Women & Children’s Specialty Programs

The programs listed in this brochure are Women’s Specialty Programs, designed to be gender-specific. Many enable a woman to bring at least one of her children with her while she lives at the program.

Priority Access and Interim Services

Pregnant and parenting women are granted priority access to treatment services, usually within 48 hours of their request.

When a placement within 48 hours is not possible, interim services are made available and include at a minimum:

- Referral to treatment provider offering PHP or IOP services
- Connection to a Women’s REACH Navigator
- Referral for prenatal care
- Counseling on the effects of alcohol and drug use on the fetus
- HIV and TB services
- The risk of needle-sharing, if applicable

To refer a pregnant or parenting woman for services contact:
Jennifer Singh, LMFT
ABH Women’s Services Manager
(860) 704-6367

For information about DMHAS funded services for women contact:

Shelly Nolan, MS, LPC
Director of Women’s Services
shelly.nolan@ct.gov or (860) 262-6605

Rebecca Petersen, LCSW
Behavioral Health Program Manager
Rebecca.petersen@ct.gov or (860) 262-5958

Treatment Services for Pregnant and Parenting Women with Substance Use Disorders in Connecticut

For information on Services:
HTTP://WWW.CT.GOV/DMHAS

For real-time bed availability:
WWW.CTADDICTIONSERVICES.COM
What do I do when a pregnant woman requests treatment?

Pregnant woman and women with dependent children who seek or are referred to state-funded substance abuse programs are given priority admission to treatment facilities. In the event that a bed is not available, interim services will be arranged.

The Women’s Behavioral Health Services Program managed by Advanced Behavioral Health, Inc., facilitates access to services for these women.

Women’s REACH Programs:

The Women’s REACH (Recovery, Engagement, Access, Coaching & Healing) Program is staffed by Women’s Recovery Navigators who bring their lived experience to help support other women by integrating case management and recovery coaching approaches. There is no wrong door for referrals to the program, all services are voluntary.

CASA, Inc.
203-339-4777 (Serving Region 1)

The Connection
475-234-1717 (Serving Region 2)

Advanced Behavioral Health
860-704-6367 (Serving Region 3)

The Village for Children & Families
860-236-4511 (Serving Region 4)

The McCall Center
860-496-2100 (Serving Region 5)