Meet Starfish Stella!

An Alcohol, Tobacco, and Drug Prevention Coloring Book
Starfish Stella is a star in their community. They practice helpful habits to keep them happy, healthy, and away from alcohol, tobacco, and other drugs.
Stella and their family eat dinner together. They talk about their day and share lots of laughs.
Stella lends a hand to their family, friends, and neighbors to show they care.
Stella works hard in school and asks for help when they need it.
Stella spends time on creative activities to keep their mind and body healthy.
Stella volunteers at a soup kitchen in their community to help reduce hunger.
Stella performs acts of kindness to let others know they are important.
Stella learns about and makes friends with people from other cultures.
Stella achieves their dreams with support from teachers, parents, caregivers, and a community that encourages learning.
Stella reads for fun to boost their brain power and learn about different worlds, people, and places.
Stella plays sports and other games to feel good and help them focus.
Stella keeps their community clean, so their family and friends have safe and healthy places to live.