

SOUTHINGTON COMMUNITY HEALTH OUTREACH PROJECT

WORKING TOGETHER FOR A HEALTHIER SOUTHINGTON

The Southington Community Health Outreach Project helps Southington residents access information and resources related to behavioral health—including mental health, substance use, and overall well-being—by providing comprehensive support.

Our three-tiered approach includes:

- Community outreach and health education
- System navigation assistance for behavioral and mental health services
- Reducing barriers to care for Southington residents through referrals

EDUCATION

Empowering Southington residents with the knowledge and resources they need to support their behavioral health.

NAVIGATION

Guiding Southington residents to behavioral health services that fit their needs — because access to care should never be a barrier.

CONNECTION

Connecting Southington residents to behavioral health services and community resources through personalized referrals — because your well-being matters.

CONTACT US

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