

# The Courage to Speak Foundation Presents: Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



## A Double Dose of Prevention™

**Part 1:** Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*



**Part 2:** Facilitated by Larry Katz Co-Founder of the Courage to Speak Foundation. Mr. Katz has a BA in Psychology and an MS in Nutrition. Larry has presented with his wife Ginger to hundreds of thousands of people across the country.



### Drug Prevention Program Covering:

- Effective Communication Strategies with Children Around Drugs
- Teaching Drug Refusal Skills
- Understanding Emotional Pain and Teaching Children How to Cope
- Knowing Signs of Drug Use
- The Influence of Marijuana and Opioid Use
- Parent Resources and Much More!

**Ponus Ridge Middle School**  
**21 Hunters Ln, Norwalk, CT 06850**  
**February 6, 2019 at 6:00pm**  
(Light refreshments will be provided)

**For more information, or to register for this program contact: [gkatz@couragetospeak.org](mailto:gkatz@couragetospeak.org)  
or call 203-831-9700**

The Courage to Speak Foundation, Inc. was founded by Ginger Katz in an effort to foster open communication about the prevention of alcohol and other drug abuse among young people. Ginger has been inspired to speak out by the untimely death of her son Ian from a drug overdose. Since 1996, she has given over 1,000 presentations nationally to hundreds of thousands of parents and their children.



**Courage to Speak Foundation**  
Saving Lives by Empowering Youth to be Drug Free



This event is funded in whole from the United States Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) through the CT Department of Mental Health and Addiction Services. (DMHAS).

**DHMAS Opioid Support Access Line: 1-800-563-4086**

[www.couragetospeak.org](http://www.couragetospeak.org)