Emergency Services

FOR ADDICTION TREATMENT 24/7
call the Access Line
1-800-563-4086
(this includes detox and treatment for prescription opioids or heroin addiction)

FIRE/POLICE/AMBULANCE Call 9-1-1

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
1-888-626-6463 (TTY: 1-877-719-2686)

SUICIDE HELPLINE Call 2-1-1

CRISIS TEXTLINE Text 741-741

MOBILE CRISIS INTERVENTION SERVICES Call 2-1-1
Intervention service for children and youth in crisis.

www.mobilecrisisempsct.org/

CRISIS SERVICES
For adults 18 and older
www.ct.gov/dmhas/cwp/view.asp?q=55284

POISON CONTROL
1-800-222-1222

SEXUAL ASSAULT CRISIS SERVICES
English 888-999-5545
Spanish 888-568-8332

WHEELER HELPLINE 24/7
860-747-3434

Connecticut Resources
2-1-1 Call 2-1-1 www.211.org

ACCESS HEALTH CT
Health Insurance Marketplace
1-855-805-4325 TTY 1-855-789-2428
www.accesshealthct.com

ACCESS MENTAL HEALTH CT www.accessmhealthct.com

ADVOCACY UNLIMITED, INC. 1-800-573-6929
www.mindlink.org

BEACON HEALTH OPTIONS (CTBHP)
1-877-552-8247 TTY 1-866-218-0525
www.ctbhp.com

CT ALLIANCE TO END SEXUAL VIOLENCE
1-888-999-5545 www.endsexualviolencect.org

Mental health and substance use disorders affect people from all walks of life and all age groups. These are common, recurrent and often serious, but they are treatable and many people do recover.

CONNECTICUT CLEARINGHOUSE
A library and resource center on alcohol, tobacco, other drugs, mental health and wellness
1-800-232-4424 www.ctclearinghouse.org

DRUGFREECT.ORG
For prevention, treatment and recovery resources

FATHERHOOD INITIATIVE OF CT
1-866-6-CTDADS www.ct.gov/fatherhood

GOVERNOR’S PREVENTION PARTNERSHIP
860-523-8042 www.preventworkscd.org

MATCH COALITION, INC.
860-525-9738 www.matchcoalitionct.org

MENTAL HEALTH CT
1-800-842-1501 www.mhconn.org

NATIONAL ALLIANCE ON MENTAL ILLNESS
NAMI CT 860-882-0236
Helpline 1-800-950-6264

OVEREATERS ANONYMOUS (OA)
505-891-2664 www.oa.org/

PREVENTION TRAINING AND TECHNICAL ASSISTANCE SERVICE CENTER
(866) 289-2580 www.preventiontrainingcenter.org

WHEELER CLINIC - NAVIGATION CENTER
1-888-793-3500 www.wheelerclinic.org

Support Groups

AL-ANON/ALATEEN
CT Information 1-888-825-2666 National Information 1-800-344-2666 www.alan.org

ALCOHOLICS ANONYMOUS (AA)
CT Information 1-866-783-7712 National Information 1-800-344-2666 www.aa.org

CO-DEPENDENTS ANONYMOUS (CoDA)
1-888-444-2359 www.codainfo.org

FAMILIES ANONYMOUS
1-800-736-9805 www.familiesanonymous.org

GAM-ANON FAMILY GROUPS
CT Hotline 1-855-222-5542 National Information 213-386-8789 www.gam-anon.org

GAMBLERS ANONYMOUS (GA)
CT Hotline 1-855-222-5542 National Information 213-386-8789 www.gamblersanonymous.org

MARIJUANA ANONYMOUS
1-800-766-6779 www.marijuana-anonymous.org

NAR-ANON
CT Information 1-800-477-6291 www.nar-anon.org

NATIONAL ALLIANCE ON MENTAL ILLNESS
800-215-3021 www.nami.org

NICOTINE ANONYMOUS
1-877-879-6422 www.nicotine-anonymous.org

PREVENTION TRAINING AND TECHNICAL ASSISTANCE SERVICE CENTER
(866) 289-2580 www.preventiontrainingcenter.org

PROTECTIVE SERVICES FOR THE ELDERLY
888-385-4225 www.ct.gov/DSS

TRUE COLORS (Sexual Minority Youth and Family Services)
860-232-0050 www.ourtruecolors.org

TURNING POINT
Website for youth and young adults www.turningpointct.org

WHEELER CLINIC - NAVIGATION CENTER
1-888-793-3500 www.wheelerclinic.org
### DMHAS Regional Behavioral Health Action Organizations (RBHAO)

#### Region 1
The Hub: Behavioral Health Action Organization for Southwestern CT, A Program of RYASAP
1 Park Street
Norwalk, CT 06851
203-840-1187  
www.thehubct.org

**Towns:**
Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

#### Region 2
Alliance for Prevention & Wellness (APW), A Program of BHcare
435 East Main Street
Ansonia, CT 06401
203-736-8566; Direct line 203-892-6418  
www.apw-ct.org

**Towns:**

#### Region 3
Southeastern Regional Action Council (SERAC)
228 West Town Street
Norwich, CT 06360
860-848-2800  
www.sectrac.org

**Towns:**

#### Region 4
Amplify, Inc.
151 New Park Avenue Ste. 14A
Hartford, CT 06106
860-667-6388  
www.ncrmhb.org

**Towns:**

#### Region 5
Western CT Coalition
7 Old Sherman Tpke Ste. 106
Danbury, CT 06810
203-743-7741  
www.wctcoalition.org

**Towns:**

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### National Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>AIDS NATIONAL HOTLINE</td>
<td>1-800-342-AIDS</td>
<td><a href="http://www.cdc.gov/hiv">www.cdc.gov/hiv</a></td>
</tr>
<tr>
<td>CENTERS FOR DISEASE CONTROL AND PREVENTION</td>
<td>1-800-232-4636</td>
<td><a href="http://www.cdc.gov">www.cdc.gov</a></td>
</tr>
<tr>
<td>CRISIS TEXTLINE</td>
<td>Text 741-741</td>
<td></td>
</tr>
<tr>
<td>MENTAL HEALTH AMERICA</td>
<td>1-800-969-6642</td>
<td><a href="http://www.nmha.org">www.nmha.org</a></td>
</tr>
<tr>
<td>NATIONAL ASSOCIATION OF CHILDREN OF ALCOHOLICS</td>
<td>1-888-55-4-COAS</td>
<td><a href="http://www.nacca.org">www.nacca.org</a></td>
</tr>
<tr>
<td>NATIONAL EATING DISORDERS ASSOCIATION</td>
<td>800-931-2237</td>
<td><a href="http://www.nationaleatingdisorders.org">www.nationaleatingdisorders.org</a></td>
</tr>
<tr>
<td>NATIONAL ORGANIZATION ON FETAL ALCOHOL SYNDROME</td>
<td>202-785-4885</td>
<td><a href="http://www.nofas.org">www.nofas.org</a></td>
</tr>
<tr>
<td>NATIONAL SUICIDE PREVENTION LIFELINE</td>
<td>1-800-273-TALK (8255)</td>
<td><a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a></td>
</tr>
<tr>
<td>TTY: 1-800-799-4TTY (4889)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PROGRAM OF RYASAP</td>
<td>1 Park Street</td>
<td><a href="http://www.thehubct.org">www.thehubct.org</a></td>
</tr>
<tr>
<td><strong>Region 2</strong></td>
<td>435 East Main Street</td>
<td></td>
</tr>
<tr>
<td><strong>Region 3</strong></td>
<td>228 West Town Street</td>
<td></td>
</tr>
<tr>
<td><strong>Region 4</strong></td>
<td>151 New Park Avenue Ste. 14A</td>
<td></td>
</tr>
<tr>
<td><strong>Region 5</strong></td>
<td>7 Old Sherman Tpke Ste. 106</td>
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### State Agencies

<table>
<thead>
<tr>
<th>Agency</th>
<th>Phone Number</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>CT DEPARTMENT OF CHILDREN &amp; FAMILIES (DCF)</td>
<td>1-800-842-2288 Careline</td>
<td><a href="http://www.ct.gov/df">www.ct.gov/df</a></td>
</tr>
<tr>
<td>CT DEPARTMENT OF MENTAL HEALTH &amp; ADDICTION SERVICES (DMHAS)</td>
<td>860-418-7000</td>
<td><a href="http://www.ct.gov/dmhas">www.ct.gov/dmhas</a></td>
</tr>
<tr>
<td>CT DEPARTMENT OF PUBLIC HEALTH (DPH)</td>
<td>860-509-8000</td>
<td><a href="http://www.ct.gov/dph">www.ct.gov/dph</a></td>
</tr>
<tr>
<td>CT DEPARTMENT OF SOCIAL SERVICES (DSS)</td>
<td>1-800-842-1508</td>
<td><a href="http://www.ct.gov/dss">www.ct.gov/dss</a></td>
</tr>
<tr>
<td>CT DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS)</td>
<td>860-418-6000</td>
<td><a href="http://www.ct.gov/dds">www.ct.gov/dds</a></td>
</tr>
</tbody>
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### Statewide Resource Links

<table>
<thead>
<tr>
<th>Link</th>
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<tr>
<td>PREVENTION TRAINING AND TECHNICAL ASSISTANCE SERVICE CENTER</td>
<td>(866) 289-2580</td>
<td><a href="http://www.preventiontrainingcenter.org">www.preventiontrainingcenter.org</a></td>
</tr>
<tr>
<td>GOVERNOR’S PREVENTION PARTNERSHIP</td>
<td>(860) 523-8042</td>
<td><a href="http://www.preventionworksct.org">www.preventionworksct.org</a></td>
</tr>
<tr>
<td>CONNECTICUT CLEARINGHOUSE</td>
<td>(860) 793-9791</td>
<td><a href="http://www.ctclearinghouse.org">www.ctclearinghouse.org</a></td>
</tr>
</tbody>
</table>