro Orgullo Latino. Fuerza, Superación, Inteligencia

Self-Esteem Think Smart
Self-Help Serenity Prayer
Self-Help Just For Today

Self-Help Los Doce Pasos De Narcoticos Anonimos

Self-Help Oracion De La Serenidad

Self-Help Solo Por Hoy

Self-Help The Twelve Steps of Alcoholics Anonymous
Self-Help The 12 Steps Of Narcotics Anonymous

Sex/Sex Health/Orientation Half Of All Sexually Active Young People Will Get An STD Before The Age Of 25

Sex/Sex Health/Orientation Having Fun. Having None.

Sex/Sex Health/Orientation Health Starts Here For Everyone: We Are Proud To Be LGBT-Welcoming

Sex/Sex Health/Orientation Know Yourself. Know Your Status. Get Yourself Tested

Sex/Sex Health/Orientation Los/Las Jovenes Gay, Lesbianas, Bisexuales Y Transgenero Son Parte De toda Comunidad: Necesitamos Respeto Y Apoyo

Sex/Sex Health/Orientation Prevent STDs Among MSM Sex/Sex Health/Orientation Prom Time. Mom Time. Sex/Sex Health/Orientation Shooting Guard. Sitting Dad

Sex/Sex Health/Orientation Tu Salud Empieza Aqui Salud Para Todos: Nos Enorgullece Darle La Bienvenida A Las Comunidades LGBT

Stress 10 Ways To Reduce Stress In Your Life

Substance Use Disorders Addiction Imprisons Our Whole Family (Child)

Substance Use Disorders Addiction Imprisons Our Whole Family (Family)

Substance Use Disorders Adiccion Encarcela A Toda La Familia (Teens)

Substance Use Disorders Adiccion Encarcela A Toda La Familia (Child)

Substance Use Disorders Adiccion Encarcela A Toda La Familia (Family)

Substance Use Disorders Alcohol & Drug Abuse Hurts Everyone In The Family

Substance Use Disorders Anatomy of Drugs (Large)

Substance Use Disorders Common Illegal & Abused Drugs

Substance Use Disorders Commonly Abused Drugs

Substance Use Disorders El Abuso Del Alcohol Y Las Drogas Lastima A Todos En La Familia: Pero No Tiene Que Ser Asi Substance Use Disorders Help Your Doctor Read Between The Lines: Tell Your Doctor About ALL The Drugs You Use

Substance Use Prevention Bee Drug-Free

Substance Use Prevention Count On Me To Be Drug-Free

Substance Use Prevention Parents: The Anti-Drug. You Matter / Padres: La Anti-Droga. Usted Importa

Substance Use Prevention Pottery: My Anti-Drug. You Won't Find Preston Getting Stoned. He's Teaching Pottery Substance Use Prevention Soy Unica, Soy Latina: I Am Unique, I Am Latina, I Can Reach My Goals (Hot Air Balloon)

Substance Use Prevention The Top 10 Reasons To Say No To Drugs

Suicide 1 Word 1Voice 1 Life: Be The One To Start The Conversation / 1 Palabra 1 Voz 1 Vida: Se El Primero En Inciar La Conversacion

Suicide Ha Perdido Todas Las Esperanzas? Con La Ayuda Viene La Esperanza

Suicide He Sent 6 Months Of Suicide Notes
Suicide Prevent Suicide: Speak Up & Reach Out
Suicide Suicide Shouldn't Be A Part Of Aging
Synthetic Drugs Synthetic Marijuana: Cause & Effect

Tobacco/2ndHand Smoke Humo De Segunda Mano Es Peligroso Para Los Ninos

Tobacco/2ndHand Smoke Humo De Segunda Mano Es Toxico

Tobacco/2ndHand Smoke If You Want A Singing Career: Stay Away From Secondhand Smoke

Tobacco/2ndHand Smoke Protejase Del Humo De Segunda Mano

Tobacco/2ndHand Smoke Secondhand Smoke Is Toxic

Tobacco/Cessation Countdown To Quitting: 4 Week Stop Smoking Calendar

Tobacco/Cessation Dentro De Los Primeros 20 Minutos De Haber Dejado De Fumar

Tobacco/Cessation I Didn't Survive Drugs & Alcohol So I Could Die From Cancer: I Had To Stop Smoking

Tobacco/Cessation Los Beneficios De Dejar De Fumar

Tobacco/E-Cigarettes Be Tobacco Free ( Tony Hawk-Skateboarder)

Tobacco/E-Cigarettes How Does Tobacco Affect Your Body?

Tobacco/E-Cigarettes Possessing Tobacco Under The Age Of 18 Is Against The Law: Think Smart - Don't Start

Tobacco/E-Cigarettes Protect Yourself From Secondhand Smoke
Tobacco/E-Cigarettes Secondhand Smoke Is Dangerous To Children

Tobacco/E-Cigarettes Si Quieres Tener Una Carrera Como Cantante: Alejate Del Humo De Segunda Mano

Tobacco/E-Cigarettes Smoking Accelerates Skin Aging Which Could Lead To Premature Wrinkles

Tobacco/E-Cigarettes Smoking As A Teen Can Stunt Lung Growth

Tobacco/E-Cigarettes Smoking Causes Gum Disease Which Could Cost You Your Teeth

Tobacco/E-Cigarettes Strike Back Against Tobacco (Jackie Chan)

Tobacco/E-Cigarettes Sucked In: Here's What Is Hiding In Cigarettes

Tobacco/E-Cigarettes The Benefits of Quitting

Tobacco/E-Cigarettes Tobacco Industry's Poster Child

Tobacco/E-Cigarettes Tobacco: Cause & Effect
Tobacco/E-Cigarettes Vaping: Don't Get Taken In

Tobacco/Smokeless Wanna Smoke? Wanna Dip? Wanna Snus? Really?
Treatment Follow Directions: How To Use Methadone Safely

Treatment Integrated Dual Disorder Treatment

Treatment Medication-Assisted Treatment (MAT) Works Great For Me: Medication-Assisted Tx Is Recovery

Treatment Siga Direcciones: Como Utilizar La Metadona De Una Manera Segura

Violence Busque Mas Alla De Lo Superficial: La Trata De Personas (Child Exploitation)

Violence The Top 10 Reasons Not To Bully

Workplace Issue A Safe, Healthy & Drug-free Workplace Is Everyone's Business

Workplace Issue Trabajando Sin Drogas: Siempre Trabaja! - 12 Faces
Workplace Issue Trabajando Sin Drogas: Siempre Trabaja! - 4 Faces