

The Courage to Speak Foundation Presents: Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



A Double Dose of Prevention™

Part 1: Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



Part 2: Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance abuse and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



Drug Prevention Program Covering:

- Effective Communication Strategies with Children Around Drugs
- Teaching Drug Refusal Skills
- Understanding Emotional Pain and Teaching Children How to Cope
- Knowing Signs of Drug Use
- The Influence of Marijuana and Opioid Use
- Parent Resources and Much More!

YWCA Greenwich
259 E Putnam Ave, Greenwich, CT 06830
January 30, 2019 at 6:30pm
(Light refreshments will be provided)

For more information, or to register for this program contact: rmoore@greenwichunitedway.org

The Courage to Speak Foundation, Inc. was founded by Ginger Katz in an effort to foster open communication about the prevention of alcohol and other drug abuse among young people. Ginger has been inspired to speak out by the untimely death of her son Ian from a drug overdose. Since 1996, she has given over 1,000 presentations nationally to hundreds of thousands of parents and their children.

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UNITED WAY



This event is funded in whole from the United States Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) through the CT Department of Mental Health and Addiction Services. (DMHAS).

DHMAS Opioid Support Access Line: 1-800-563-4086

www.couragetospeak.org