Resource Guide for Behavioral Health

**Emergency Services**

**FOR ADDICTION TREATMENT**
call the 24/7 Access Line 1-800-563-4086

**FIRE/POLICE/AMBULANCE** Call 9-1-1

**988 SUICIDE & CRISIS LIFELINE**
Call or text 988
TTY: Dial 711 then 988
https://988lifeline.org

**MOBILE CRISIS INTERVENTION SERVICES**
Call 2-1-1
Intervention service for children and youth.
www.mobilecisisempscct.org/

**CRISIS SERVICES**
For adults 18 and older
Action Line Call 1-800-467-3135
www.ct.gov/dmhas/CrisisServices

**POISON CONTROL**
1-800-222-1222 www.poison.org

**SEXUAL ASSAULT CRISIS SERVICES**
English 888-999-5545
Spanish 888-568-8332

**WALK-IN URGENT CRISIS CENTERS**
For children and adolescents.
Scan code for locations.
WHEELER HELPLINE 24/7
860-747-3434

**Connecticut Resources**

2-1-1 Connecticut Call 2-1-1
www.211ct.org

**ACCESS HEALTH CT**
Health Insurance Marketplace
1-855-805-4525 TTY 1-855-789-2428
www.accesshealthct.com

**ACCESS MENTAL HEALTH CT**
www.accessmhcot.com

**ADVOCACY UNLIMITED, INC.**
1-800-573-6929 www.advocacyunlimited.org

**CT BEHAVIORAL HEALTH PARTNERSHIP**
1-877-552-8247 TTY 1-866-218-0525
www.ctbh.com

**CT ALLIANCE TO END SEXUAL VIOLENCE**
1-888-999-5545
www.endsexualviolencect.org

**CT CENTER FOR HARM REDUCTION**
https://harmreduction-ct.org/

**CONNECTICUT CLEARINGHOUSE**
A library and resource center on alcohol, tobacco, other drugs, mental health and wellness
1-800-232-4424 www.ctclearinghouse.org

**CT COALITION AGAINST DOMESTIC VIOLENCE**
860-282-7899 www.ctcadv.org
Crisis Line: 1-888-774-2900

**CT COMMUNITY FOR ADDICTION RECOVERY**
1-800-708-9145 https://ccar.us

**CT COUNCIL ON PROBLEM GAMBLING**
1-888-789-7777 (Helpline) www.ccpp.org

**CT NETWORK OF CARE**
www.connecticutnetworkofcare.org

**CT QUITLINE (Tobacco)**
1-800-QUIT-NOW www.quitnow.net/connecticut

**CT SUICIDE ADVISORY BOARD**
www.preventsuicidect.org

**CT YOUTH SERVICES ASSOCIATION**
www.ctyouthservices.org/Find_A_YSB

**DRUG FREE CT**
For prevention, treatment and recovery resources www.drugfreect.org

**FATHERHOOD INITIATIVE OF CT**
1-866-6-CTDADS www.ct.gov/fatherhood

**GOVERNOR’S PREVENTION PARTNERSHIP**
860-523-8042 www.gppct.org

**LIVE LOUD**
1-800-563-4066 https://liveloud.org

**MATCH COALITION, INC.**
860-525-8738 www.matchcoalitionct.org

**MENTAL HEALTH CT**
1-800-842-1501 www.mhconn.org

**NAMI CT**
860-882-0236 www.namict.org
Helpline 1-800-950-6264

**OPIOID OVERDOSE PREVENTION/NALOXONE (NARCAN) INITIATIVE**
860-418-6993 https://portal.ct.gov/DMHAS/Programs-and-Services/Opioid-Treatment/Naloxone

**PROTECTIVE SERVICES FOR THE ELDERLY**
1-888-385-4225 www.ct.gov/DSS

**RECOVERY FRIENDLY WORKPLACE**
www.recoveryworksct.org

**TURNING POINT**
Website for youth and young adults
www.turningpointct.org

**WHEELER CLINIC - NAVIGATION CENTER**
1-888-793-3500 www.wheelerclicn.org

**Support Groups**

**AL-ANON/ALATEEN**
CT Information 1-888-825-2666
National Information 1-800-344-2666 www.ctalanon.org

**ALCOHOLICS ANONYMOUS (AA)**
CT Information 1-866-783-7712
National Information 1-800-344-2666 www.ct-aa.org

**CO-DEPENDENTS ANONYMOUS (CoDA)**
1-888-444-2359 www.codachoice.org

**FAMILIES ANONYMOUS**
1-800-736-9805 www.familiesanonymous.org

**GAM-ANON FAMILY GROUPS**
CT Hotline 1-855-222-5542
National Information 718-352-1671 www.gam-anon.org

**GAMBLERS ANONYMOUS (GA)**
CT Hotline 1-855-222-5542
National Information 909-931-9056 www.gamblersanonymous.org

**MARIJUANA ANONYMOUS**
1-800-766-6779 www.marijuana-anonymous.org

**NAR-ANON**
CT Information 1-800-477-6291 www.nar-anon.org

**NARCOTICS ANONYMOUS (NA)**
CT Information 1-800-627-3543
National Information 1-800-447-6291 www.ctna.org

**NATIONAL ALLIANCE ON MENTAL ILLNESS**
1-800-215-3021 www.nami.org

**NICOTINE ANONYMOUS**
1-877-879-6422 www.nicotine-anonymous.org

**OVEREATERS ANONYMOUS (OA)**
505-891-2664 www.oa.org/

**YOUTH RECOVERY CT**
www.youthrecoveryct.org
DMHAS Regional Behavioral Health Action Organizations (RBHAO)

Region 1
The Hub: Behavioral Health Action Organization for Southwestern CT, A Program of RYASAP
2470 Fairfield Avenue
Bridgeport, CT 06605
203-840-1187
www.thehubct.org

Towns:
Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

Region 2
Alliance for Prevention & Wellness (APW), A Program of BHcare
435 East Main Street
Ansonia, CT 06401
203-736-8566; Direct line 203-892-6418
www.apw-ct.org

Towns:

Region 3
Southeastern Regional Action Council (SERAC)
228 West Town Street
Norwich, CT 06360
860-848-2800
www.seracct.org

Towns:

Region 4
Amplify, Inc.
178 Oakwood Drive
Glastonbury, CT 06033
860-267-5439
www.amplifyct.org

Towns:

Region 5
Western CT Coalition
7 Old Sherman Tpke Ste. 106
Danbury, CT 06810
203-743-7741
www.wctcoalition.org

Towns:

National Resources

Centers for Disease Control and Prevention
HIV Health information hotline
1-888-232-4636
www.cdc.gov

CRISIS TEXTLINE
Text 741741

FASD United
https://fasdunited.org/

Mental Health America
1-800-969-6642
https://mhanational.org/

National Association for Children of Alcoholics
301-468-0985
https://nacoa.org

National Eating Disorders Association
1-800-931-2237
www.nationaleatingdisorders.org

988 Suicide & Crisis Lifeline
Call or Text 988
https://988lifeline.org/

Deaf or Hard of Hearing, Hearing Loss:
TTY: Dial 711 then 988 or videophone 988.

SAMHSA Find Help
www.samhsa.gov/find-help

Trevor Project Helpline
1-866-488-7386
www.thetrevorproject.org

State Agencies

CT Department of Children & Families
1-800-842-2288 Careline
www.ct.gov/dcf

CT Department of Mental Health & Addiction Services
860-418-7000
www.ct.gov/dmhas

CT Department of Public Health (DPH)
860-509-8000
www.ct.gov/dph

CT Department of Social Services (DSS)
1-800-842-1508
www.ct.gov/dss

CT Department of Developmental Services (DDS)
860-418-6000
www.ct.gov/dds

Statewide Resource Links

Connecticut Clearinghouse
(860) 793-9791
www.ctclearinghouse.org

Governor’s Prevention Partnership
(860) 523-8042
www.gppct.org

Prevention Training and Technical Assistance Service Center
(866) 289-2580
www.preventiontrainingcenter.org

Deaf or Hard of Hearing, Hearing Loss:
TTY: Dial 711 then 988 or videophone 988.