



STATE OF CONNECTICUT
DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
A Healthcare Service Agency

NED LAMONT
GOVERNOR

MIRIAM E. DELPHIN-RITTMON, Ph.D.
COMMISSIONER

Dear Connecticut National Prevention Week 2021 Planning Committee,

I am writing to express the Connecticut Department of Mental Health and Addiction Services' (DMHAS) full support of Connecticut's celebration of National Prevention Week (NPW) 2021, taking place from May 9-15, 2021. These activities and initiatives establish a framework for expanded discussion throughout the year, and build and sustain awareness of the importance of substance use prevention and the promotion of positive mental health.

Our Prevention and Health Promotion Division is responsible for managing state and federal resources targeted at substance abuse prevention and mental health promotion services. The unit focuses on the planning, development, and implementation of evidence-based strategies, expanding prevention system capacity through training, technical assistance and consultation, promoting the involvement of community coalitions, and ensuring positive program outcomes.

DMHAS' prevention system is designed to promote the overall health and wellness of individuals and communities by preventing or delaying substance use. Prevention services are comprised of six key strategies including information dissemination, education, alternative activities, strengthening communities, promoting positive values, and problem identification and referral to services.

DMHAS is pleased to join Connecticut's state and local partners, and communities in moving forward to inspire action and prevent substance use and mental disorders.

Sincerely,

A handwritten signature in black ink that reads "Miriam Delphin-Rittmon".

Miriam Delphin-Rittmon, Ph.D.
Commissioner, Department of Mental Health and Addiction Services