Immediate Help/Crisis

FOR ADDICTION TREATMENT 24/7 call the Access Line 1-800-563-4086 (this includes detox and treatment for prescription opioids or heroin addiction)

SUICIDE HELPLINE Call 2-1-1
NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-TALK (8255) 1-888-628-9454 (Ayuda en Español) TTY: 1-800-799-4TTY (4888) www.suicidepreventionlifeline.org

EMPS-MOBILE CRISIS INTERVENTION SERVICES Call 2-1-1 Intervention service for children and youth in crisis. www.empsct.org

POISON CONTROL 1-800-222-1222 www.aapcc.org

Connecticut Resources

2-1-1 Call 2-1-1 www.211.org

ACCESS HEALTH CT Health Insurance Marketplace 1-855-805-4325 TTY 1-855-789-2428 www.accesshealthct.com

ACCESS MENTAL HEALTH CT www.accessmhtct.com


BEACON HEALTH OPTIONS (CTBHP) 1-877-552-8247 TTY 1-866-216-0525 www.ctbhp.com

CONNECTICUT CLEARINGHOUSE A library and resource center on alcohol, tobacco, other drugs, mental health and wellness 1-800-232-4424 www.ctclearinghouse.org

CT ALLIANCE TO END SEXUAL VIOLENCE 1-888-999-5545 www.endsexualviolencect.org

CT COALITION AGAINST DOMESTIC VIOLENCE 860-282-7899 1-888-774-2900 (Crisis Line) www.ctcadv.org

For referrals to resources in your community Call 2-1-1

CT COUNCIL ON PROBLEM GAMBLING 1-888-789-7777 (Helpline) www.ccpg.org

CT NETWORK OF CARE www.connecticut.networkofcare.org

CT PLANNED PARENTHOOD 1-800-230-PLAN www.plannedparenthood.org

CT QUITLINE (Tobacco) 1-800-QUIT-NOW www.quitnow.net/connecticut

CT SUICIDE PREVENTION Call 2-1-1 www.preventsuicidect.org

DRUGFREECT.ORG For prevention, treatment and recovery resources

FATHERHOOD INITIATIVE OF CONNECTICUT 1-866-6-CTDADS www.ct.gov/fatherhood

GOVERNOR’S PREVENTION PARTNERSHIP 860-523-8042 www.preventionworksct.org

MATCH COALITION, INC. 860-525-9738 www.matchcoalitionct.org

Support Groups

AL-ANON/ALATEEN CT Information 1-888-825-2666 National Information 1-800-344-2666 www.ctalanon.org

ALCOHOLICS ANONYMOUS (AA) CT Information 1-866-783-7712 National Information 1-800-344-2666 www.ct-aa.org

COCAINE ANONYMOUS 1-800-347-8998 www.ca.org

CO-DEPENDENTS ANONYMOUS (CoDA) 1-888-444-2359 www.codaa.org

FAMILIES ANONYMOUS 1-800-736-9805 www.familiesanonymous.org

GAM-ANON FAMILY GROUPS CT Hotline 1-800-266-1908 National Information 718-352-1671 www.gam-anon.org

GAMBLERS ANONYMOUS (GA) CT Hotline 1-855-222-5542 National Information 213-386-8789 www.gamblersanonymous.org

MARIJUANA ANONYMOUS 1-800-766-6779 www.marijuana-anonymous.org

NAR-ANON CT Information 1-800-477-6291 www.naranon.org

NARCOTICS ANONYMOUS (NA) CT Information 1-800-627-3543 National Information 1-800-447-6291 www.ctna.org

NICOTINE ANONYMOUS 1-877-879-6422 www.nicotine-anonymous.org

OVEREATERS ANONYMOUS (OA) 505-891-2664 www.oa.org/

National Resources

AIDS NATIONAL HOTLINE 1-800-342-AIDS www.cdc.gov/hiv

CENTERS FOR DISEASE CONTROL AND PREVENTION 1-800-232-4636 www.cdc.gov

MENTAL HEALTH AMERICA 1-800-969-6642 www.nmha.org

MOTHERS AGAINST DRUNK DRIVING (MADD) CT Information 203-764-2666 National Information 1-877-275-6233 www.madd.org

NATIONAL ASSOCIATION FOR CHILDREN OF ALCOHOLICS 1-888-55-4-COAS www.nacca.org

For more information please visit www.matchcoalitionct.org

National Information

CT INFORMATION www.ctalano.org

CT AIDS INFORMATION www.ctctinfo.org

PTM/CTVCT INFORMATION www.ptmct.org

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CT INFORMATION www.ctalano.org

CT AIDS INFORMATION www.ctctinfo.org

PTM/CTVCT INFORMATION www.ptmct.org

For referrals to resources in your community Call 2-1-1
National Resources

NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME
202-785-4585 www.nofas.org

OFFICE ON WOMEN’S HEALTH
www.womenshealth.gov/office-womens-health

OFFICE OF ADOLESCENT HEALTH
240-453-2646 www.hhs.gov/ash/oah

OFFICE OF JUVENILE JUSTICE AND DELINQUENCY PREVENTION
202-307-6911 www.ojjdp.gov/

POISON CONTROL
1-800-222-1222 www.aapcc.org

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)
1-877-726-4727 www.samhsa.gov

State Agencies

CT DEPARTMENT OF CHILDREN & FAMILIES (DCF)
1-800-842-2288 Careline www.ct.gov/dcf

CT DEPARTMENT OF MENTAL HEALTH & ADDICTION SERVICES (DMHAS)
860-418-7000 www.ct.gov/dmhas

CT DEPARTMENT OF PUBLIC HEALTH (DPH)
860-509-8000 www.ct.gov/dph

CT DEPARTMENT OF SOCIAL SERVICES (DSS)
1-800-842-1508 www.ct.gov/dss

DMHAS Regional Behavioral Action Organizations (RBHAO)

Region 1

Regional Youth Adult Social Action Partnership (RYASAP)
2470 Fairfield Avenue
Bridgeport CT 06605
203-579-2727 www.ryasap.org
Towns:
Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

Region 2

Alliance for Prevention & Wellness, A Program of BHcare
435 East Main Street
Ansonia, CT 06401
203-736-8566; Direct line 203-892-6418 www.apw-ct.org
Towns:

Region 3

Southeastern Regional Action Council (SERAC)
228 West Town St.
Norwich, CT 06360
860-848-2800 www.sectrac.org
Towns:

Region 4

North Central Regional Mental Health Board, Inc.
151 New Park Avenue Ste. 14A
Hartford CT 06106
860-667-6388 www.ncrmhb.org
Towns:

Region 5

Housatonic Valley Coalition Against Substance Abuse (HVCASA)
69 Stony Hill Road
Bethel, CT 06801
203-743-7741 www.hvcasa.org
Towns: