



**CONNECTICUT
Clearinghouse**

a program of the Connecticut Center
for Prevention, Wellness and Recovery

Resources on Social Media

This document identifies books, ebooks, curricula and DVDs, as well as pamphlets and fact sheets available at Connecticut Clearinghouse about social media.

These resources may be helpful for counseling professionals, educators, parents, social workers, and students.

Visit Connecticut Clearinghouse at:
334 Farmington Avenue (Route 10)
Plainville, CT 06062

For those who are unable to visit, materials can be mailed.

Resources may be found using the Library Catalog: <https://conn.ent.sirsi.net/>

A complete list of pamphlets, as well as an online order form, may be found here:
www.ctclearinghouse.org/pamphlet-poster-directory/

For access to eBooks & streaming media, contact Connecticut Clearinghouse:
info@ctclearinghouse.org

Membership is free! Join today:
www.ctclearinghouse.org/membership-form/

Contact Connecticut Clearinghouse with any questions on how to access the resources listed:

Call 860.793.9791 or 800.232.4424
Visit us online at www.ctclearinghouse.org

Books, eBooks & Curricula

The 3 Ms of Fearless Digital Parenting: Proven Tools to Help You Raise Smart and Savvy Online Kids / Carrie Rogers-Whitehead

The Craving Mind: From Cigarettes to Smartphones to Love – Why We Get Hooked and How We Can Break Bad Habits / Judson Brewer

Cyberbullying: Bullying in the Digital Age / Robin M. Kowalski

Cyberbullying: Perpetrators, Bystanders & Victims / Josh Gunderson

Empowerment and Identity on Social Media: A 10-Week Facilitator Activity Guide / Vicki Pitstick

Rewired: Protecting Your Brain in the Digital Age / Carl D. Marci

Sex in the Digital Age: A Guide to Talking with Teens About Pornography and Sexting / Giovanna Taormina

The Social Media Workbook for Teens: Skills to Help You Balance Screen Time, Manage Stress, and Take Charge of Your Life / Goali Saedi Bocci

Stolen Focus: Why You Can't Pay Attention - and How to Think Deeply Again / Johann Hari

Technological Addictions / Petros Levounis

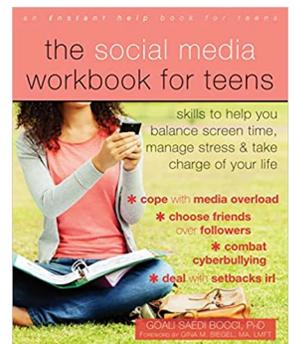
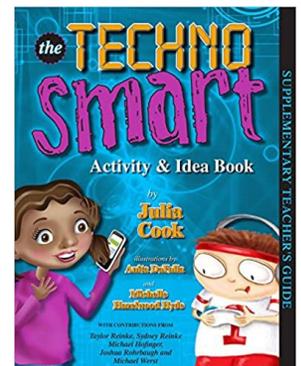
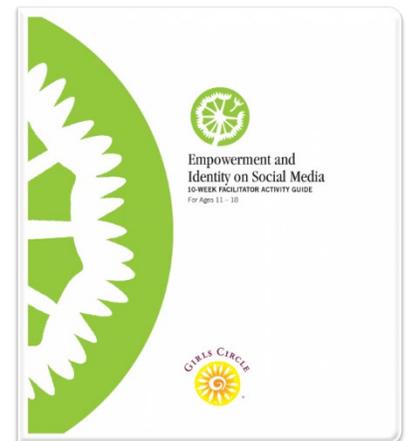
The Techno Smart Activity and Idea Book / Julia Cook

The Teen Interpreter: A Guide to the Challenges and Joys of Raising Adolescents / T. E. Apter

DVDs & Streaming

Constantly Connected: Managing Social Media Addiction

This program examines the world of Facebook, Instagram, and other social media sites to help kids understand why it's so easy to get addicted to all-day, all-night social media and online gaming. This



Heads Up: Stop Think Connect (pamphlet)

Internet Safety for Young People (pamphlet)

Intimidación Cibernetica: Proteja a Su Hijo(a) (pamphlet)

Net Cetera: Chatting with Kids About Being Online (pamphlet)

Net Cetera: Como Charlar Con Sus Hijos Sobre Su Comportimiento En Linea (pamphlet)

¡Presta Atención! Para Piensa Conéctate

Sexting: Srsly Risky!

Sexting: Think Before You Send

Social Media Safety: 10 Tips for Parents

Social Networking: 10 Things Teens Should Know

Tech Confidential: What to Know Before You Hit Send

Teens & Cyberbullying: It's a Big Deal

Teens & Cyber Safety: Online or Texting!

