



# SUICIDE PREVENTION RESOURCES

**National Suicide  
Prevention Lifeline**  
988lifeline.org  
988



24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States, for veteran specific services Dial 988 then Press 1

**crisistextline.org**  
Text CT to 741741



Crisis Text Line provides free, confidential 24/7 mental health support via text messaging.

**preventsuicidect.org**



Connecticut Suicide Advisory Board (CTSAB) website including free materials, resources, articles and links to other credible websites and information

**nssf.org/safety**



National Shooting Sports Foundation -Suicide Prevention Program for Retailers and Ranges including videos and a toolkit

**211ct.org**



Free, confidential information and referral service that connects people to essential health and human services 24/7

**afsp.org**



American Foundation for Suicide Prevention

**ctclearinghouse.org**



A statewide library and resource center for information on suicide, mental health disorders, substance misuse, prevention and health promotion, wellness and other related topics

**keepitsecure.net**



US Department of Veteran Affairs videos and information on suicide prevention and safe storage