

Youth Mental Health First Aid is a *free* 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis.



YOUTH
MENTAL
HEALTH
FIRST AID



Building youth mental health literacy among:

- Parents and Families
- Teachers and School Administrators
- Youth-Serving Agency Staff
- Athletic Coaches and Mentors
- Healthcare Professionals
- Juvenile Justice and Other Professionals
- Members of Faith Communities
- Caring Community Members

Upcoming Youth Mental Health First Aid Course

April 5 & 6, 2016 9:00 AM - 2:30 PM
Southington Community YMCA
130 North Main Street, Southington, CT
(Attendance is required on both days.)

Register online at www.ctclearinghouse.org/registration
Please call Justine Micalizzi at 860.414.1235 for questions.

Sponsored by DMHAS, Main Street Community Foundation, Southington-Cheshire Community YMCA and Wheeler Clinic

