What to know BEFORE YOU THROW

Here’s how to dispose of prescription drugs properly.

- Don’t flush medications down the toilet or sink. Water quality and wildlife are affected.
- Delete information on the container. Remove the label or use a permanent marker to cross out personal information.
- Make excess drugs less dangerous. Mix drugs (liquid or pills) with hot water to dissolve them. Then mix with salt, ashes, saw dust, used coffee grounds or kitty litter.
- Contain and seal. After mixing, place inside an opaque plastic container and tape it shut.
- Throw out the container in your trash can. Do not put the container in your recycling bin.
- Or find a prescription drug drop box at a police department and drop off excess supply.

For resources, go to drugfreect.org