A SPECIAL CT SUICIDE ADVISORY BOARD MEETING
RECOGNIZING SUICIDE PREVENTION AWARENESS MONTH

## WELLNESS AT WORK

**SEPTEMBER 14, 2023** 

9:00-11:00AM

**Join Zoom Meeting** 

HERE



9:00-10:00AM

**Engaging Massachusetts' Working-Age Men in Suicide Prevention** 

Michael Bonadio Jr, Massmen Project Program Coordinator, Riverside Trauma Center Mariel Batista, CDC Grant Program Manager, MA DPH
Oscar Torres, CDC Grant Communications Specialist, MA DPH
The MassMen Project presents on how they promote

wellness and empower working-age men across MA to take action to feel better emotionally, physically, and spiritually.

10:00-11:00AM

**Doing the Work: A Conversation Around Workplace Mental Health** 

Moderated by Mental Illness Happy Hour podcast host Paul Gilmartin

A panel of local wellness champions discusses the journey towards promoting mental health conversations, wellness, and recovery in the workplace.

## PLEASE RSVP AND SUBMIT YOUR QUESTIONS FOR PANELISTS HERE.

Contact Victoria at <a href="mailto:voneill@ryasap.org">voneill@ryasap.org</a> with any questions.

Organized by the Regional Suicide Advisory Board Coordinators







