

An 8-hour free certification course designed to help individuals & communities:

- Better understand mental illness
- Respond to mental health emergencies



MENTAL
HEALTH
FIRST AID



Building mental health literacy among:

- Individuals, Parents, and Families
- School Personnel and Administrators
- Health Care and Other Professionals
- Law Enforcement Personnel
- Faith Community Members
- Mental Health Agencies
- University and College Staff
- Policy Makers and Legislators
- All Members of the Community!

Upcoming Mental Health First Aid Course

March 31 - April 1, 2016 9:00 AM - 2:30 PM
Southington YMCA
130 North Main Street, Southington, CT



Register online at www.ctclearinghouse.org/registration
Please call Justine Micalizzi at 860.414.1235 for questions.

*Sponsored by DMHAS, Main Street Community Foundation,
Southington-Cheshire Community YMCA and Wheeler Clinic*

