




YOU ONLY GET ONE LIFE...
KRISTIN SANDLER
MEGAN ALBANESE

Southington's Town-wide Effort to Promote Success
STEPS
www.southingtonsteps.org

SOUTHINGTON
TO PROTECT & SERVE
CONNECTICUT
POLICE

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Today we will:



- Share a little bit about our Coalition
- Go through a universal vape education presentation
- Talk about how to bring that back to your schools and community
- Share our materials with you
- Answer any questions you have

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ASSET BUILDING COMMUNITY

- Asset Building Congregations
- Asset Building Clown
- Asset Building Camps
- Asset Building Canine
- Asset Building Champions
- Asset Building Cops (Officers)

Module 5 Module 6 Module 7

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COMMUNITIES
CREATING
CHANGE

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DEPUTY CHIEF BILL PALMIERI

**STEPS Board President
2022-2024**

Module 5 Module 6 Module 7

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ASSET BUILDING OFFICERS



School	Officer
Flanders	Detective Lopa
Strong	Officer Medena
Derynoski	Officer Verab
Kelley	Officer Grigerek
Oshana	Officer Morley
Thalberg	Officer Schlitten
South End	Officer Fisher
Hatton	Officer Olsson
SHS/KSA	Officer Valentine

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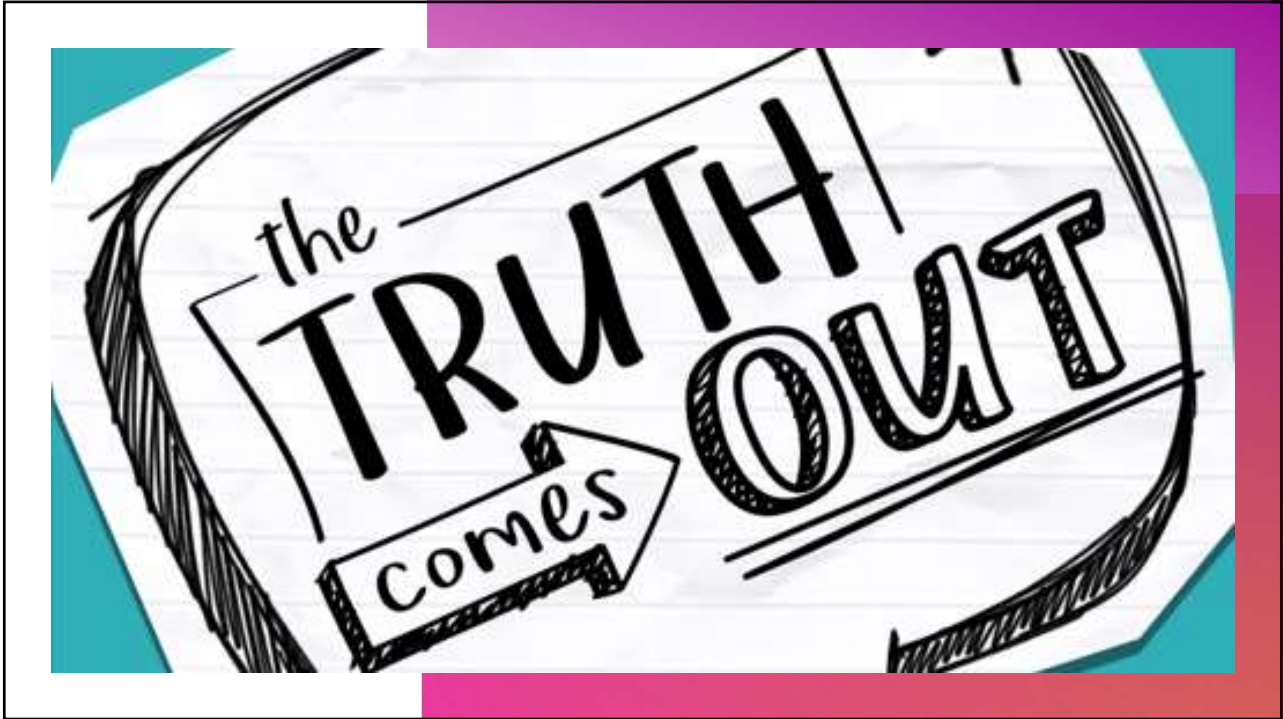
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Cereal Treats Loopz




E-liquid




Food product


Dripflavors Sour Apple Kiwi Gummy Salt




E-liquid




Food product




E-liquid




Food product




E-liquid




Food product




E-liquid



Food product



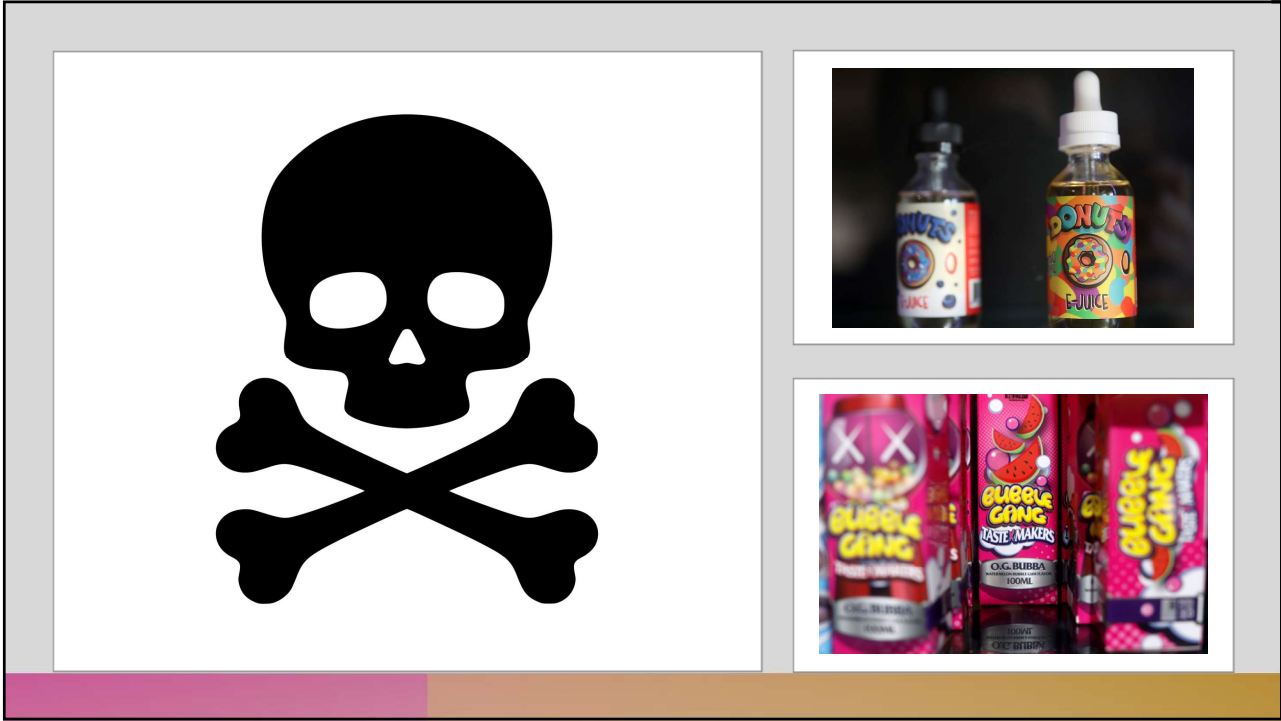
E-liquid



Food product

ADVERTISING TO YOUTH

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WHAT'S IN E-CIG AEROSOL?

<ul style="list-style-type: none"> • Propylene glycol • Glycerin • Flavorings (many) • Nicotine • NNN • NNK • NAB • NAT • Ethylbenzene • Benzene • Xylene • Toluene • Acetaldehyde • Formaldehyde • Naphthalene • Styrene • Benzo(b)fluoranthene 	<ul style="list-style-type: none"> • Chlorobenzene • Crotonaldehyde • Propionaldehyde • Benzaldehyde • Valeric acid • Hexanal • Fluorine • Anthracene • Pyrene • Acenaphthylene • Acenaphthene • Fluoranthene • Benz(a)anthracene • Chrysene • Retene • Benzo(a)pyrene • Indeno(1,2,3-cd)pyrene 	<ul style="list-style-type: none"> • Benzo(ghi)perylene • Acetone • Acrolein • Silver • Nickel • Tin • Sodium • Strontium • Barium • Aluminum • Chromium • Boron • Copper • Selenium • Arsenic • Nitrosamines, • Polycyclic aromatic hydrocarbons 	<ul style="list-style-type: none"> • Cadmium • Silicon • Lithium • Lead • Magnesium • Manganese • Potassium • Titanium • Zinc • Zirconium • Calcium • Iron • Sulfur • Vanadium • Cobalt • Rubidium
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COMPOSITION

<ul style="list-style-type: none"> • Propylene glycol • Glycerin • Flavorings (many) • Nicotine • NNN • NNK • NAB • NAT • Ethylbenzene • Benzene • Xylene • Toluene • Acetaldehyde • Formaldehyde • Naphthalene • Styrene • Benzo(b)fluoranthene 	<ul style="list-style-type: none"> • Chlorobenzene • Crotonaldehyde • Propionaldehyde • Benzaldehyde • Valeric acid • Hexanal 	<ul style="list-style-type: none"> • Benzo(ghi)perylene • Acetone • Acrolein • Silver • Nickel • Tin 	<ul style="list-style-type: none"> • Cadmium • Silicon • Lithium • Lead • Magnesium • Manganese • Potassium • Titanium • Zinc • Zirconium • Calcium • Iron • Sulfur • Vanadium • Cobalt • Rubidium
<p>All of these have been found in e-cig aerosol</p>			
<ul style="list-style-type: none"> • Acenaphthylene • Acenaphthene • Fluoranthene • Benz(a)anthracene • Chrysene • Retene • Benzo(a)pyrene • Indeno(1,2,3-cd)pyrene 	<ul style="list-style-type: none"> • Aluminum • Chromium • Boron • Copper • Selenium • Arsenic • Nitrosamines, • Polycyclic aromatic hydrocarbons 		

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VAPE INGREDIENTS

A Public Service Announcement from STEPS Youth Council



- <https://youtu.be/MzPQ8lJ-4eE>

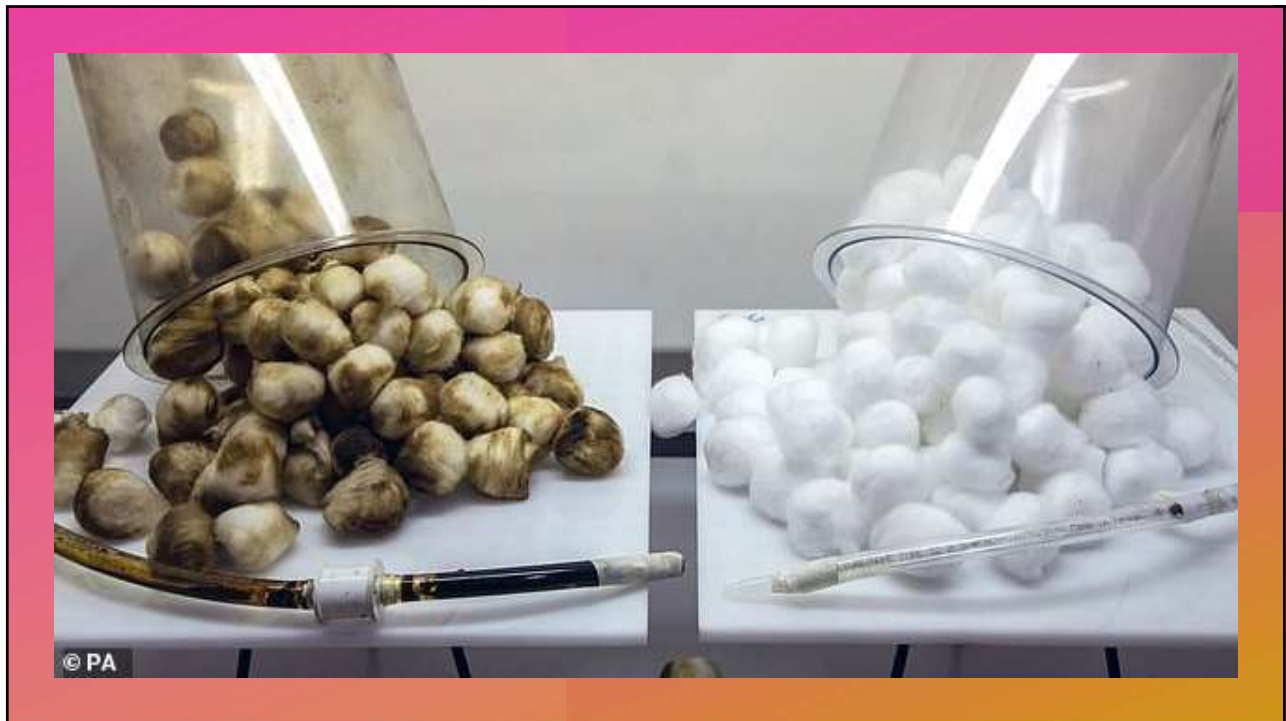
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EVALI & OTHER ILLNESSES



E-CIGARETTE & VAPING ASSOCIATED LUNG ILLNESS



POPCORN LUNG

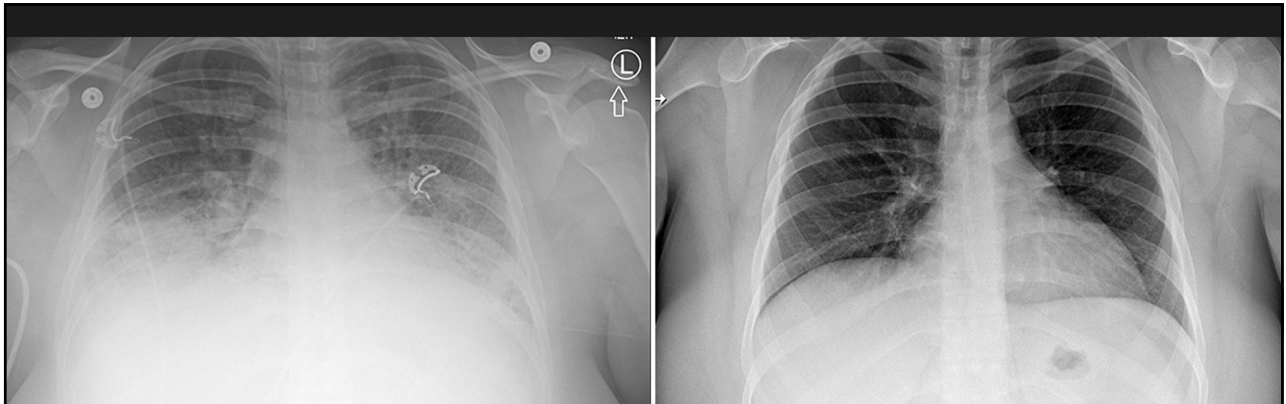


HEART PROBLEMS



STOMACH PROBLEMS

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FIRST DOUBLE LUNG TRANSPLANT

<https://www.cbsnews.com/video/teen-receives-double-lung-transplant-for-vaping-related-injuries/>

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PREVENTION

Taking Action!

Goal:

- Educate students about harms of vaping
- Start early + often
- Leverage partnership to establish longevity

CYSA 2023 | Presented by STEPS | southingtonsteps.org

VAPE PREVENTION brainstorming template

WHAT do you want to achieve / what is your goal?

WHY? Qualitative + quantitative data related to vaping in your community

HOW + WHEN? Action steps and timeline to meet your goal

WHO? Target audience; who needs to know or give permission?

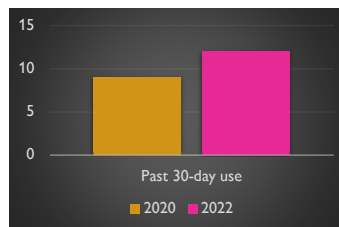
WHAT ELSE? Possible obstacles, resources needed, etc.

SCAN HERE FOR A FOLDER FULL OF RESOURCES, INCLUDING THE STEPS VAPE PREVENTION PRESENTATION!

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Why?

- 33% increase in students who report vaping in the last 30 days
- Of youth who reported vaping in the last 30 days, 50.5% report vaping nicotine every day and 29% report vaping THC every day.
- Uptick in students caught with vapes at school



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How and when

- 2020-2021: DARE was not being done; still wanted to provide education
- Leveraged partnerships
 - Southington PD
 - Schools
- Now included in new C3 curriculum

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VAPE PREVENTION

brainstorming template

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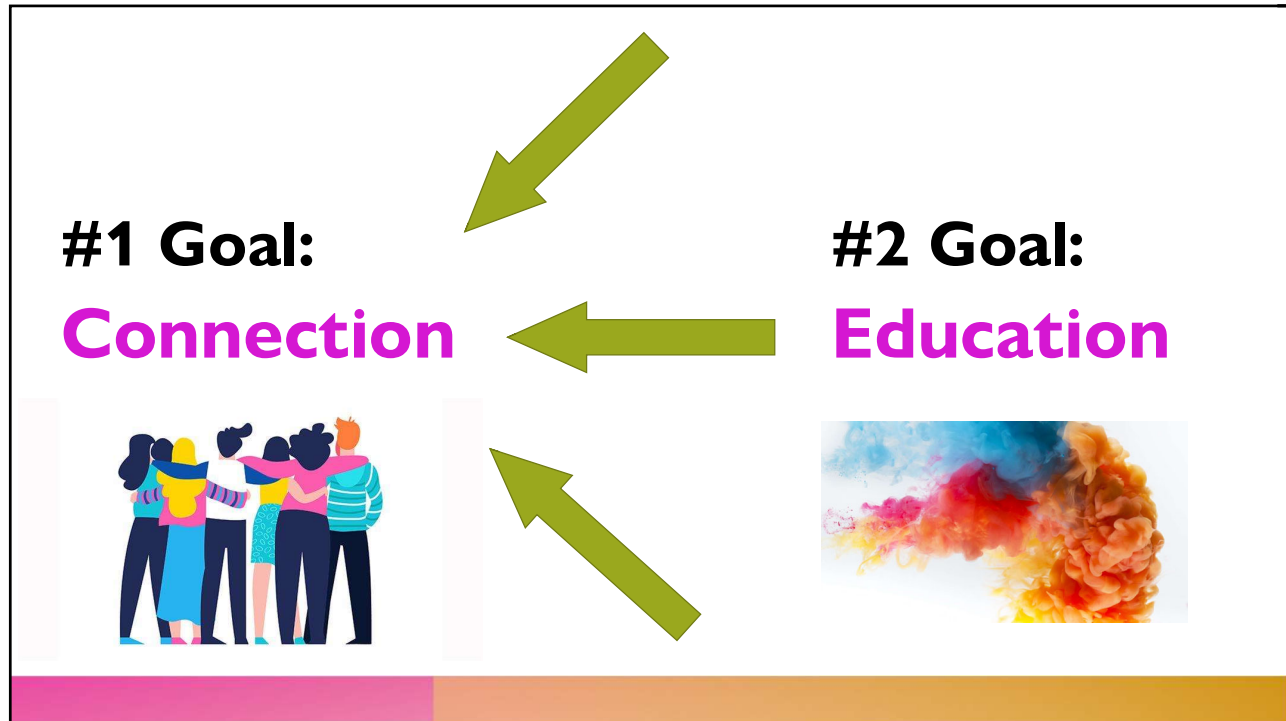
EDUCATION FOR POLICY VIOLATIONS



Any student caught in violation of substance policy must attend a 4-part educational group with STEPS staff, in lieu of suspension (began with just vape):

- Begins with Introduction to student and SBIRT
- 3 after school sessions for 40 minutes
- Students are only allowed to attend once; second offense is ISS
- Requirement in all stipulated expulsion agreements

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EDUCATION FOR POLICY VIOLATIONS

- **Asset Based**
- **Covers vape basic presentation**
- **More in depth about addiction**
- **Mindfulness**
- **Way for students to connect to trusted adult**

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Outline for Group & Other materials



- Can be found on this Google Drive
- Sign up for our Newsletter
- Check out our new interactive quizzes



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CONTACT INFORMATION

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