

# YWCA NEW BRITAIN SEXUAL ASSAULT CRISIS SERVICE SPECIAL WORKSHOP

## DAYBREAK: MEDITATIONS & REFLECTIONS



A special **FREE** meditation and reflection for  
women survivors of sexual assault

**Every Monday from September 12th through October 17th  
5:00 p.m. to 6:30 p.m.**

**YWCA, 75 Charter Oak Avenue, Building 1—3rd fl, Hartford CT**

Allow us to be part of your healing journey and celebrate your courage with you!  
Supplies are provided. Please RSVP to Nuriye at 860-225-4681 x214  
or Sheryan at x209.

**eliminating racism  
empowering women**  
**ywca**

**YWCA New Britain**  
19 Franklin Square  
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#OnAMission

**YWCA IS ON A MISSION**